

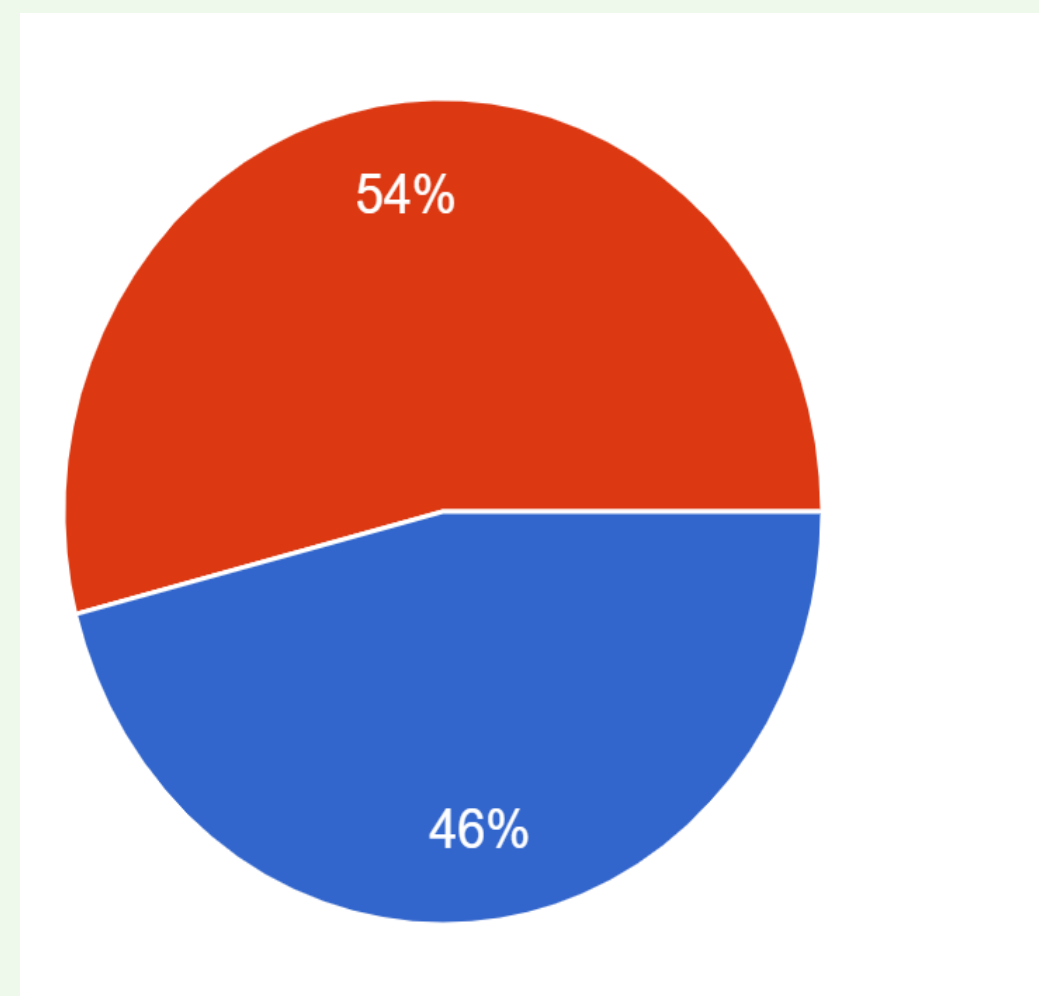
Qualitative survey of patient experience and preferences in Outpatient Hysteroscopy

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AIM

- ❖ It was a **qualitative survey** exploring patient experience and preferences
- ❖ We audited the following criteria with special attention to pain experience:
 1. Proportion of patients received, pre-appointment written information on OPH
 2. To assess the mean peak intra-procedural pain score
 3. To assess procedure acceptability
- ❖ Exploring patient experience of tele-med consultation, prior to the procedure

Q Prior to today's hysteroscopy appointment, were you offered the alternative option to have the procedure completed under general anaesthetic? (Blue – Yes, Red – No)



