

MATERNAL MORTALITY: TRENDS, CAUSES AND FUTURE PROJECTIONS

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INTRODUCTION

Maternal mortality remains a key indicator of health system performance and women's health status globally. Despite significant global efforts, maternal deaths continue to pose a serious public health challenge, particularly in low and middle-income countries. Over the past five years (2020–2024), trends in maternal mortality have shown varied trajectories, influenced by socio-economic factors, healthcare access & quality of obstetric care.

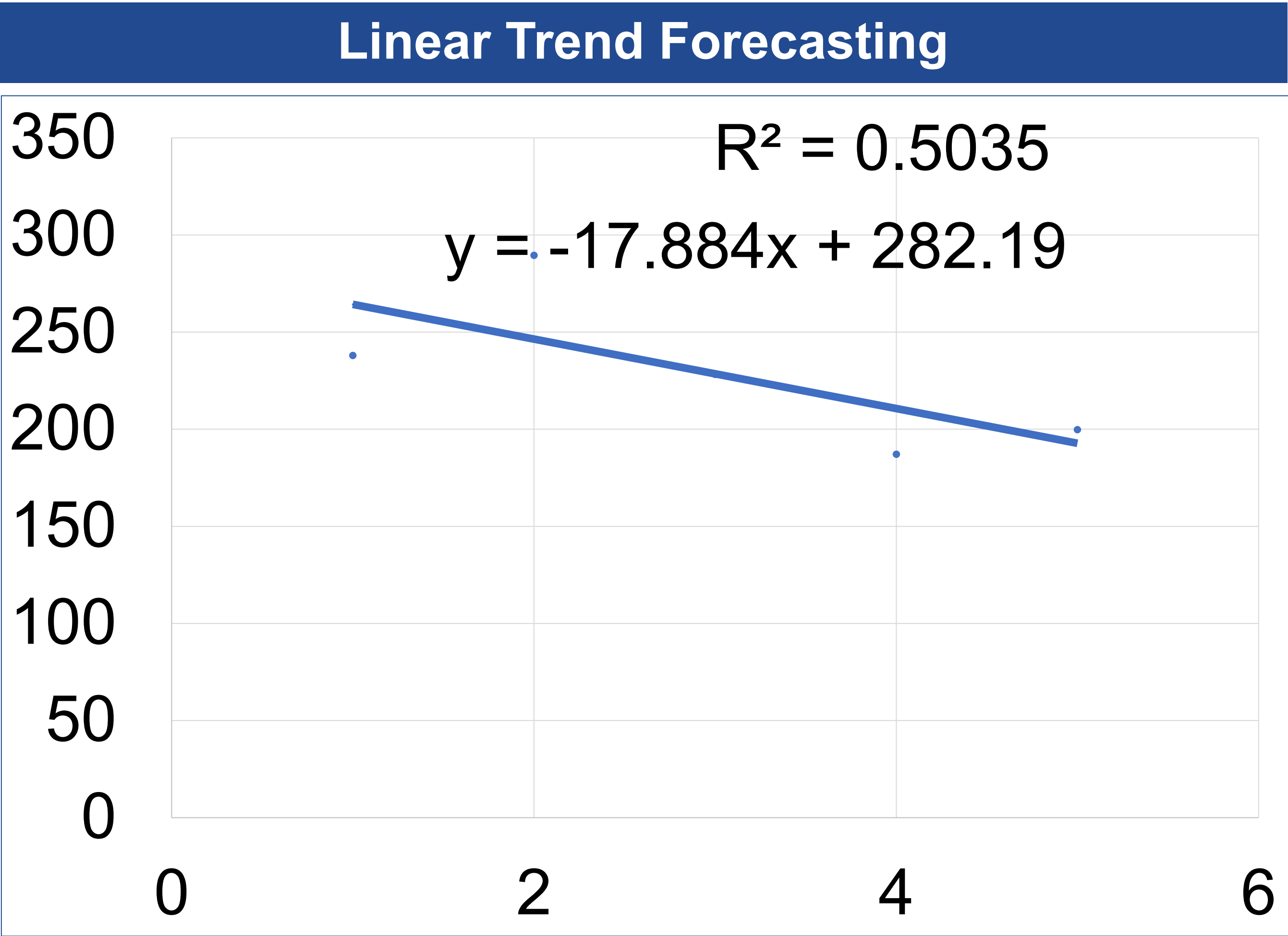
OBJECTIVES

To understand the magnitude and causes of maternal mortalities in last five years and explore the strategies for reduction of maternal mortality ratio.

