Female Patient Involvement in Groin Hernia Research- A Systematic Review on the Gender Gaps in Hernia Literature

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INTRODUCTION

Groin hernia repairs are one of the most common surgeries performed in the United States.

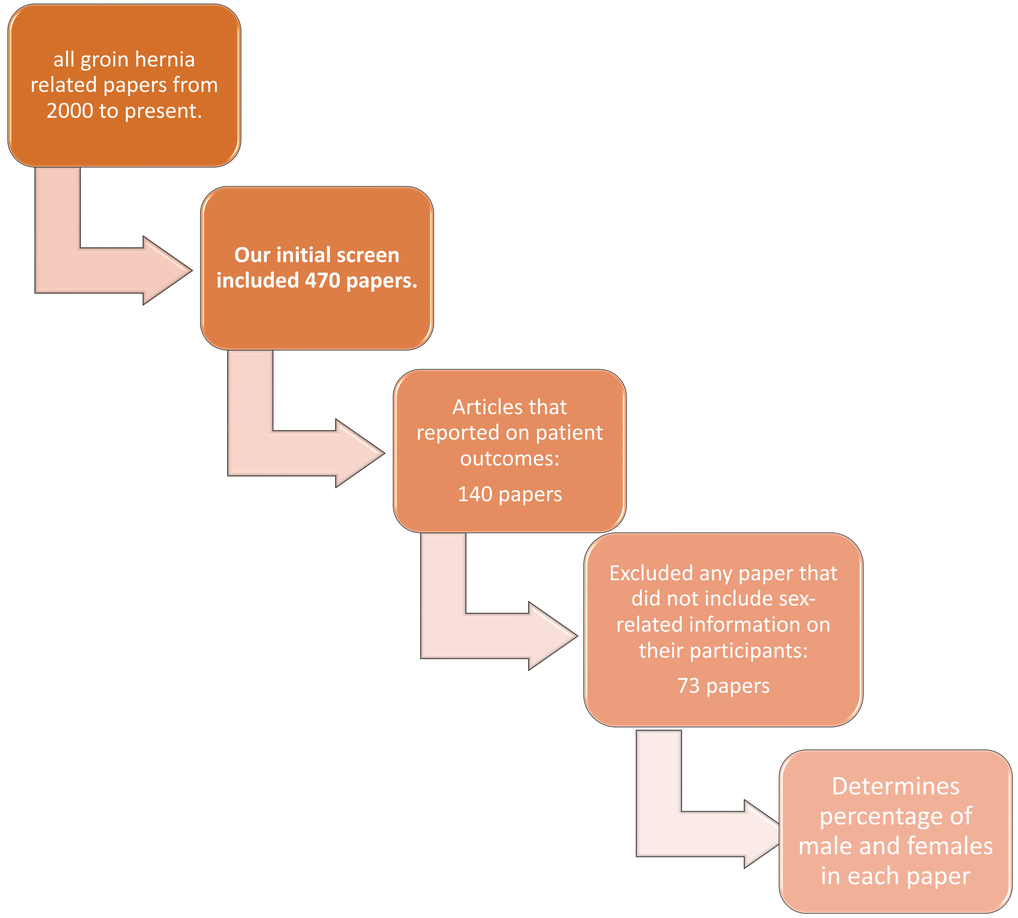
For female patients, the risk of developing a groin hernia over their lifetime is around 5%.

Overall, women make up about 10-15% of the hernia repairs that are performed on a yearly basis.

While women remain a consistent proportion of the hernia population, their inclusion in much of the hernia research completed has been sparce.

Our goal was to assess the current hernia research to determine the rate at which female patients were included.

METHODS- Systematic Review of the Literature



RESULTS

Range of male participants at 71-99%

6 of the 73 (8.2%) included only male participants

1 of the 73 (1%) included only female participants

No article compared outcomes of males and females