

Reduce the Rate of Skin Damage Around the Intestinal Stoma

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INTRODUCTION

Complications of skin damage around the enterostomy are preventable. If the skin around the enterostomy is damaged, it will have a huge negative impact on the patient's quality of life, and may even extend the length of hospitalization, increase medical expenses, and increase the readmission rate. This article aims to improve the care of the enterostomy and thereby reduce the damage to the skin around the stoma. The skin around the enterostomy of patients in this unit is often damaged, which increases the load of nurses in handling wounds and the pain and complaints of patients, triggering motivation for improvement. It is hoped that through the implementation of this project, the occurrence of comorbidities will be reduced and the quality of care will be improved.



Figure1. Nursing Guidance Tools



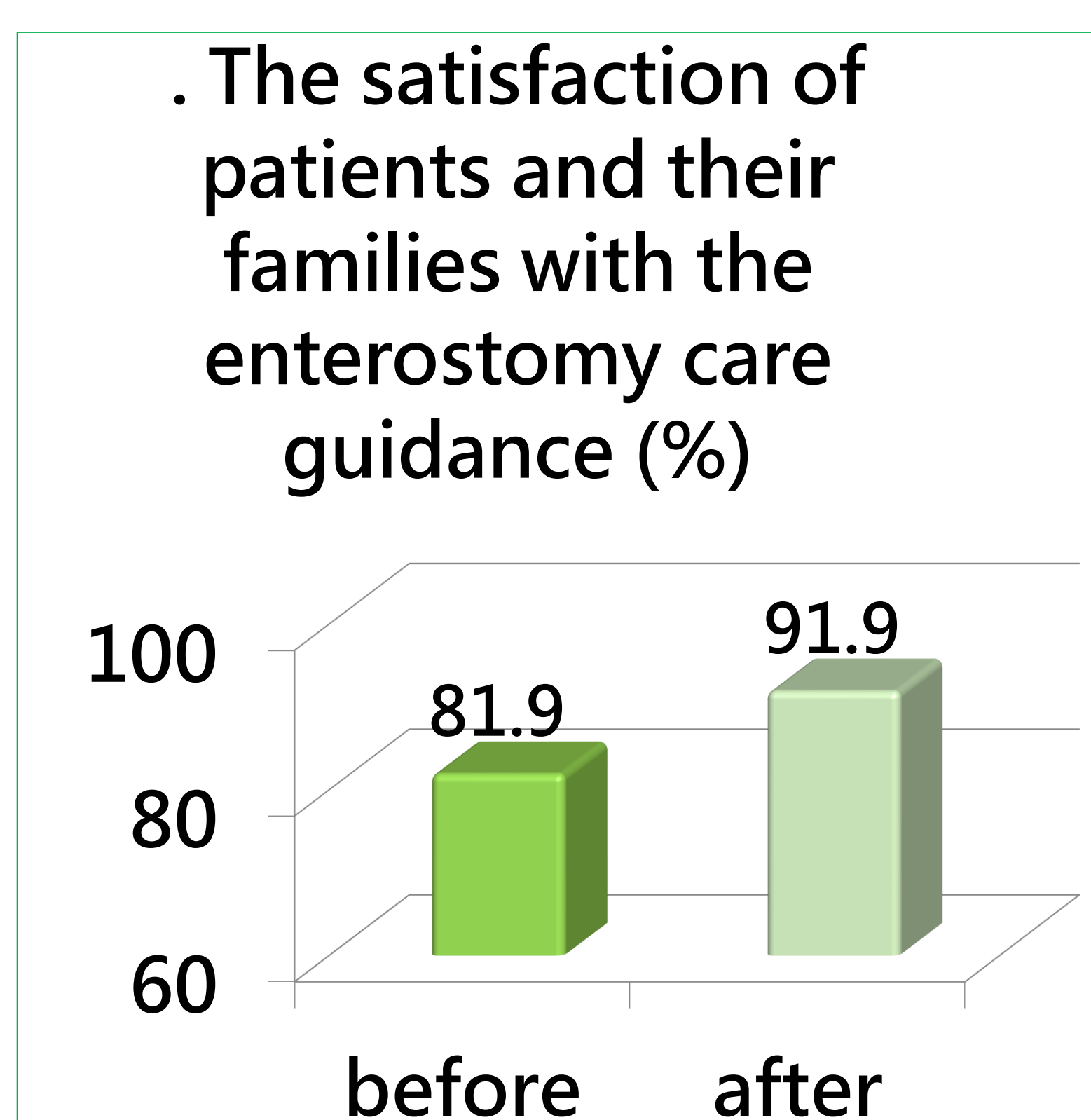
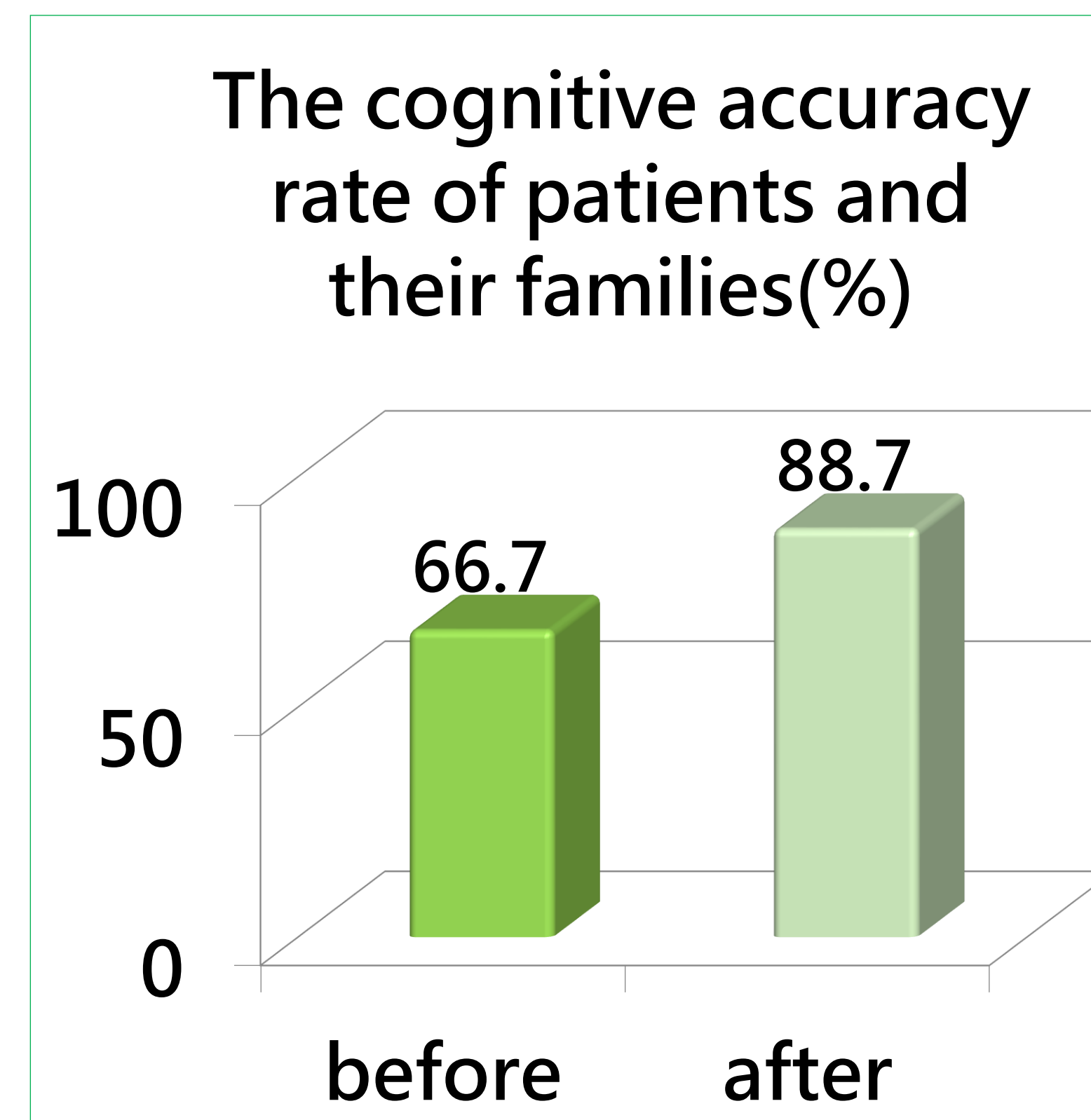
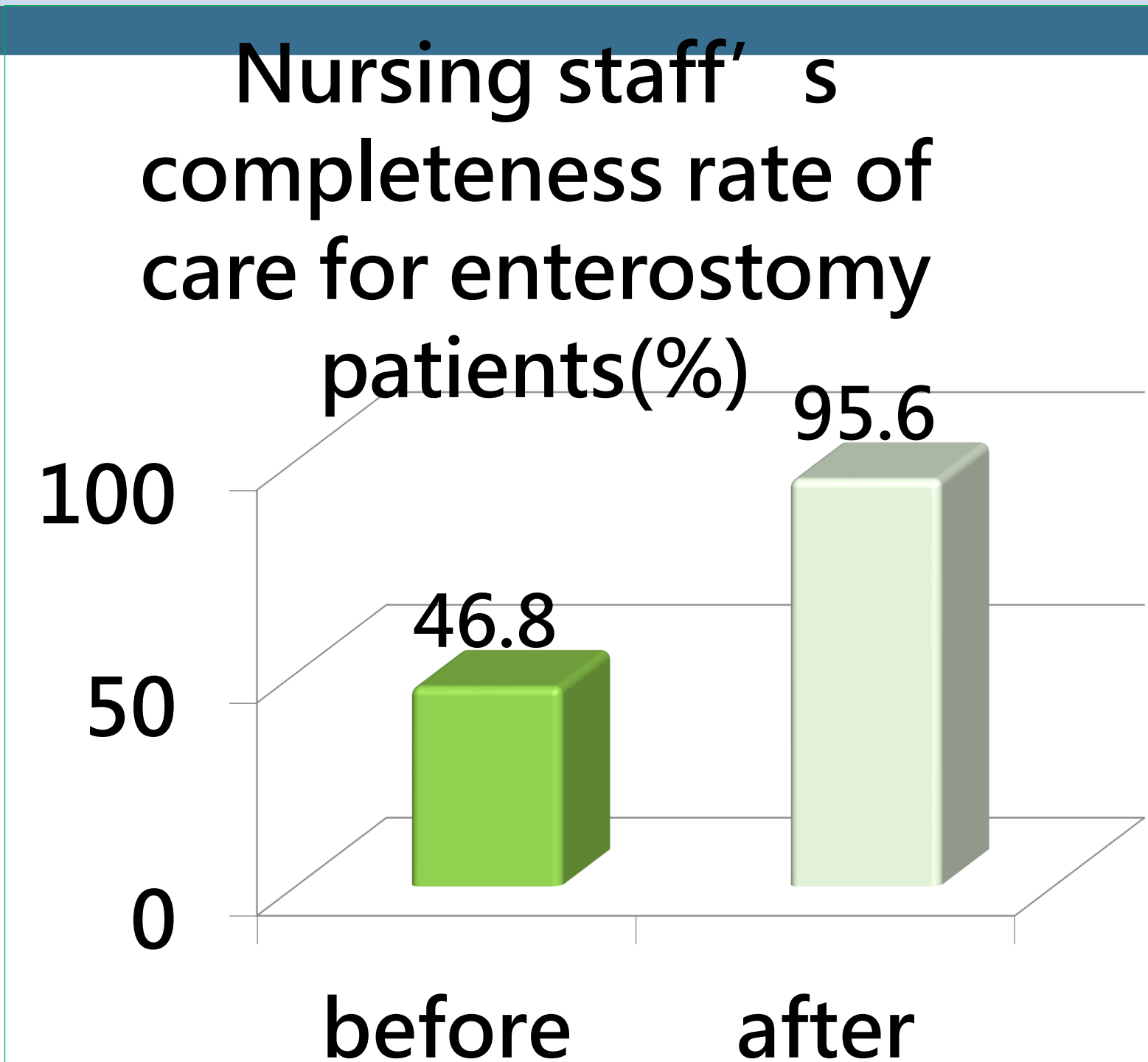
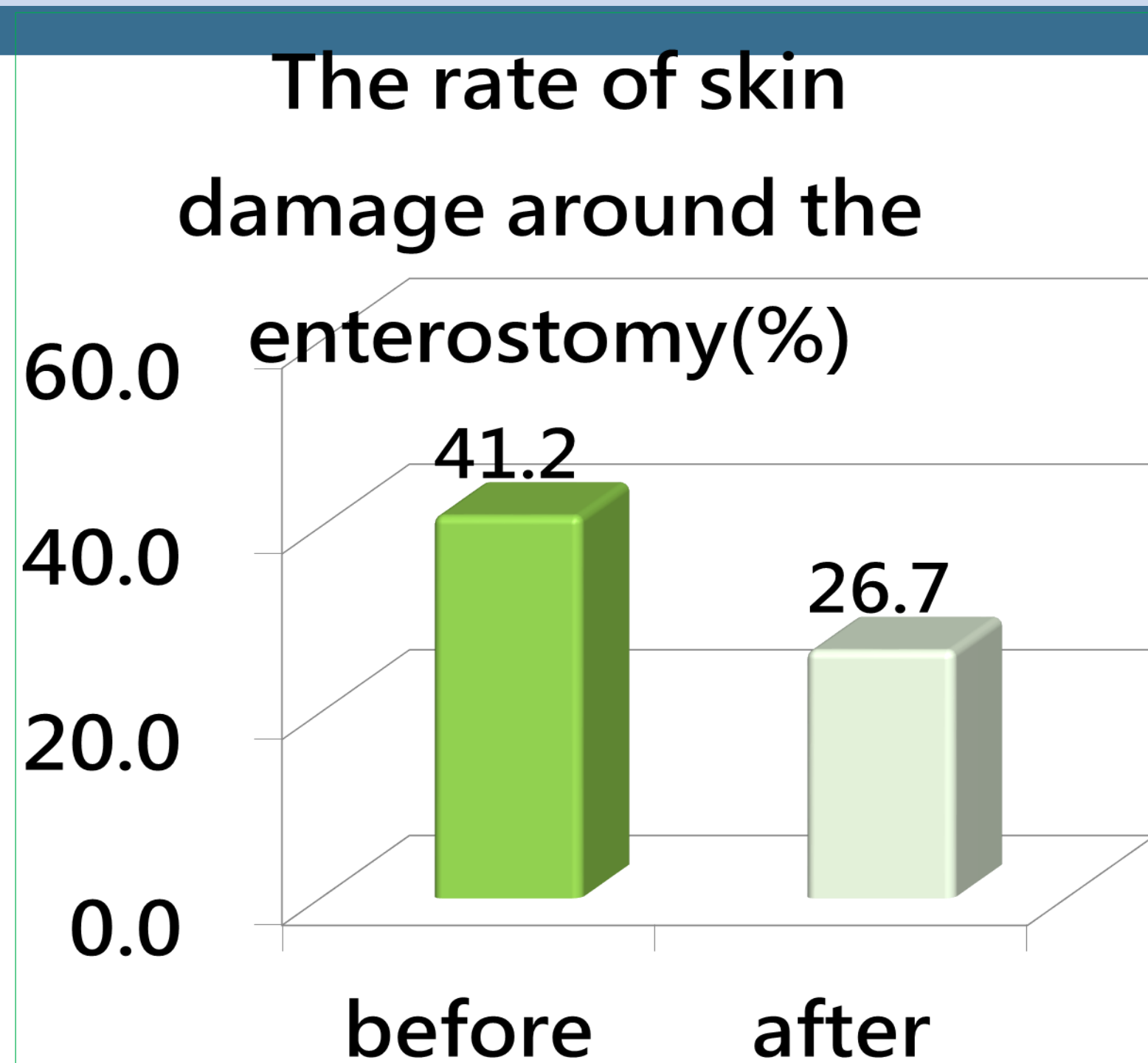
Figure3. Level-breaking interactivegame process