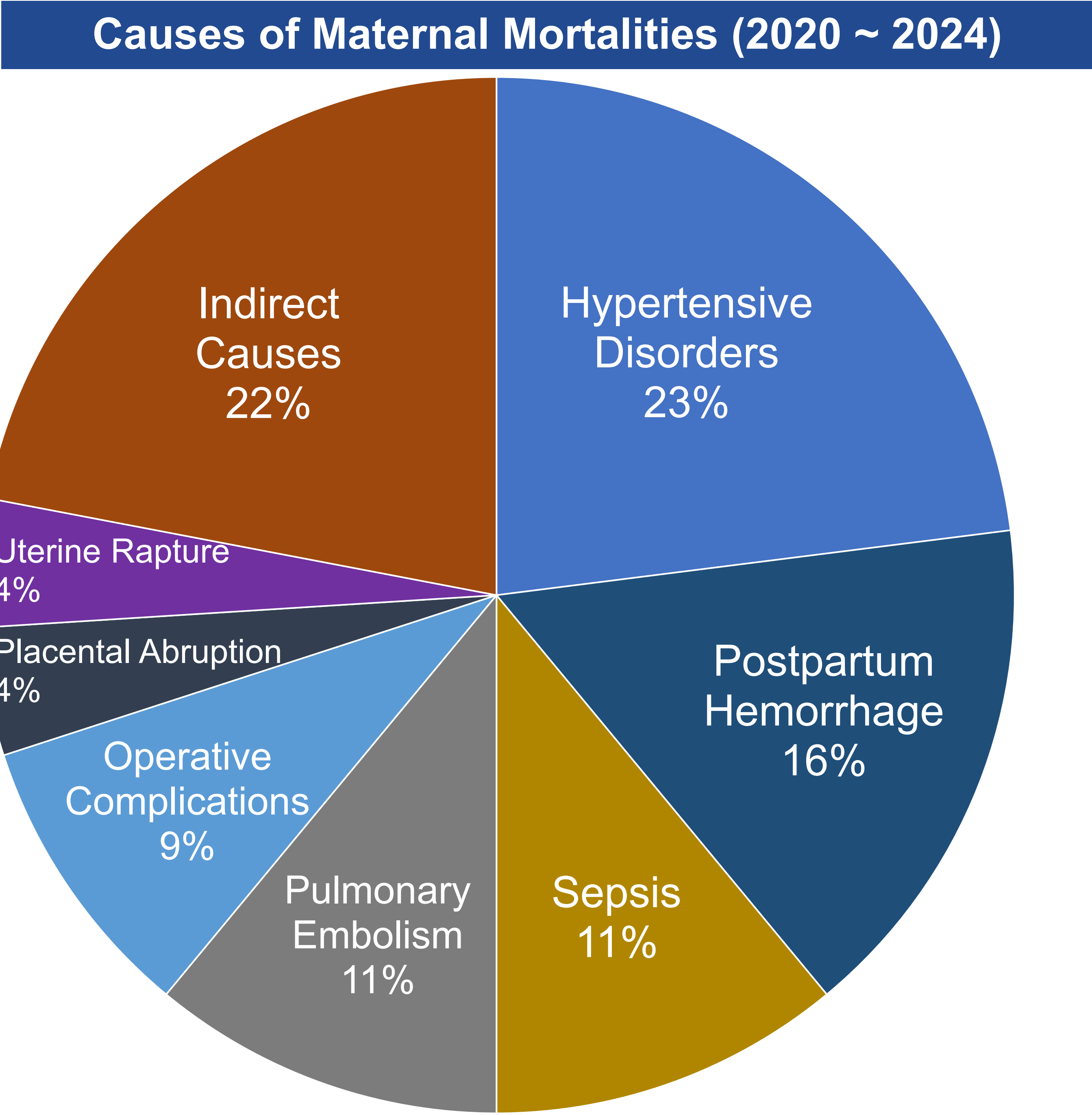
METHODS

Retrospective data collected from the audits(2020-2024) from Obstetrics & Gynaecology department of Rawalpindi Teaching Hospital, Pakistan and frequency of causes for maternal mortalities determined leading to maternal mortality ratio calculated.

RESULTS



YEAR	MMR
Past MMR Data	
2020	237
2021	289
2022	228
2023	187
2024	199
Future MMR Forecast	
2025	174
2026	157
2027	139
2028	121
2029	103
2030	85



CONCLUSIONS

It is concluded that the most causes of maternal mortalities are preventable and it is inevitable to implement strategies for timely diagnosis, treatment and referral to decrease maternal mortality ratio for achieving target of 70 per 100,000 livebirth till 2030 (SDG 3).