



Is having national health insurance protecting youth from out-of-pocket payments? A study of youth healthcare-seeking behaviour in the Special Region Of Yogyakarta (DIY) in Indonesia.



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Research Gap



- Youth is a missing population in the healthcare system on the path toward Universal health coverage.
- Little is known regarding their health seeking behaviours (HSB).
- The research explored which factors affect youths' HSB and its connection to out-of-pocket payments (OOP)

Methods

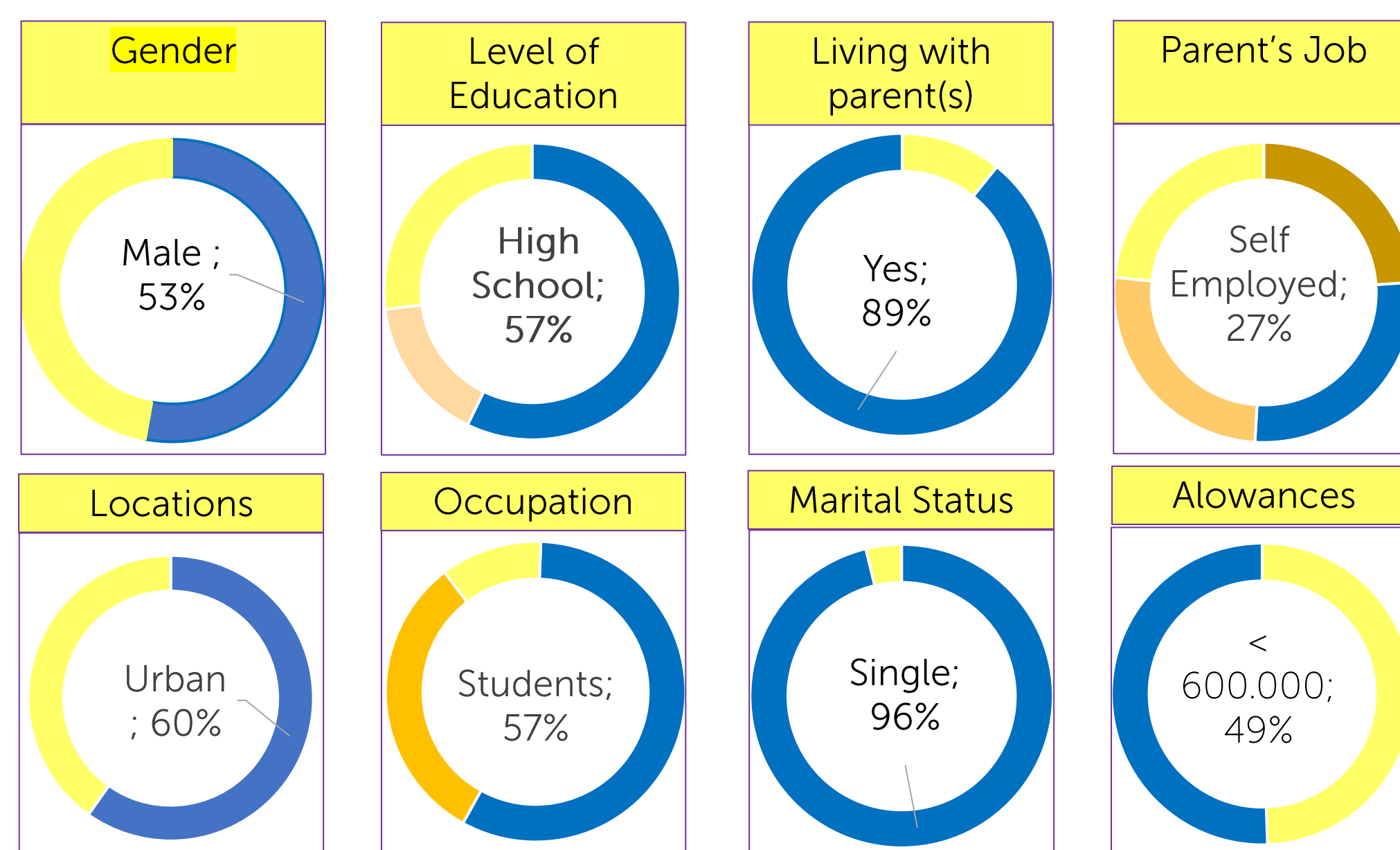
A Mixed Method Study: Explanatory Approach

