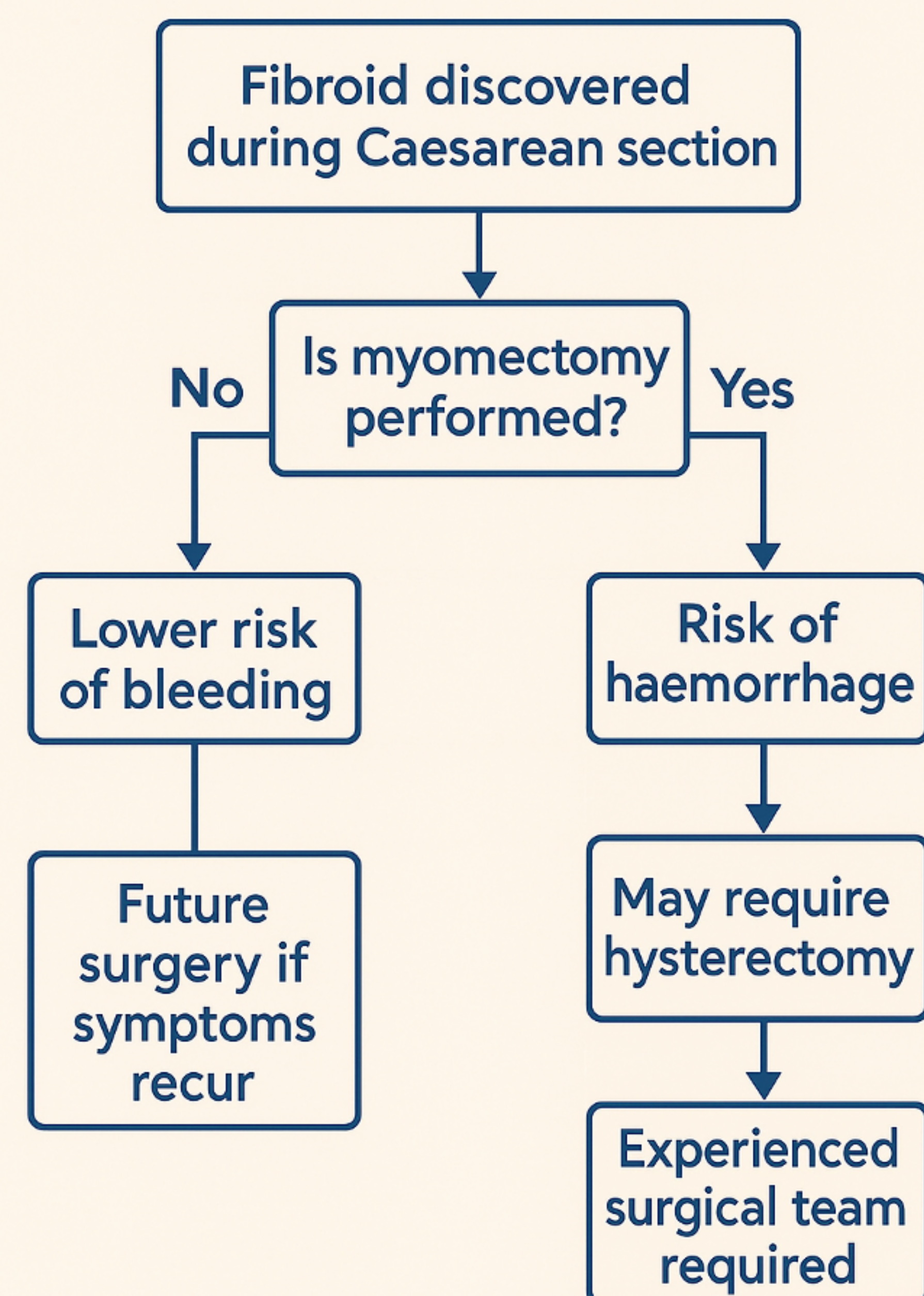


INTRODUCTION

Uterine Leiomyomas are the **most common tumour** found in **fertile women**



Management Dilemma at Caesarean Section



RESULTS

OUTCOME OF CAESAREAN MYOMECTOMY



3 CASES



MEAN AGE
38 (36–39)



PARITY
0 to 1



BMI
26,1 (23–29)

INTRAOPERATIVE FINDINGS



Mean Fibroid Size: 18×13cm
Mean EBL: 1.6 L
Blood Transfusion: None required
(1 patient received 200 mL via cell salvage)

SURGICAL DETAILS



Mean Operative Time:
91 min (81–102)
Mean Fibroid Weight:
1087g (385–1905g)