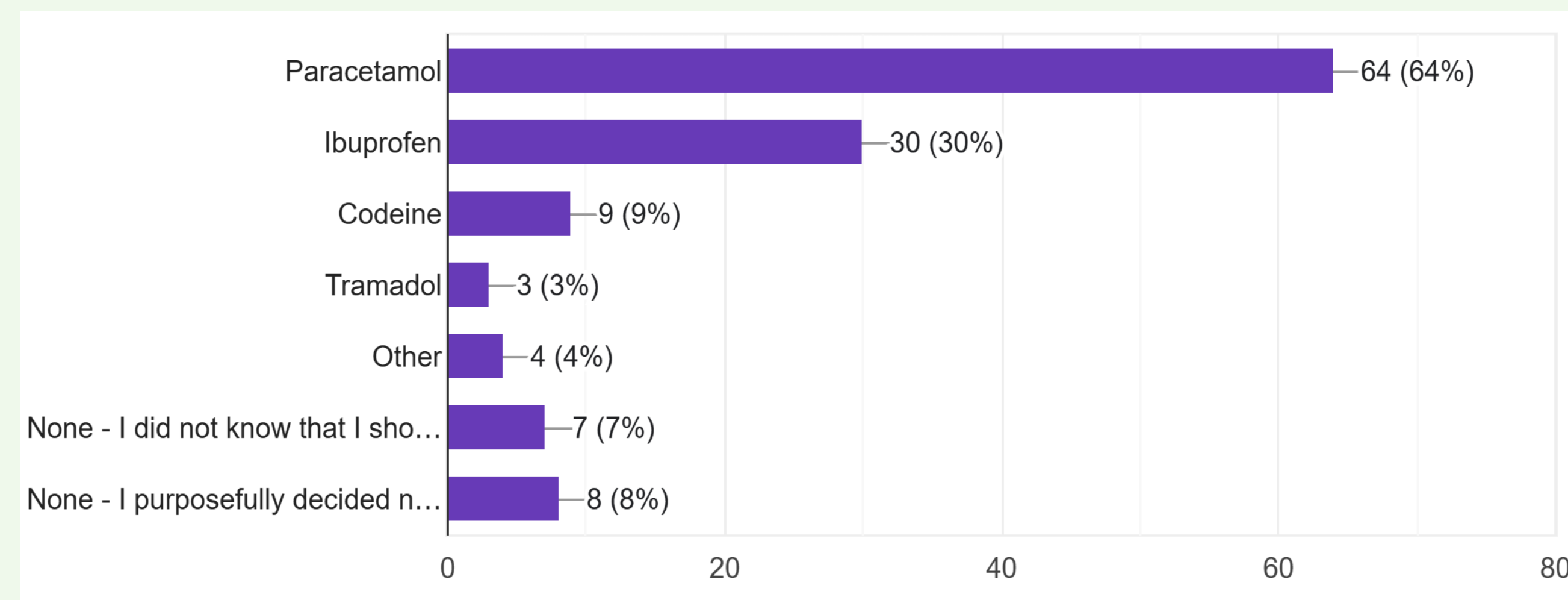
RESULTS

- 55 % patient were very anxious
- 32% patients did not receive an information leaflet
- 77 % patient expected pain score 6 or more and 72% experienced pain score 6 or more after the procedure
- 15% patients did not receive pain-relief medication
- 54% patients were offered local anaesthetic
- 88% of patients found it acceptable to continue the procedure in outpatient setting and complete it

METHOD

- ❖ It was a **multisite study** involving John Radcliffe Hospital and Horton General Hospital
- ❖ **Prospective audit** from 1st October 2024 till 30th November 2024
- ❖ Data collected by physical questionnaires
- ❖ Total no. of response : 100
- ❖ Limitation – excluded 5 forms which were incompletely filled