A household survey - Stratified sampling based on locations and age categories: 1317 Youth

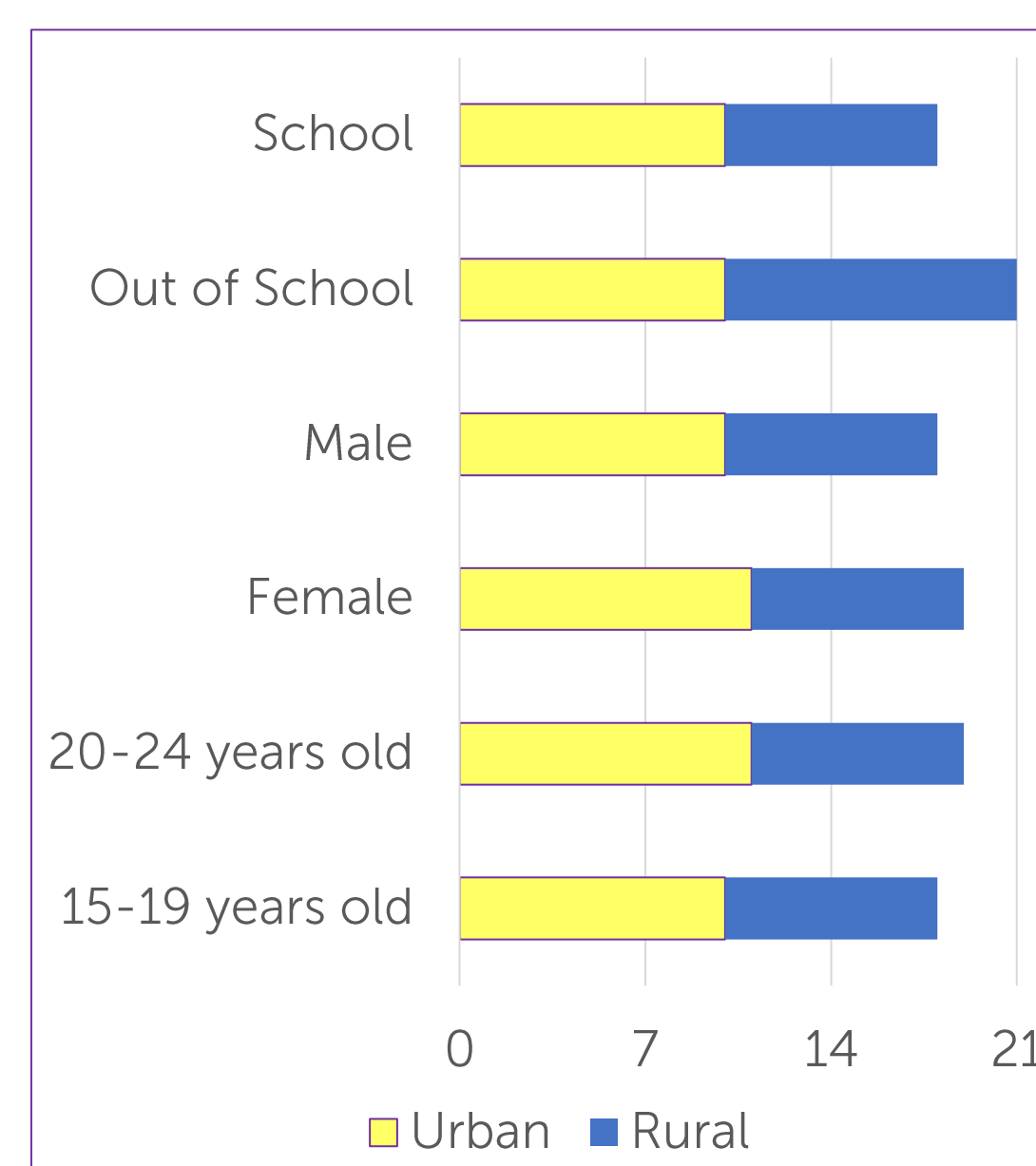
37 In-depth Interviews, Including Students (School) and not a student (Out of School).