Figure2. Nursing Guidance Tools

Figure 4. Enterostomy model

RESULTS



METHOD

According to the investigation, the skin damage rate around the enterostomy of patients reached 41.2%, mainly because the medical staff did not provide nursing guidance tools and the content and methods of the nursing guidance were inconsistent; the nursing guidance leaflet was incomplete and not updated, and the content of the video did not conform to the current situation; the nursing guidance The process is incomplete, there is a lack of feedback mechanism, caregivers practice too few times, and there is too much content to remember, etc. Improvement measures:(1)Revise stoma care guidance tools (Figure1,2) ; (2)Plan level-breaking games(figure3,4) ; (3)Develop stoma care standard procedures(Figure 5) ; (4)Enterostomy care workshops for nursing staff.

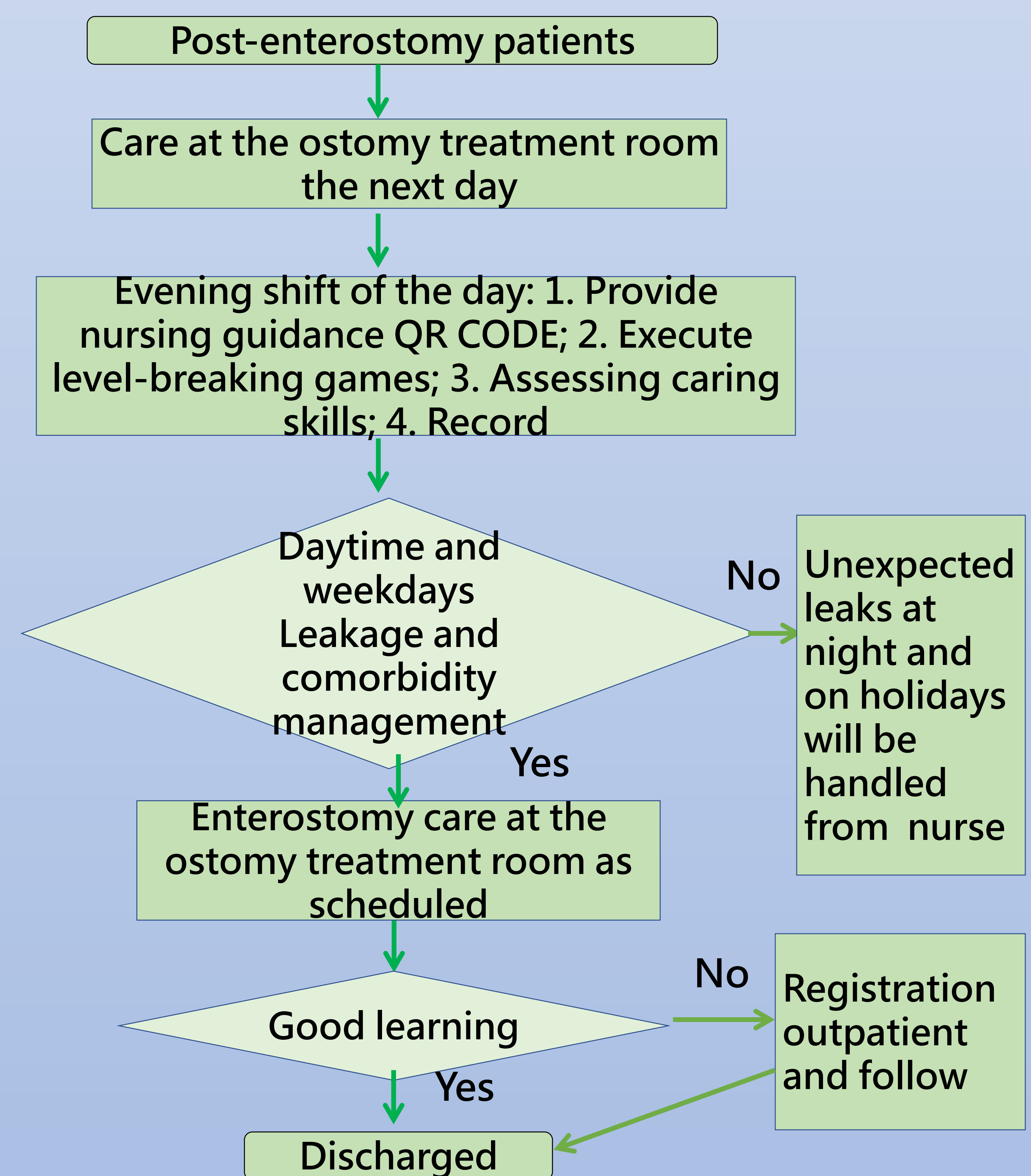


Figure 5. Enterostomy care standard

CONCLUSIONS

The patient's skin condition around the enterostomy changes at any time, questions may still arise after returning home that cannot be solved immediately. Based on the principle of continuous care, it is recommended to add an information-based health education platform to achieve the effect of nursing guidance. This project uses multiple The nursing guidance tool improves the care skills of patients and their families, effectively prevents skin damage around the enterostomy, and reduces the patient's physical and psychological pressure and financial burden.