

Validated interventions

- Therapy for asylum seekers diagnosed with PTSD
- Art therapy
- Health education
- Cultural interview
- Mindspring (i.e. peer-support)

The Dutch Situation

Psychiatrist
Primary Physician

Asylum

Recovery Oriented

Psychotherapy

Social worker
Community Mental Health
Worker
Nurse

Psychotherapist
Psychologist
Family Therapist

Permit

Psychopharmacotherapy
Creative/ Psychomotor
Therapy