

# Two Lives Delivered, One Crisis Emerging: Acute Fatty Liver Unveiled.

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## Introduction:-

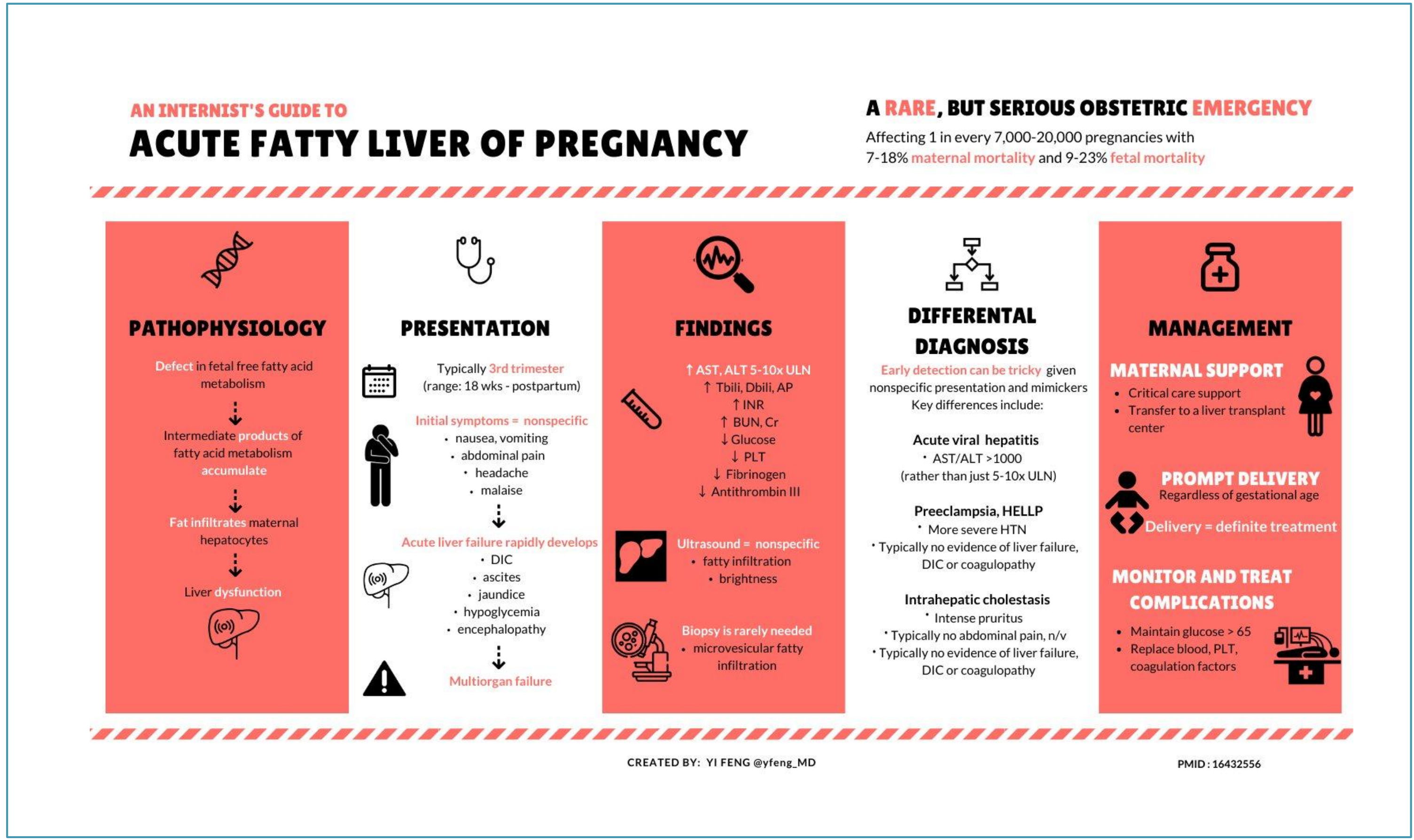
Imagine navigating the joys of twin births only to face a life-threatening hepatic crisis moments later. Acute fatty liver of pregnancy (AFLP) is a rare but severe complication, with even fewer cases reported in twin pregnancies.

## Objective :-

- This case report delves into the complexities of AFLP in the postpartum period of a twin pregnancy, highlighting critical insights for timely diagnosis and management.

## Case Presentation:-

- Patient Background: A 32 years old primigravida with twin pregnancies presented at 34 weeks with RFM had Em. Lscs due to pathological CTG.
- Onset of Symptoms: Within hours of delivery, the patient exhibited jaundice, malaise, and elevated liver enzymes, signalling an unexpected hepatic distress.
- Clinical Findings: Laboratory tests revealed markedly elevated transaminases, hypoglycaemia, and coagulopathy, painting a concerning clinical picture
- Intervention: Immediate multidisciplinary intervention was initiated, including hepatic support and intensive care monitoring.
- Outcome: Prompt management led to stabilization, underscoring the critical importance of swift recognition and treatment.



## Conclusion:-

Key Takeaway: AFLP, though rare, can present postpartum in twin pregnancies, necessitating prompt recognition and aggressive management to ensure maternal and fetal safety. Healthcare providers must maintain a high index of suspicion for AFLP in postpartum patients with abnormal liver function, especially in multiple pregnancies. Further research is essential to understand the pathophysiological links between twin pregnancies and increased AFLP risks.