

Clinical Activity of the Infusion and Vascular Access Team at the HOSPITAL COMARCAL DE INCA: 2025 Experience

García Garrido, Juan Manuel and Gómez Queipo, María Vanesa

INTRODUCTION

Vascular Access Teams (VAT) play a fundamental role in patient safety by optimizing device selection, the systematic use of ultrasound and for patient vessel health preservation. At our regional hospital is composed of two nurses specialized in infusion therapy and vascular access. The team works Monday to Friday from 8:00 a.m. to 3:00 p.m.

METHODS

A retrospective descriptive study was conducted using data from the VAT annual registry. All procedures performed in 2025 were analyzed, including device insertion of short peripheral catheters, long peripheral catheters, midlines and PICCs. Another recorded activity: blood sampling, consultancy, difficult intravenous access patient identification (DIVA), complication assessment and PICC-Port clinical care (PICC-Port related procedures). Services were categorized by type of procedure.



RESULTS

2905 procedures

Vascular Access Device insertions

535

short
peripheral
catheters

484

long
peripheral
catheters

210

midlines

19

extremely
difficult PICC
insertions



Blood collection: 998



Consulting and advisory services

145 referrals to resolve doubts for other professionals



PICC-PORT

160 referrals for PICC PORT: evaluation, care, insertion and removal



DIVA patients identified: 315

Proactive identification of patients with difficult venous access (DIVA) to reduce failed attempts



Safety and clinical efficiency

39 assessments of complications to minimize adverse events and optimize resources



24/7 Coverage strategy

295 PICCs were inserted by ICU nurses as a coverage strategy

CONCLUSIONS

The Vascular Access Team played a key role in vascular access management, delivering high-volume specialized interventions aligned with international standards. The significant number of procedures focused on preserving vessel health and ensuring appropriate device selection consolidates the VAT as a strategic pillar in patient care. Strengthening these teams is essential to enhance patient safety, reduce complications, and optimize resource utilization.



Vessel health preservation

Systematic use of ultrasound to optimize the insertion of vascular access devices.

BIBLIOGRAPHY

1. Marsh N, Larsen EN, Ullman AJ, Mihala G, Cooke M, Chopra V, et al. Peripheral intravenous catheter infection and failure: a systematic review and meta-analysis. *Int J Nurs Stud*. 2024;151:104673.
2. Thompson J, Steinheiser MM, Hotchkiss JB, et al. Standards of care for peripheral intravenous catheters: Evidence-based expert consensus. *J Assoc Vasc Access*. 2024;29(3):15–26. doi:10.2309/JAVA-D-24-00011.
3. Nickel B, Gorski L, Kleidon T, Kyes A, DeVries M, Keogh S, et al. *Infusion Therapy Standards of Practice*. 9th ed. Revised 2024. Norwood, MA: Infusion Nurses Society; 2024.
4. Moureau NL, Trick N, Alexandrou E, Carr P, Mifflin N, Hill S, DeVries M, Rowley S, Clare S, Ullman A, et al. *Vessel Health and Preservation: The Right Approach for Vascular Access*. 2nd ed. Cham: Springer Nature; 2024. doi:10.1007/978-3-031-48576-3.
5. Fernández Fernández I, Parra García G, Blanco Mavillard I, et al. Vascular access specialist teams versus standard practice for catheter insertion and prevention of failure: a systematic review. *BMJ Open*. 2024;14(7):e082631.



Data extracted from the
POWER BI database