



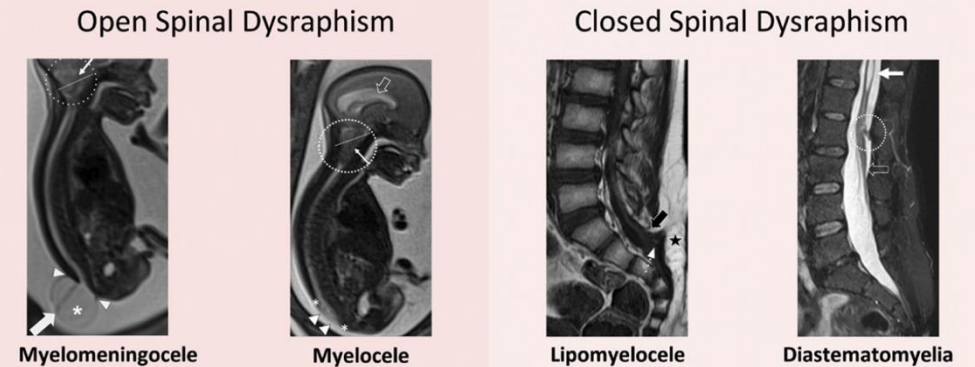
Diastematomyelia in Pregnancy: Implications for Neuraxial Anesthesia

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Background:

- **Spinal dysraphism:** congenital malformation secondary to a neural tube closure defect
- **Diastematomyelia:** spinal cord splits into two hemi cords
 - Type I: two separate dural sacs divided by a bony septum
 - **Type II:** single dural sac with two hemi cords separated by a fibrous septum

A Practical Approach to Diagnosis of Spinal Dysraphism



Trapp B et al. Published Online: January 15, 2021
<https://doi.org/10.1148/rg.2021200103>

RadioGraphics



The Case:

- ▶ 31-year-old G5P3 parturient
 - ▶ PMH: spina bifida occulta and type II diastematomyelia
- ▶ Baseline neurologic symptoms
- ▶ Multidisciplinary conference:
 - ▶ Spinal anesthesia contraindicated
 - ▶ Early epidural placement around L2–L3 level
- ▶ IOL at 39 weeks due to cHTN with SI preeclampsia with severe features

Learning Points:

- ▶ Individualized considerations for neuraxial analgesia in **spinal dysraphism**
 - ▶ **Diastematomyelia**: risks and benefits of neuraxial analgesia
 - ▶ Spinal vs. Epidural
 - ▶ Location
 - ▶ Timing
- ▶ **Baseline** neurological symptoms
- ▶ Detailed spinal **imaging** review
- ▶ Informed consent addressing **neurologic risk**
- ▶ Consultation and **multidisciplinary** approach