P149

Hard and Soft Tissue Regeneration of Severe Peri-implantitis Defects with the Laser-assisted Periimplant Defect Regeneration Technique (LAPIDER): 3-year Results

Surgical peri-implantitis therapy using a crestal access to the lesion leads most often to a partial defect regeneration and a buccal recession.

This retrospective cohort study evaluates the regeneration of severe peri-implantitis deficiencies treated with the LAPIDER approach within a 3-year follow-up.

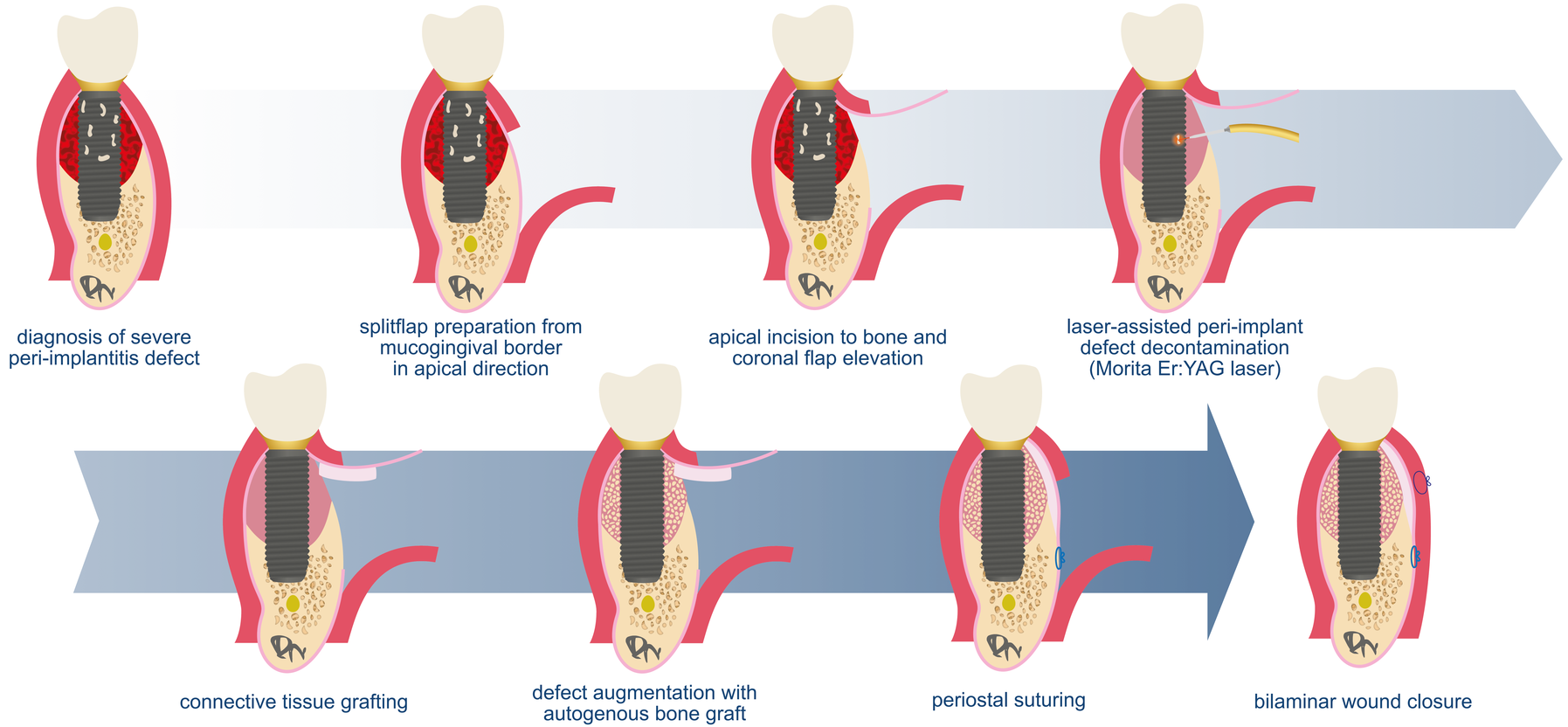
Method

24 implants

18 patients

4 smokers

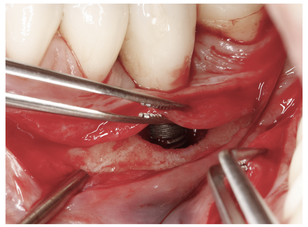
14 non-smokers

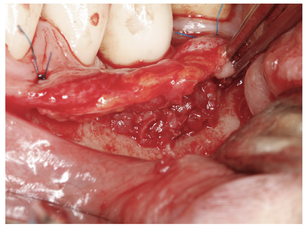


Primary outcomes: changes of the marginal bone levels (MBL) | buccal bone thickness

Secondary outcomes: implant survival | peri-implant probing depths (PPD) | bleeding on probing (BOP) | recession | width (KMW) and thickness of keratinized mucosa (KMT) | soft tissue esthetics (PES) | implant success

Results


access to the defect

