



Enhancing Final Year Confidence: A mini-series in Early Pregnancy Consultation and Management

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Objectives:

- To improve the confidence of our future foundation trainees.
- Provide an 8 week optional mini-series of seminars and practical workshops.
- To provide a safe space for final year students to ask questions with regards to the specialty

Early Pregnancy Education – why is it important?

- Pre-course survey showed that 80% of students did not feel confident in Early Pregnancy Consultation or management
- Skills to manage common yet complex conditions – e.g. miscarriage, hyperemesis
- Complications can lead to significant morbidity and mortality
- MDT approach

Results:

- **25/40** attended this optional teaching
- **Qualitative analysis of 10 students who consistently attended all 8 sessions and completed the post-course survey:**
 - **100 %** reported that their confidence had improved in miscarriage management
 - **90%** reported that their confidence had improved in termination consultation, management and legality
 - **100%** reported their confidence had improved in pregnancy and pregnancy related conditions
 - **80%** answered "Yes" as to whether O&G should be a part of 5th year placement

What's next?:

- Plans to re-run this series with the next cohort of 5th years at Bath Academy in 2025
- Plan to extend this regionally to Swindon and Gloucester Academy 5th year Cohorts
- Assess feedback and look at extending across other Academies within the region who teach Bristol Final Year Medical Students

Conclusion:

- Focus on women's health -missing in Final Year curricula. Poses a need to re-look at curricula.
- Feedback highlighted as area of concern when entering the workforce – could this be a step towards addressing this?
- Doctors-in-training teaching future doctors – empowers the future generation of doctors to provide a high quality of evidence-based care