Project implementation was during August 2019, : Jan 2020 in the Special Region of Yogyakarta (The region of Indonesian Education)

Participant Characteristics

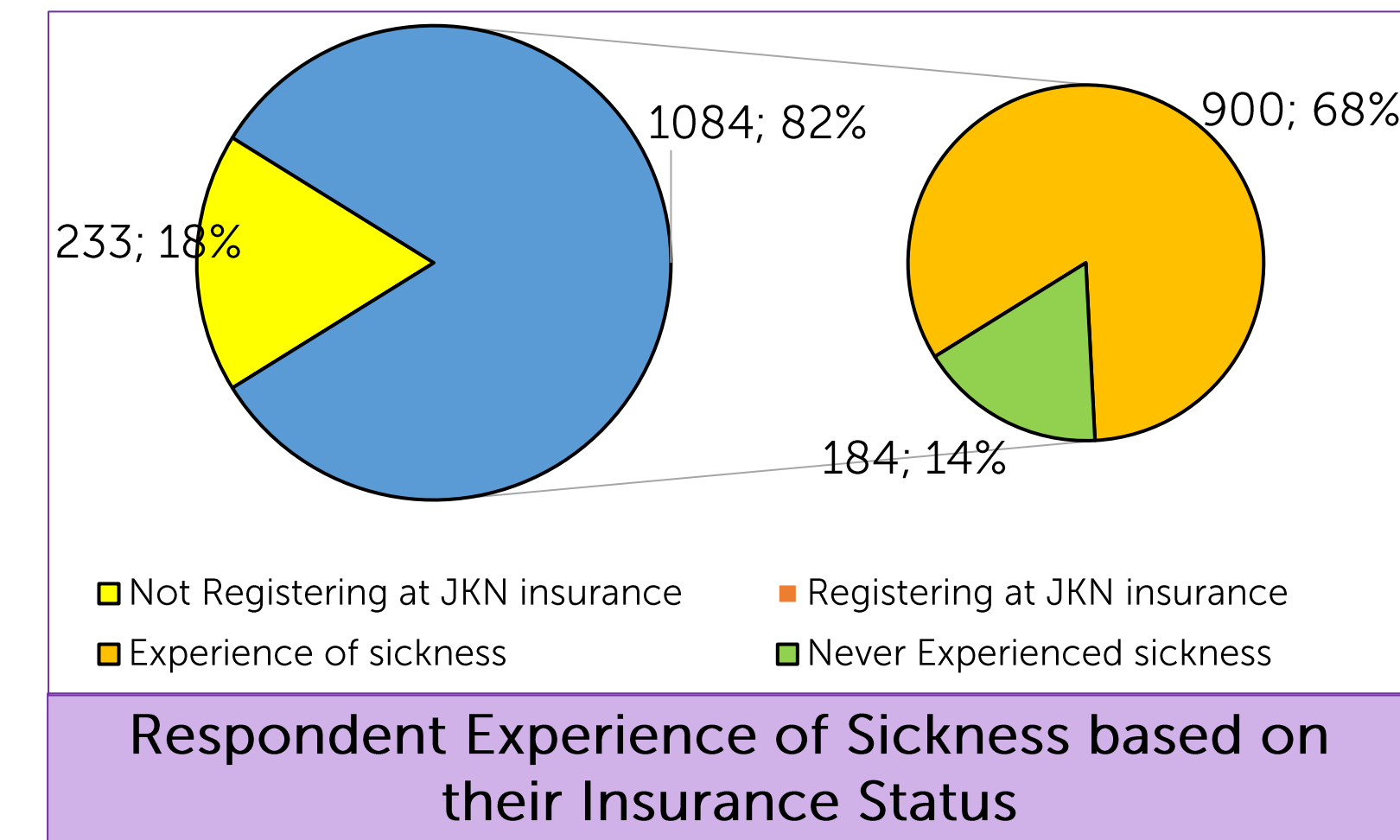
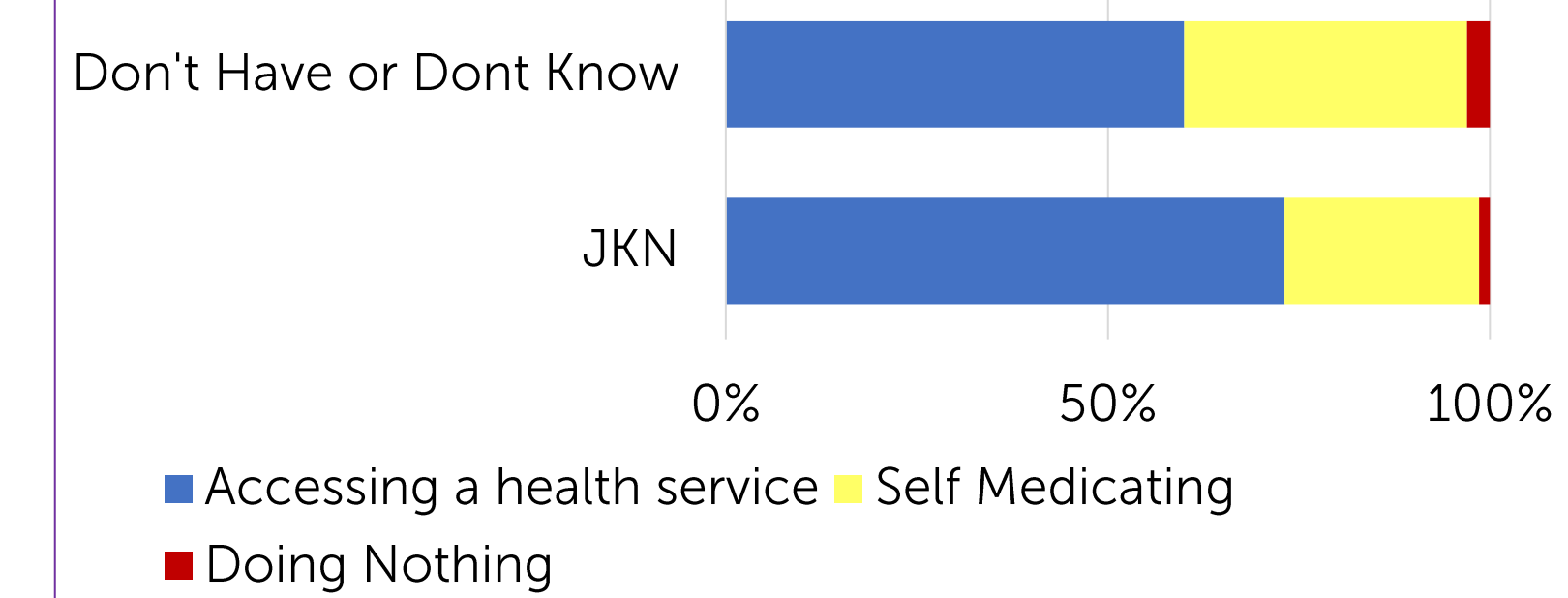


Survey Respondents(1317)

