

# Gender Based Violence, Primary Trauma and, Sustainability and Long-term Effects of Community-based Utilization of the Trauma Resilience & Understanding Self-help Therapy (TRUST) by former Internally Displaced Persons (fIDPs) in northern Uganda: A Pilot Study

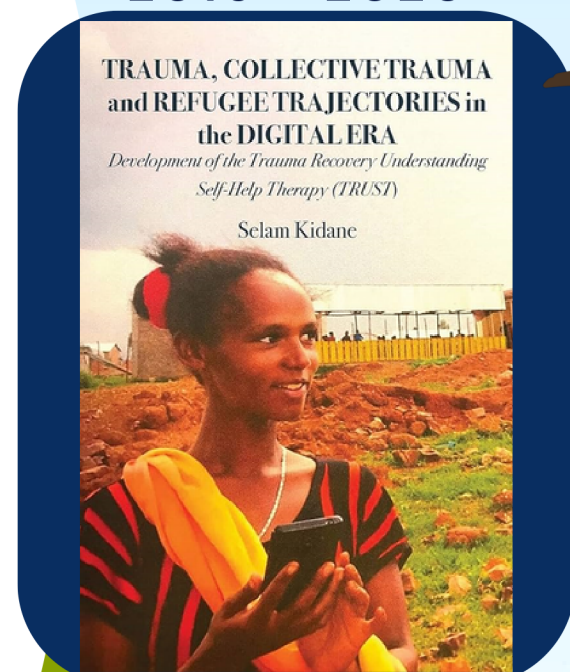
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2016 - 2020



2020 - 2022



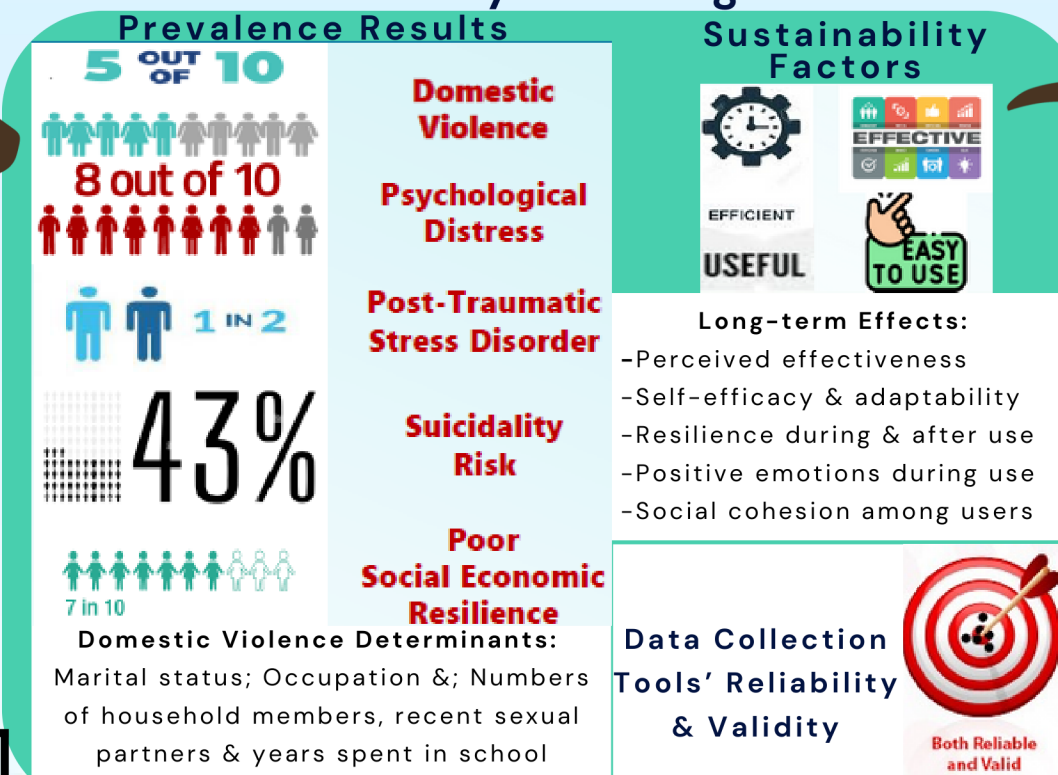
- A prospective community-based controlled Research Study among fIDPs
- Sought & obtained REC Approval for Research Study
  - Planned for Pilot Study of approved Research Study

In November, 2022



- Conduction of community entry meetings in Lira district
- Conduction of a mixed methods descriptive cross-sectional Pilot Study in fIDPs of Ogur subcounty in Lira district, northern Uganda
  - Pretesting Data Collection Tools

## Key Findings



## Next Steps



- Conducting Main Research Study due to confirmed feasibility
  - High prevailing levels of study outcomes
  - Data collection tools locally adapted & amply reliable & valid

- Development of TRUST tool
- Training the 1st female fIDP cohort in community-based TRUST usage in Lira district, northern Uganda
  - Self-management of Primary & Collective Trauma using TRUST

- Quantitative results in TRUST-naïve fIDPs
  - Prevalences of pilot study outcomes
  - Determinants of Domestic Violence
- Qualitative results in TRUST-trained fIDPs
  - Sustainability Promoters of TRUST usage
  - Long-term Effects of TRUST usage