

Caring for a Hemodialysis Patient Afflicted with COVID-19 : Nursing Experience

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INTRODUCTION

This article focuses on a long-term dialysis patient diagnosed with COVID-19 and isolated in the hospital. The patient displayed significant anxiety, frequently asking about test results and expressing concerns about his family and the stigma of his illness. He worried about being alone during dialysis and was dissatisfied with hospital food.

METHOD

Developing a supportive nurse-patient relationship through empathy and companionship. Providing accurate and timely information to alleviate anxiety. Using electronic devices for video calls with family to offer psychological support. Allowing family to deliver preferred food items, managed by nursing staff. Monitoring vital signs and promptly addressing machine alarms to ensure patient comfort.

RESULTS

The patient weight increased, indicating better nutrition. He stayed calm during dialysis alarms, managing minor issues independently. He engaged actively with doctors and showed resilience with abnormal test results. Additionally, he enjoyed family video calls and felt supported by neighbors, highlighting positive family interactions.

CONCLUSIONS

COVID-19 presents significant challenges, particularly for isolated patients. Assisting patients with electronic devices and communication apps to alleviate anxiety. Providing consistent updates on health conditions to reduce fears. Facilitating video consultations and family conferences to keep patients and families informed about health status and prognosis.