

Understanding the relationship between experiences with healthcare discrimination and emergency healthcare delay among intersex adults

Jeremy C. Wang, Hemal Kanzaria, Katharine B. Dalke, Rahul Nachnani, Jason D. Flatt

BACKGROUND

- Qualitative show that some intersex people delay seeking healthcare when needed due to past experiences with healthcare discrimination. This relationship has not been explored quantitatively in the emergency healthcare setting
- Examine the association between experiences with healthcare discrimination and emergency healthcare delay among intersex adults.

METHODS

- Collected demographic information, experiences with being denied or given lower quality medical/mental healthcare, and ever having delayed emergency healthcare through survey
- Utilized multivariable logistic regressions controlling for demographic factors to examine association between healthcare discrimination and emergency healthcare delay

Intersex adults who reported ever being denied or given lower quality medical or mental healthcare had significantly greater odds of reporting delaying emergency healthcare

Table 2. Multivariable logistic regression of delaying emergency healthcare and experiences with healthcare discrimination (N=130)				
	OR (95%CI)	p	AOR (95%CI)	p
Intersex healthcare discrimination - medical				
Yes	4.52 (2.10, 9.74)	<.01	3.24 (1.38, 7.62)	.01
No	–	–	–	–
Intersex healthcare discrimination - psychiatric				
Yes	8.46 (3.80, 18.81)	<.01	7.77 (3.08, 19.60)	<.01



University of California San Francisco

RESULTS

- 27.1% of participants were people of color,
- 74.2% identified as a gender minority,
- average age was 37.6 (SD: 14.3; Range: 18-78)
- 25.9% reported an annual income less than \$20,000.

DISCUSSION

- Experiences with discrimination were associated with delaying emergency healthcare.
- Delays could have profound behavioral and physical health consequences for intersex adults
- interventions aimed at decreasing healthcare discrimination towards intersex patients and fostering trust between intersex communities and the healthcare system