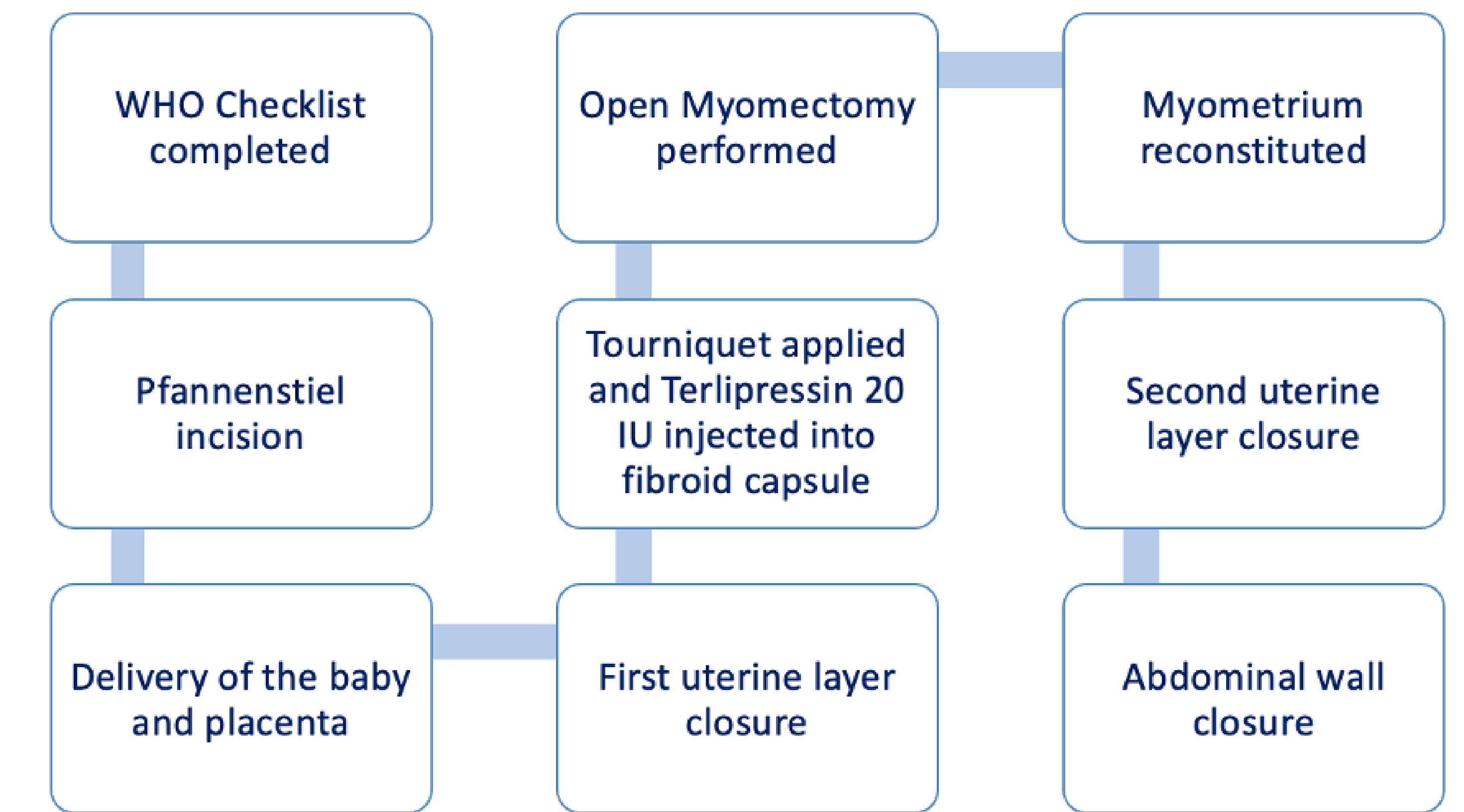
NEONATAL OUTCOMES



Mean Birthweight: 3.56 kg
(3.285–3.835)
Apgar Scores: All > 9

SURGICAL APPROACH

Steps of Caesarean Myomectomy



CONCLUSION

- Performing **concurrent myomectomy** during caesarean section **prevents the need for additional surgery** and avoids further long-term detrimental consequences of fibroids
- Intraoperative precautions** used to minimise bleeding include:
 - Tranexamic acid and Terlipressin
 - Uterotonics
 - Cell salvage
 - Advanced surgical handheld energy device
 - Uterine tourniquet
- A skilled and co-ordinated surgical approach with a dedicated team is essential in maximising patient safety and outcomes.