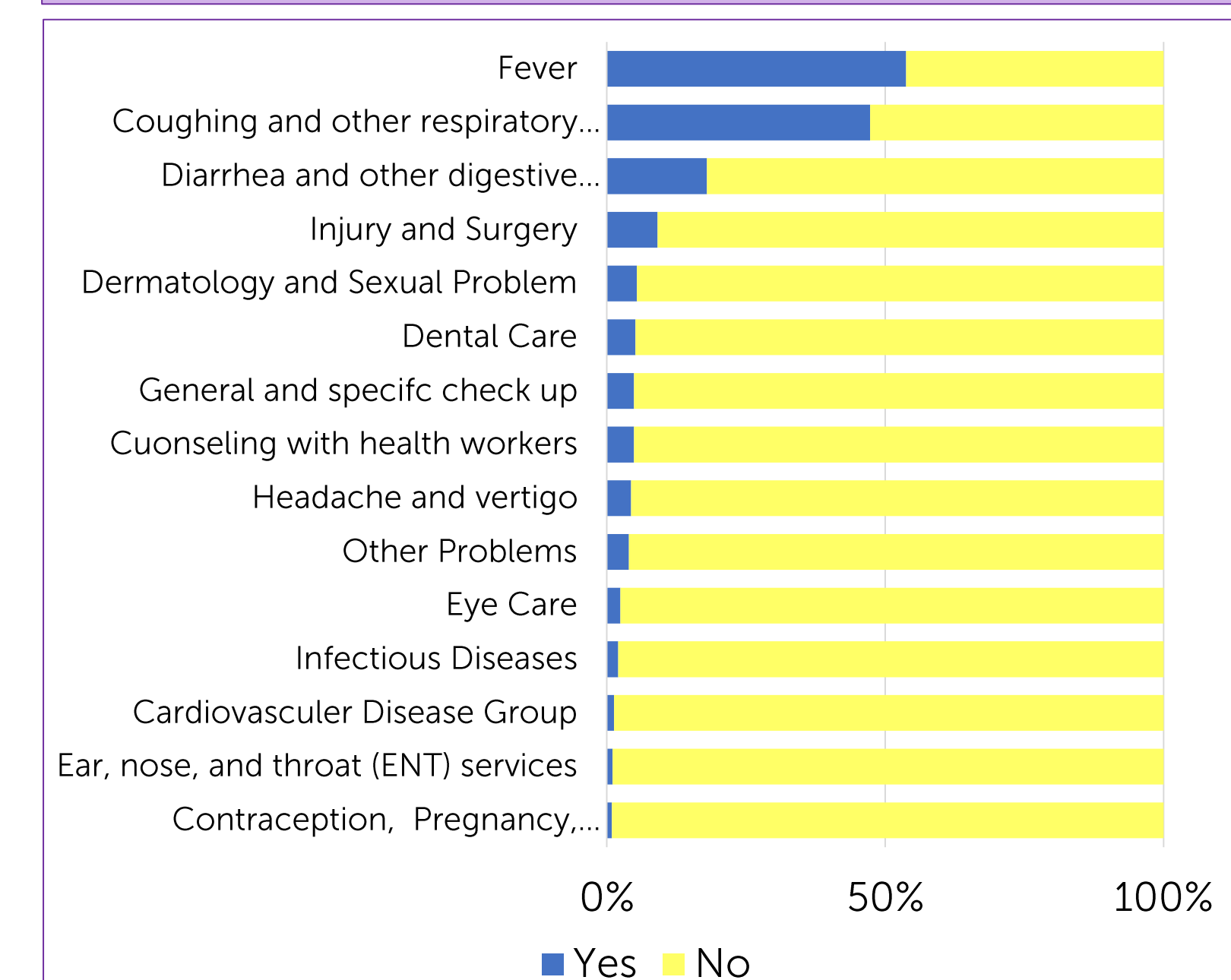


Interview participants ((37)

