

The Heron Practice, London, is in the first purpose-built NHS Primary care building in England. We achieved a Silver RCGP Greener Practice Award in 2023 by:

- *Engaging with stakeholders to improve building energy use and management, including a community garden*
- *Digital champions helping with access*
- *Patient and staff led newsletters and activities*
- *Volunteer groups*
- *Air quality monitoring*
- *Fairtrade workplace*
- *Cycle2 work scheme*
- *A Safe Surgery*
- *Encouraging patient and staff ideas to promote positive change*



**TOGETHER BETTER
AT THE HERON**



Current groups and activities:

Slow Walking Group 🌱

Yoga & Meditation 🧘

Writing Group 📖

Coffee Morning ☕

Fast Walking Group 🏃

Tuesday 2pm
Tuesday 10.30am
Tuesday 6.45pm
Wednesday 10am
Sunday 9.30am