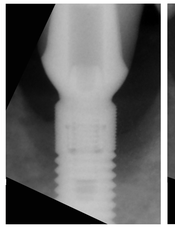

bone and connective tissue graft

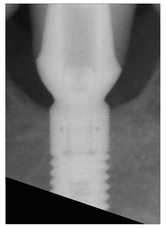

wound closure

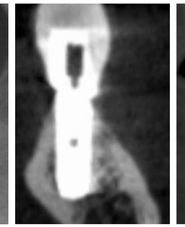

10-day

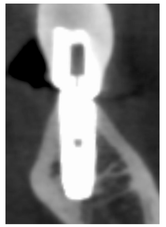

14-month


3-year

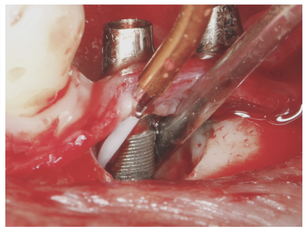

pre-op

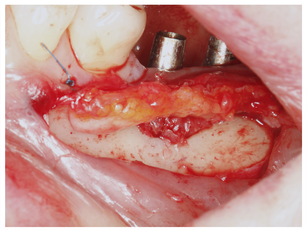

2-year

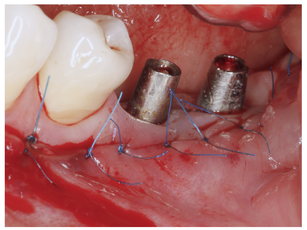

6-month


3-year


pre-op

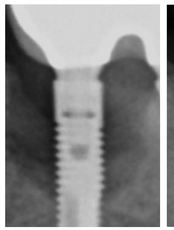

Morita Er:YAG laser

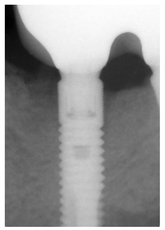

bone and connective tissue graft

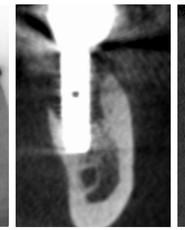

wound closure

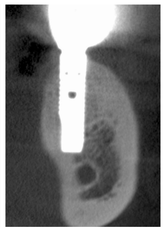

8-month

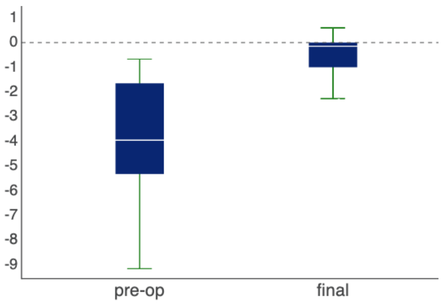

2-year


pre-op


2-year


pre-op

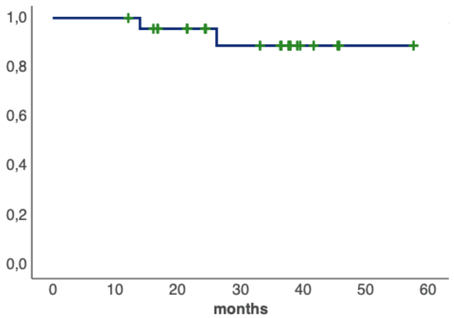

3-year



Interproximal marginal bone level improved by 3.10 ± 2.02 mm (p<0.001)

level	pre-op	final	increase	p =
1 mm	0.01	0.55	0.55 mm	0.005 mm
3 mm	0.32	1.32	1.01 mm	0.001 mm
6 mm	1.26	1.90	0.65 mm	0.163 mm