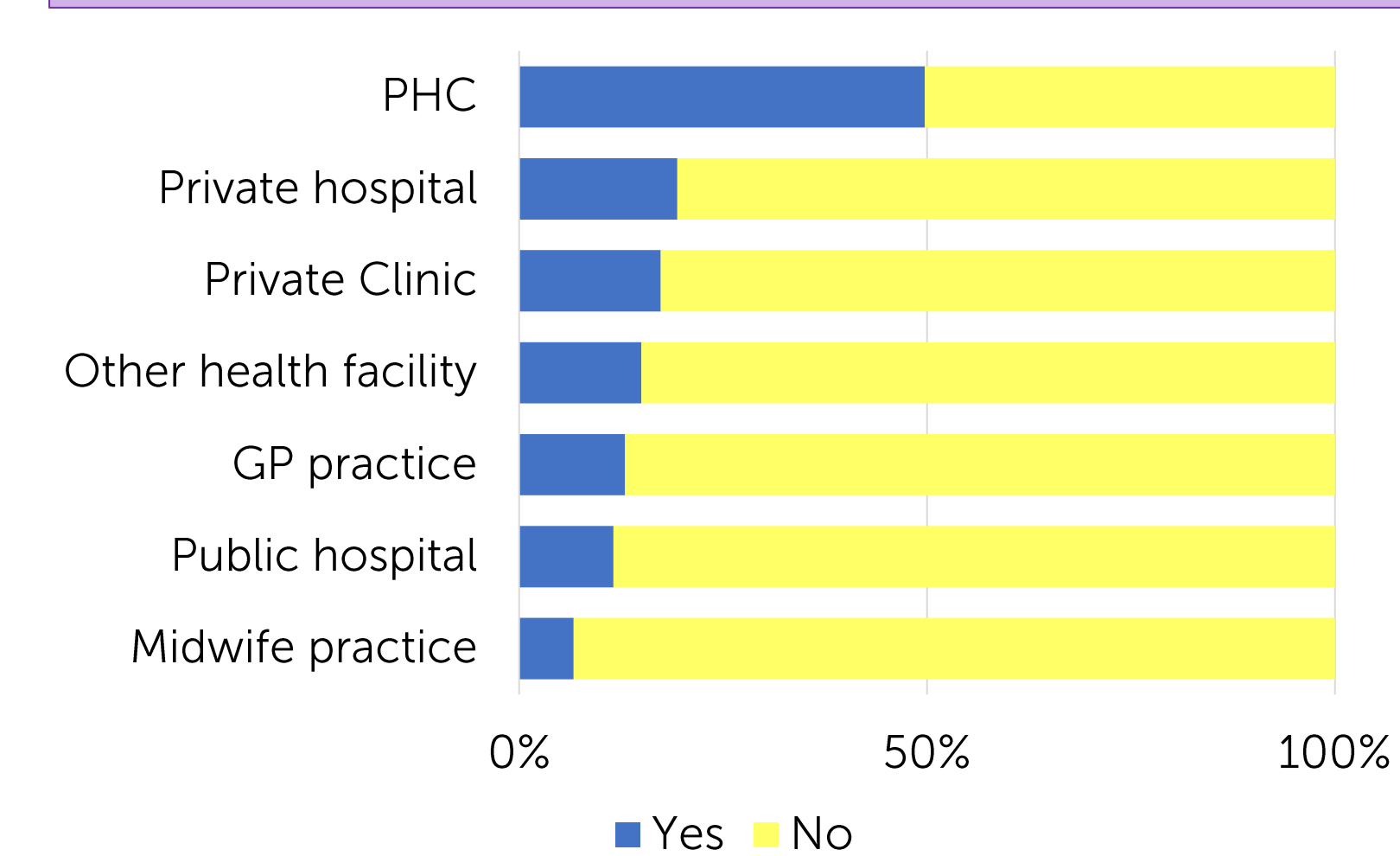
Quantitative Findings



