

COLPOCLEISIS- AN EFECTIVE TREATMENT FOR ADVANCED GENITAL PROLAPSE

Dr Babatunde Awolaja, Dr Sara Nausheen
Macclesfield District General Hospital, Macclesfield, United Kingdom.

INTRODUCTION

- Colpocleisis is a minimally invasive surgical procedure suitable for advanced genital prolapse in the elderly and frail with good success rate.
- It is offered to women who are symptomatic and who are not planning to be sexually active in the future or
- Failed to find relief of symptoms from simple treatments like vaginal pessaries and are generally not suitable for other reconstructive prolapse operations.

OBJECTIVES

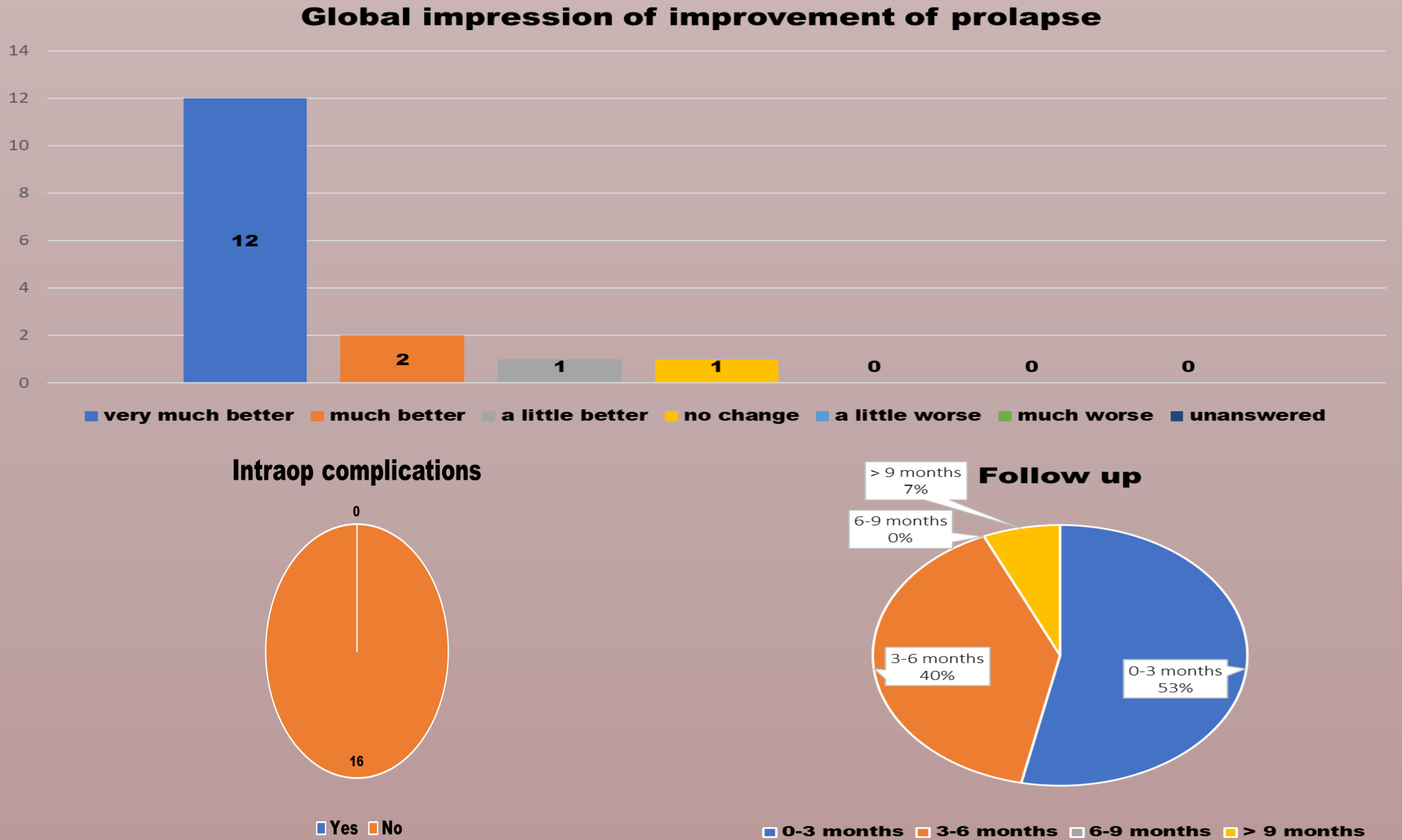
- To assess the efficacy of the procedure.
- To assess the complication rate.
- To evaluate compliance with the BSUG recommendation in terms of database entry and follow up.

METHODS

- Retrospective audit over 5 years (2017-2022).
- Data collected from notes, electronic records and BSUG database.
- Data analysis was done using Excel spreadsheet.

RESULTS

- A total of n=16 women were included with a mean age of 79 years.
- There was no intraoperative complication recorded, none of the patients was returned to theatre within the first 72 hours or readmitted within 30days for procedure related events, and there was no long-term problem identified at follow up.
- All the women completed the pre and post operative symptom questionnaires, and more than 90% of the patients were followed up within 6 months.
- Twelve women had BSUG database entry giving a compliance rate of 75%.



CONCLUSION

- Our audit demonstrates a success rate of 93.8% in line with the reported literature and also it’s safety with no surgical complications and minimal postoperative morbidity.
- Our BSUG data recording could be further improved.

RECOMMENDATIONS

- As the ageing population in the UK is likely to increase, there is a need to impart knowledge and skill to ATSM urogynaecology trainees to perform the procedure in suitable women.
- It is a valid option of treatment that can safely be undertaken in the district general hospitals and not necessarily confined to tertiary centres.

REFERENCES

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