

IMPROVEMENT PROJECT FOR PATIENT CARE INSTRUCTIONS PROVIDED BY NURSING STAFF FOR BREAST CANCER SURGERY PATIENTS

ISQUA-P044

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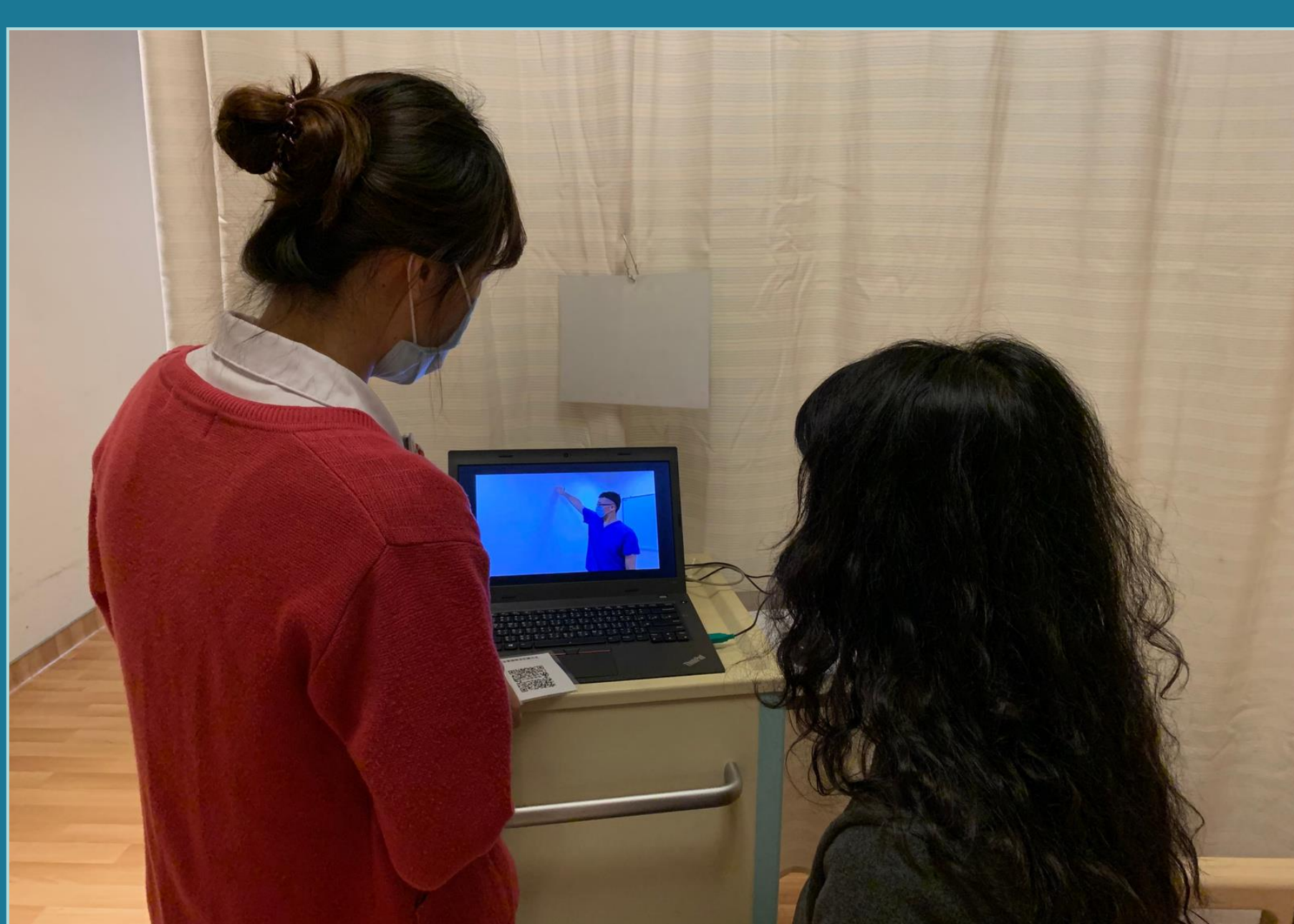
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INTRODUCTION

Breast cancer patients are prone to numbness and pain in the upper arm, limited movement of the shoulder joints, and serious outcomes of lymphedema post-surgery. Nursing staff should provide comprehensive nursing instructions such as postoperative wound care and rehabilitation exercises without delay to patients and their family members, which in turn reduce anxiety and the occurrence of postoperative complications. The completeness of breast cancer surgery instructions performed by the nursing staff in this ward was only 71.9%.

METHODS

After analysis the reasons were as follows: Individual demonstrations for rehabilitation exercises are time-consuming, steps for emptying the drainage tube are complicated, lack of standard operating procedures and auditing systems, patient progress not properly handed over during change of shift. The improvement plan includes the following: Formulate standard operating procedures and auditing system for patient care instructions in post breast cancer surgery patients, develop a nursing instruction items change-of-shift report sheet, record nursing instruction videos and create QR codes, provide information booklets.



RESULTS

After the implementation of the measures, the completeness of breast cancer surgery patient care nursing instructions performed by nursing staff has reached 100%, and the rate of patients' correct understanding of nursing guidance instructions has increased from 64.9% to 97.3%.

CONCLUSION

This project not only effectively improved patients' self-care ability but also benefited work efficiency and quality of health care.