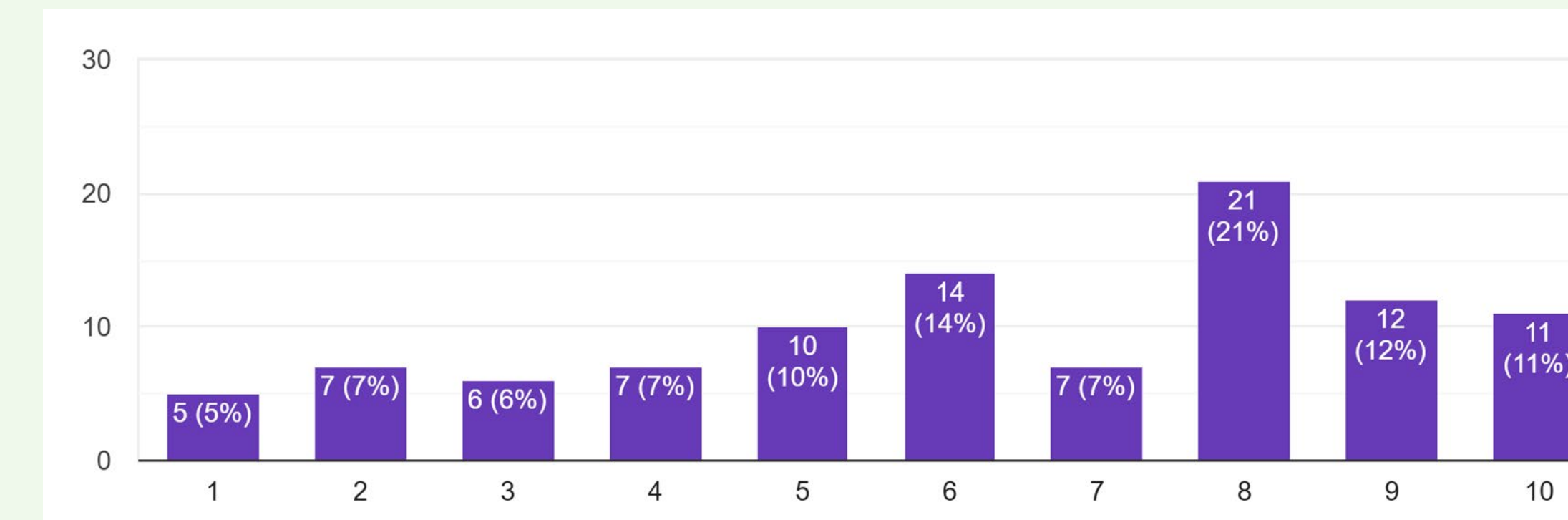
Q Which pain relief medication did you take before today's procedure?



