



A qualitative study on the attitudes of nursing staff in long-term care institutions for preventive foot care for the elderly

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INTRODUCTION

According to the survey results of the Ministry of Health and Welfare of my country in 2019, more than 80% of the elderly over the age of 65 have foot problems, and 16.41% of them complain of decline in lower limb function. The foot health of the elderly has a very important impact on independent living ability and quality of life. How to get proper attention and treatment of foot health is worthy of in-depth discussion. However, the current literature on foot care is mostly based on disease care and lacks preventiveness, especially the attitude of nurses towards foot care is rare, which is worthy of further discussion.

AIM

Through subjective narration, this paper explores the attitudes of nurses in long-term care institutions towards preventive foot care for the elderly, and provides references for policy formulation, education planners and caregivers

METHOD

Qualitative research conducted in-depth interviews with nursing staff in long-term care institutions, and used intentional sampling to collect cases in a snowball manner. There were seven research participants.

CONCLUSIONS

Long-term care institutions, nursing staff have a heavy workload and insufficient training. The staff cannot perform preventive foot care, and often receive additional attention from their families. They neglect to cultivate the nursing staff's ability to care for feet in long-term care institutions. Nurses in long-term care facilities must thrive from the shock.

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RESULTS

The interview data were processed by content analysis method and summarized into five major themes:

- (1) Nurses are responsible for foot health assessment of individual cases, and cleaning and maintenance are performed by care attendants
- (2) Institutions are not treatment, but follow-up care. Getting to the doctor
- (3) Feeling fulfilled and trusted
- (4) Uncomfortable parts
- (5) Powerless



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