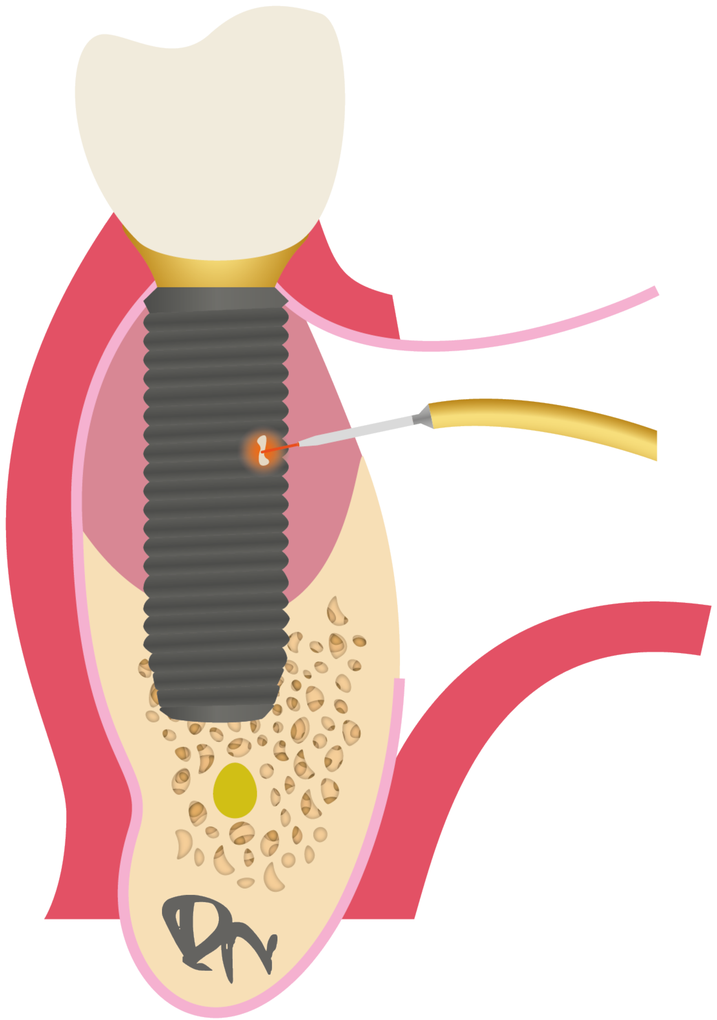
Buccal bone thickness increased by 0.55 ± 0.60mm (p=0.005) and 1.01 ± 1.25 mm (p=0.001) at 1 and 3 mm below reference level



2 implants were removed; 22 implants were still in function at a mean follow-up of 36 months (cumulative survival rate 90.8%)

- **Buccal MBL** increased by 3.49 ± 2.89 mm (p<0.001)
- **Lingual MBL** increased by 1.46 ± 1.98 mm (p=0.003)
- **PPD** changed from 5.05 ± 1.39 to 3.08 ± 0.71 mm (p<0.001)
- **Recession** was reduced from 2.07 ± 1.70 to 0.91 ± 1.13 mm (p=0.001)
- **KMW** increased from 2.91 ± 1.81 to 4.18 ± 1.67 mm (p=0.006)
- **KMT** improved from 1.73 ± 0.50 to 2.44 ± 0.43 mm (p<0.001)
- **PES** changed from 7.7 ± 2.8 to 10.7 ± 1.9 (p<0.001)
- **45.8% to 54.2%** of the implants met the criteria of implant success

Conclusion



- Proof of principle for the regeneration of severe peri-implant hard and soft tissue deficiencies
- High survival rate
- Increase of marginal bone levels
- Decrease of peri-implant probing depths & BOP
- Reduction of recession
- Increase in width and thickness of the keratinized mucosa