

Beyond Time to First Treatment: Unmutated IGHV and Bone Marrow Failure-Driven Progression in CLL

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INTRODUCTION

Chronic lymphocytic leukemia is characterized by marked biological heterogeneity and variable progression kinetics. Unmutated IGHV is a well-established adverse prognostic marker associated with shorter time to first treatment. However, whether IGHV status also influences the clinical pathway leading to treatment initiation remains less clearly defined.

AIM

To assess whether IGHV mutational status is associated not only with early treatment requirement, but also with distinct IWCLL-defined clinical indications leading to therapy initiation in a real-world cohort of patients with chronic lymphocytic leukemia.

METHOD

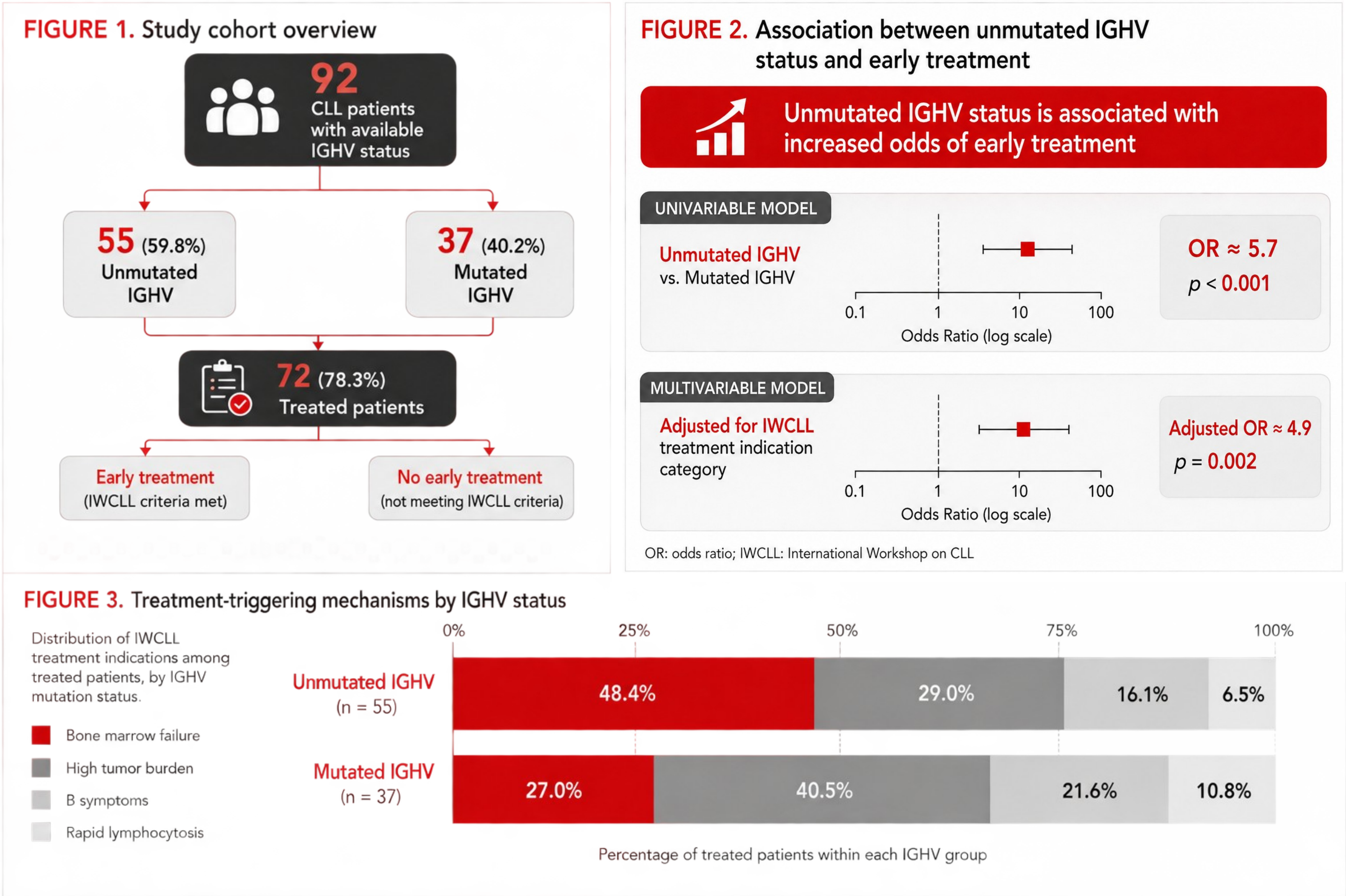
- Retrospective real-world analysis
- Inclusion criteria:** consecutive patients diagnosed with CLL and available IGHV mutational status
- Exclusion criteria:** patients without available IGHV status or insufficient clinical data for treatment-timing assessment
- 92 CLL patients** included from a tertiary hematology center in Eastern Europe
- Early treatment: therapy started **<90 days from diagnosis**
- IWCLL 2018 indications grouped as: **marrow failure, tumor burden, B symptoms, rapid lymphocytosis**
- Associations were evaluated using **chi-square testing** and **multivariable logistic regression**

CONCLUSIONS

- Unmutated IGHV was independently associated with early treatment requirement.
- Our findings suggest that IGHV status may influence not only treatment timing, but also the clinical pathway leading to therapy.
- Bone marrow failure–driven progression in unmutated IGHV cases warrants further evaluation in larger cohorts with integrated molecular and microenvironmental profiling.

RESULTS

- Unmutated IGHV was strongly associated with early treatment requirement (**OR≈5.7, p<0.001**) and remained an independent predictor in multivariable analysis (**adjusted OR≈4.9, p=0.002**).
- Among unmutated IGHV patients requiring early therapy, **bone marrow failure** was the leading indication (**48.4%**). Across the treated cohort, bone marrow failure was also the most frequent treatment indication overall (**38.9%**).
- Stratification by IGHV status suggested divergent treatment-triggering patterns: unmutated cases more frequently progressed through **bone marrow failure**, whereas mutated cases more often required therapy because of **tumor burden** or **B symptoms**, with a trend toward statistical significance (**p=0.058**).



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