Art in Laparoscopy during times of Pandemic

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Pre-Pandemic





Introduction:

MIS Training During Pandemic was Severely affected

During Pandemic





Objective:

To use Art in Laparoscopy fun exercises as an alternative way of MIS training at home

Method: via online platform

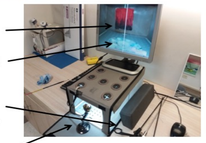




Can be a Do-It-Yourself type of laparoscopic trainer box

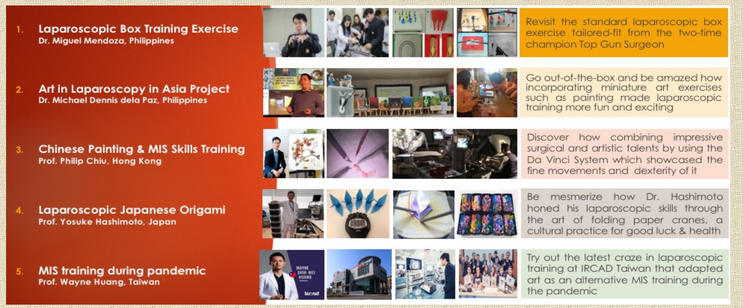
Checklists:

- Miniature painting canvas or watercolor paper
- Painting Dish or Palette where Acrylic or Watercolor paint can be applied
- Modified Laparoscopic instruments where a painting brush is applied on its distal tip
- Web camera which can be connected to a laptop/PC with video player App



Can be a modification of the standard laparoscopic trainer box

Outcome: Simply fun MIS training safe at home









Discussion:

Try to be a child at heart again enthusiastic in art utilizing the brush and paint in honing laparoscopic skills.



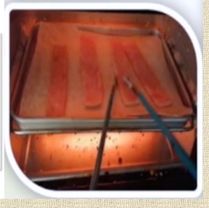


However thin and small, relax and be creative to build surprises from a small sheet of paper.

If you have a robotic system at home, it might be the safest way of operating this time of global pandemic. Try to utilize it also the way it was attributed from the famous painter, Leonardo Da Vinci.



Bon Apetit for a delicious and healthy MIS training.



Conclusion:

Although the COVID-19 Pandemic may had imposed a physical barrier in the life-long skills training of a surgeon, it may be otherwise safe and more fun at home.

Recommendation: Try it also & Enjoy ☺

Reference:

dela Paz, M.D., et al. (2017) Art in Laparoscopy. Philippines

https://www.youtube.com/watch?v=AxU8OV3iVvA&pp=sAQA

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