

Survival and Toxicity Outcomes With Hypomethylating Agent Plus Venetoclax Versus HMA Alone in Higher-Risk Myelodysplastic Syndrome: A Propensity-Matched Retrospective Cohort Study

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INTRODUCTION

Venetoclax combined with a hypomethylating agent (HMA) has demonstrated activity in myeloid malignancies, but its role in higher-risk myelodysplastic syndrome (HR-MDS) remains uncertain.

The phase 3 VERONA trial did not meet its primary overall-survival endpoint. Comparative observational data may help define outcomes in routine practice, but remain vulnerable to treatment-selection bias.

AIM

To compare all-cause mortality, infectious and myelosuppressive toxicity, coded AML diagnosis, and major adverse cardiovascular/cerebrovascular events (MACCE) after HMA plus venetoclax versus HMA monotherapy at 6, 12, and 18 months.

METHOD

Design: Retrospective cohort study with propensity score matching (PSM).

Setting: TriNetX US Collaborative Network (67 HCOs).

Population: Adults with HR-MDS receiving azacitidine, decitabine, or decitabine-cedazuridine.

Cohorts: Venetoclax within +/-14 days of HMA initiation versus no venetoclax within +/-90 days.

Matching: 371 patients per cohort.

Outcomes: Mortality, sepsis, neutropenia, fever, coded AML diagnosis, and MACCE through 6, 12, or 18 months.

CONCLUSIONS

- HMA plus venetoclax was not associated with improved survival at 6, 12, or 18 months.
- Mortality remained higher with combination therapy across all three horizons.
- Neutropenia and fever were consistently more frequent; sepsis was higher at 6 months but not significantly different at 12 or 18 months.
- The large difference in coded AML diagnosis likely reflects disease severity, diagnostic timing, and residual confounding, not necessarily treatment-caused transformation.
- These findings support careful patient selection and prospective validation before broader adoption in HR-MDS.

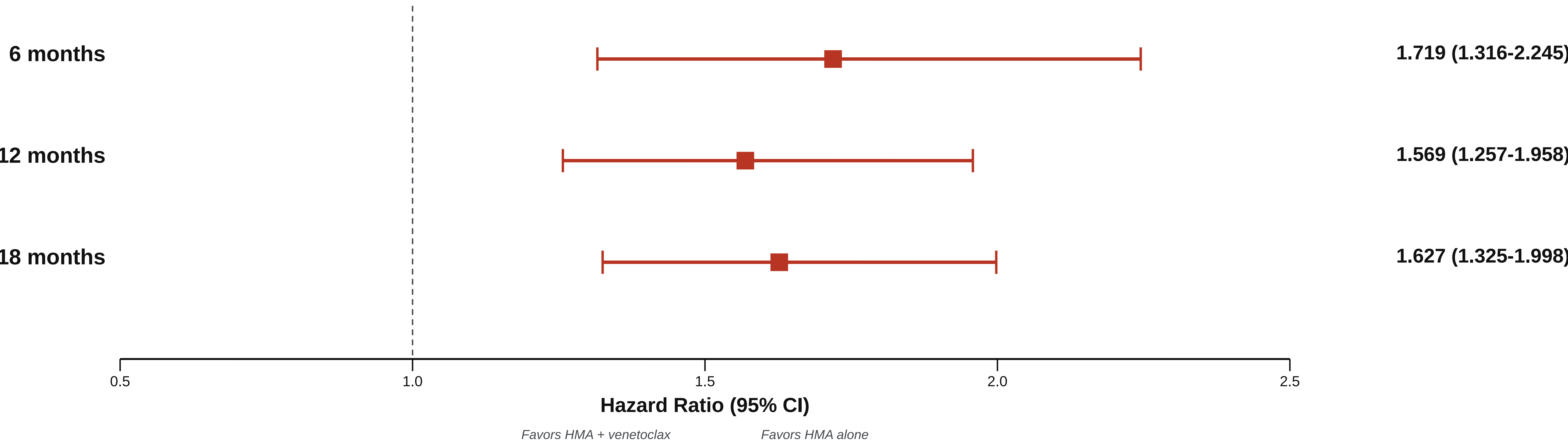
RESULTS

6 months: Mortality 38.0% vs. 23.5%; HR 1.719 (95% CI 1.316-2.245).

12 months: Mortality 50.9% vs. 36.1%; HR 1.569 (1.257-1.958). Neutropenia 67.9% vs. 54.4%; fever 59.3% vs. 38.5%; sepsis 31.8% vs. 26.4%; MACCE 14.8% vs. 14.6%.

18 months: Mortality 59.3% vs. 42.0%; HR 1.627 (1.325-1.998). Coded AML diagnosis remained more frequent but requires cautious interpretation because blast burden, disease-risk scores, and transformation timing were unavailable.

All-Cause Mortality: HMA + Venetoclax vs. HMA Alone



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