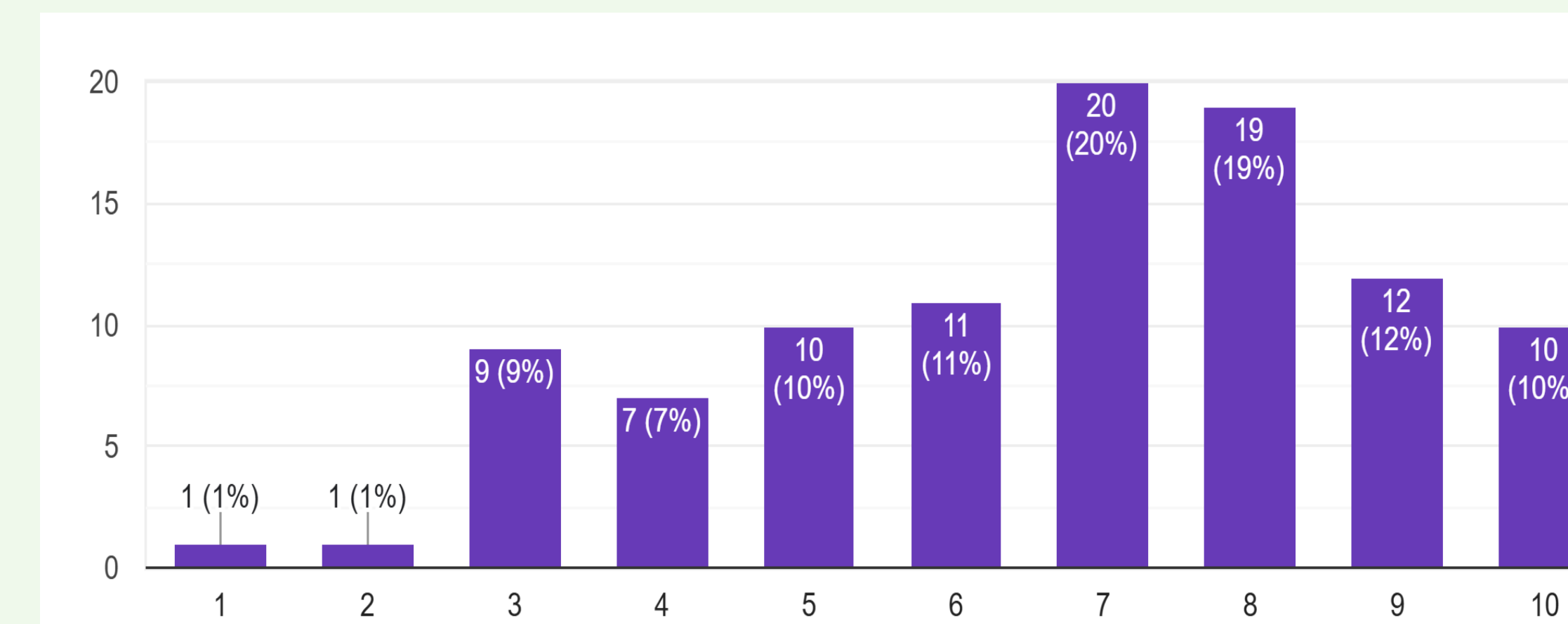
New RCOG guideline recommendations



Q On a scale of 1 to 10, before you arrived today how anxious did you feel about your appointment? (1= not at all, 10=extremely)



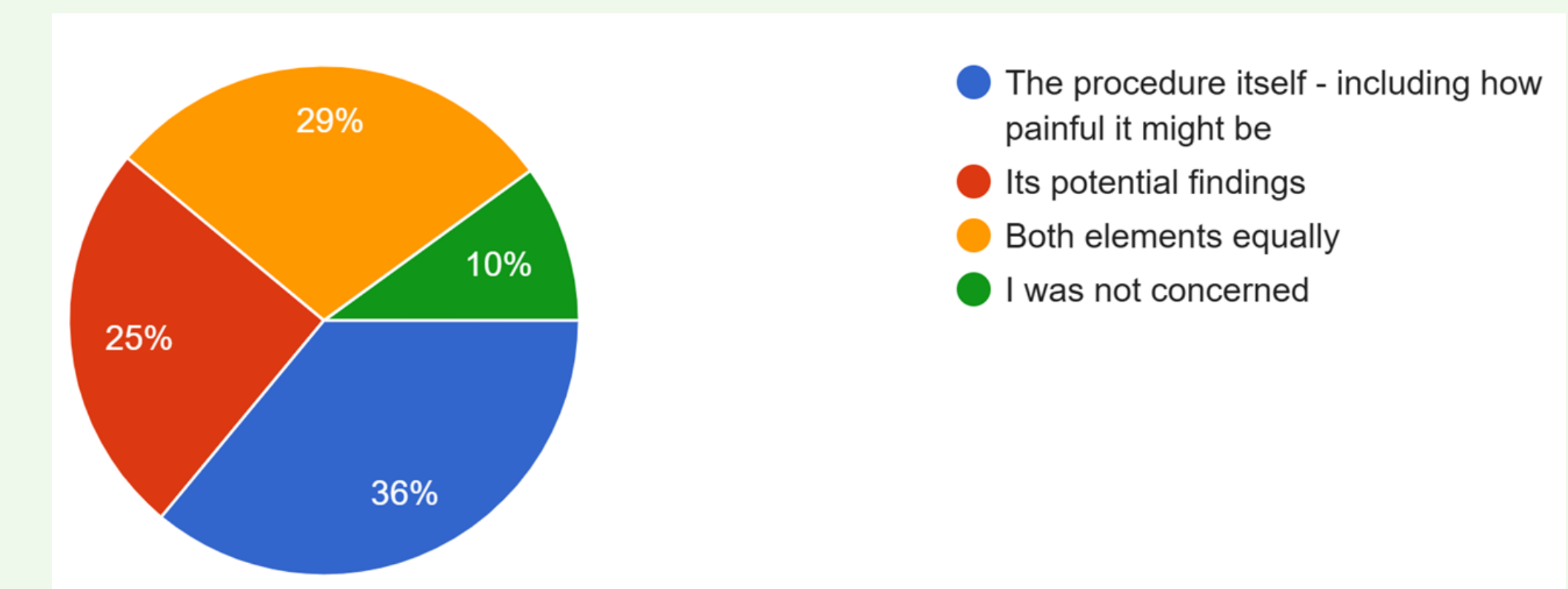
Q On a scale of 1 to 10, how painful did you find today's hysteroscopy procedure? (1= not at all, 10=extremely)



