



DISCUSSION ON THE PRESSURE AND COPING BEHAVIORS OF NURSING STAFF IN CARING FOR PATIENTS WITH CORONAVIRUS PNEUMONIA

H. Y. Lin ¹

¹Nursing, Far Eastern Memorial Hospit, New Taipei City, Taiwan

Objectives

The purpose of this study is to explore the stress and coping behaviors of nursing staff in caring for patients with Coronavirus pneumonia.

Methods

Using the "Hospital Anxiety and Depression Scale, HADS", a total of 14 items are used, which are divided into two subscales for anxiety and depression. The internal consistency of the two scales is Cronbach's at .74 for anxiety and .70 for depression.

Results

The results of the study showed that 6.1% of nursing staff in our hospital with ≥ 11 points were highly anxious and 8.8% were highly depressed in April 2020; while in May 2020, 6.0% were highly anxious and another 6.2% were highly depressed (Table 1). With this result, we cannot rule out the physical and mental changes caused by the slowdown of the epidemic situation in Taiwan since May.

Conclusion

The limitation of this research is that the nursing staff can participate in the research freely, and it is impossible to collect the physical and mental state of the nursing staff in the whole hospital. It is recommended that relevant courses and physical training be included in the annual education and training of each unit, so that there will be no sudden outbreak of emerging infectious diseases and confusion. It is hoped that this research can provide reference for relevant medical institutions.