

Aspirin Prophylaxis against Pre-eclampsia in Maidstone and Tunbridge Wells NHS Trust.

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Objective

To determine proportion of women at high risk of preeclampsia who received low dose aspirin prophylaxis

Design

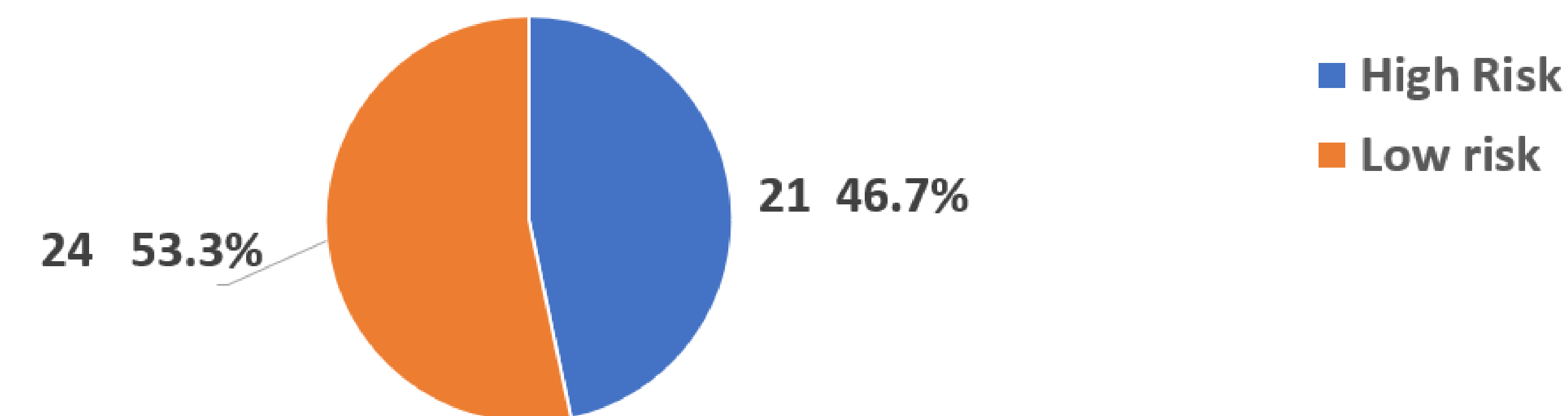
Retrospective 6-month review of records of women diagnosed with Hypertensive disorders of pregnancy, to assess compliance with NG 133

- **Auditable standard 80%**
- 45 patient identified over review period

Results

- 45(100%), were risk stratified at booking according to NG 133
- 10 (22%) developed PET, while 35(78%) developed PIH

Risk Stratification of Patients at booking



Administration of low dose aspirin in High Risk Patients

	Frequency (Percentage %)
Yes	11 (52)
No	10 (48)
Total	21 (100)

- Compliance against the auditable standard of 80% was 52%

Conclusion

- Low compliance, 52%, compared with the auditable standard of 80%.
- Missed opportunities in prescribing low dose aspirin for high-risk women.

Recommendations

- Infographics strategically placed, reminding staff to prescribe Aspirin according to NG 133.
- Risk assessment question included in the electronic booking work flow to improve compliance.