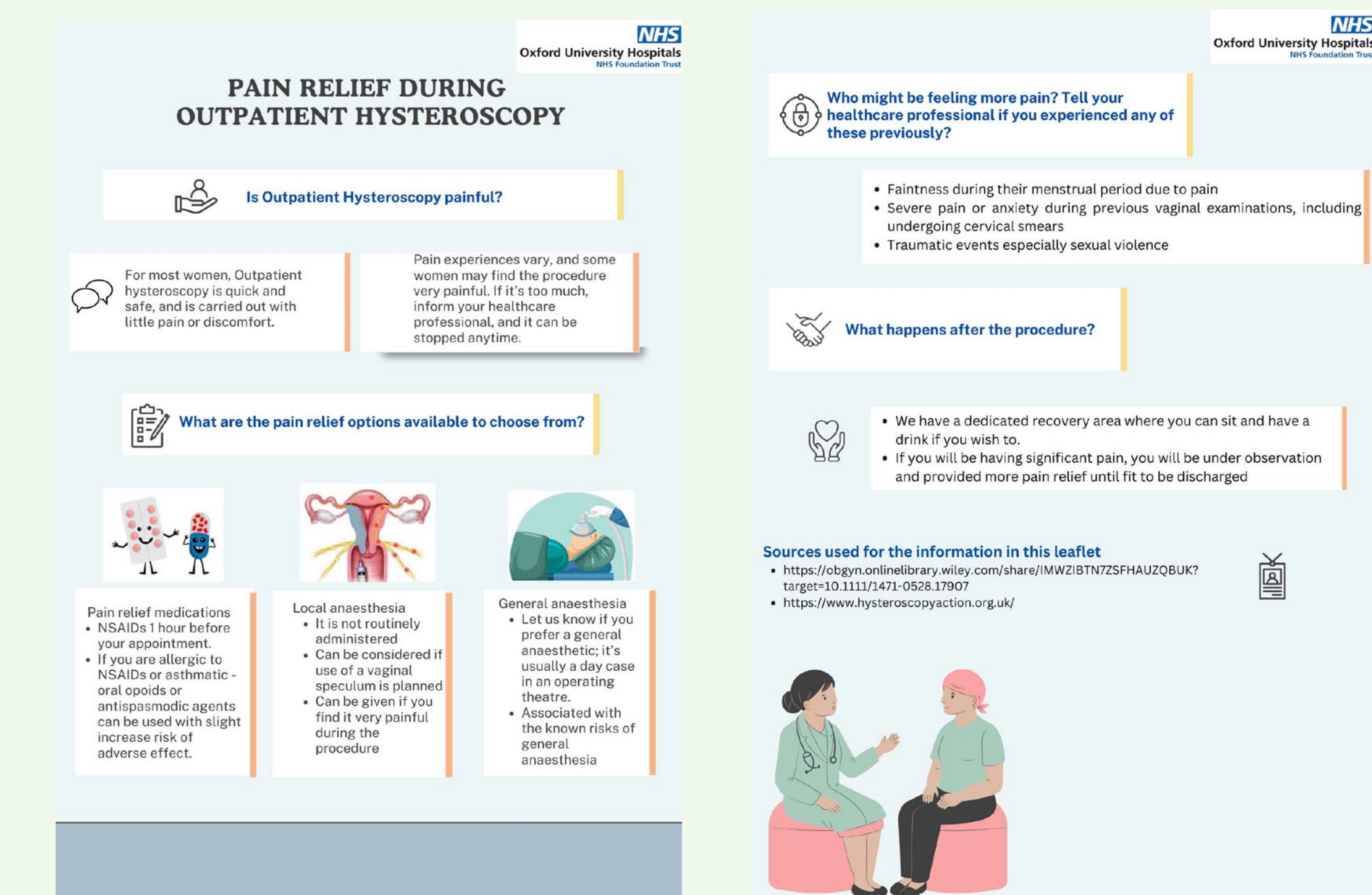
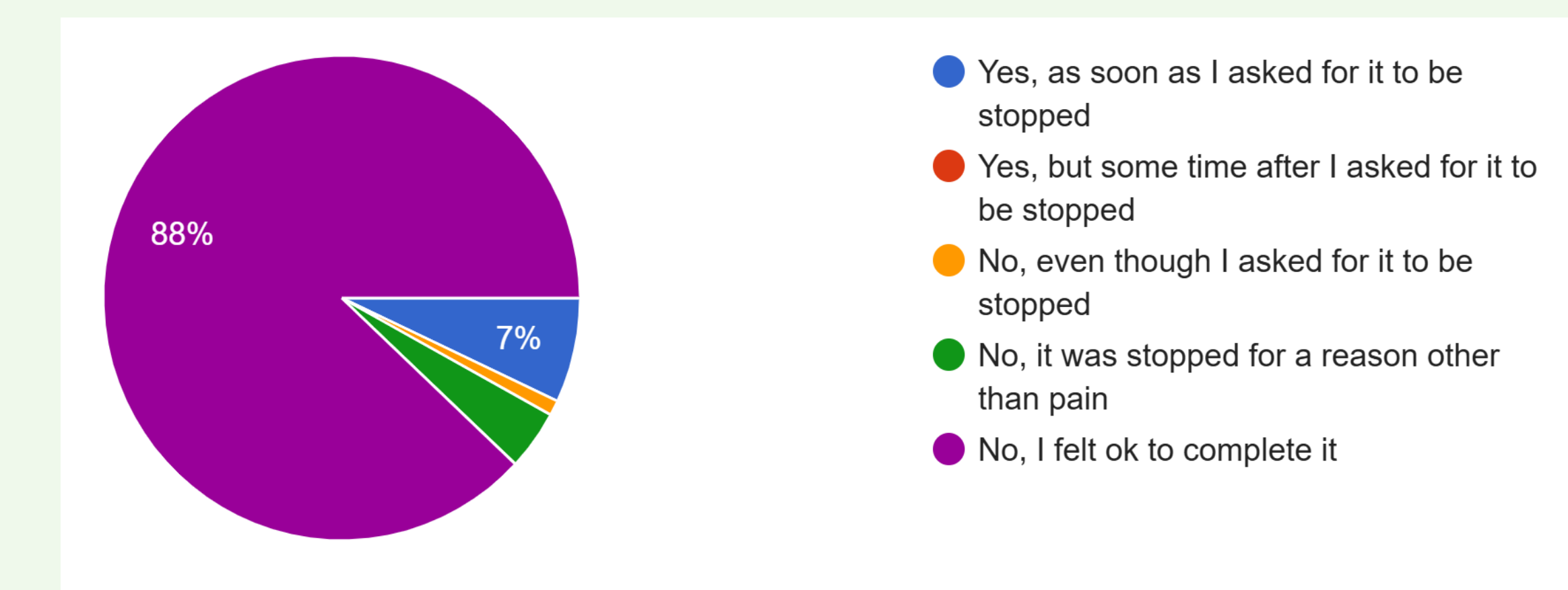
RECOMMENDATIONS

- Drafted the pain information leaflet of OUH based on new GTG of OPH
- Drafted flowchart for consideration of local anesthetic in certain circumstances for better patient's experience
- To offer pain relief medication on arrival if not received already
- Planning to commence Pentrox trial for better pain relief

Q Before you arrived today, what element of the experience were you more concerned about?



Q Was your hysteroscopy procedure stopped today due to pain?



Reference

De Silva PM, Smith PP, Cooper NAM, Clark TJ. Outpatient Hysteroscopy. *BJOG*. 2024; 131(13): e86–e110. <https://doi.org/10.1111/1471-0528.17907>