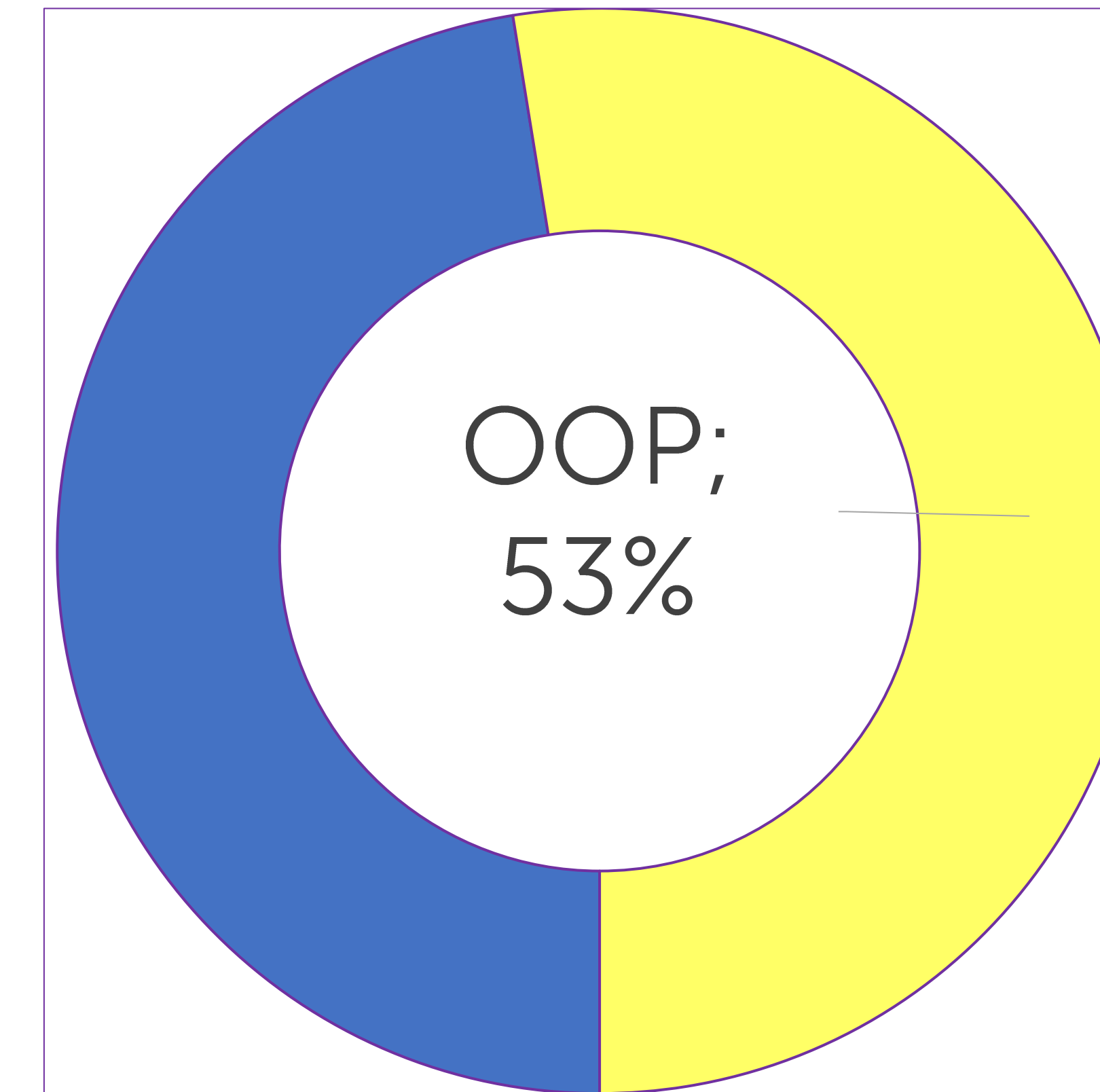
Health Seeking Behaviours



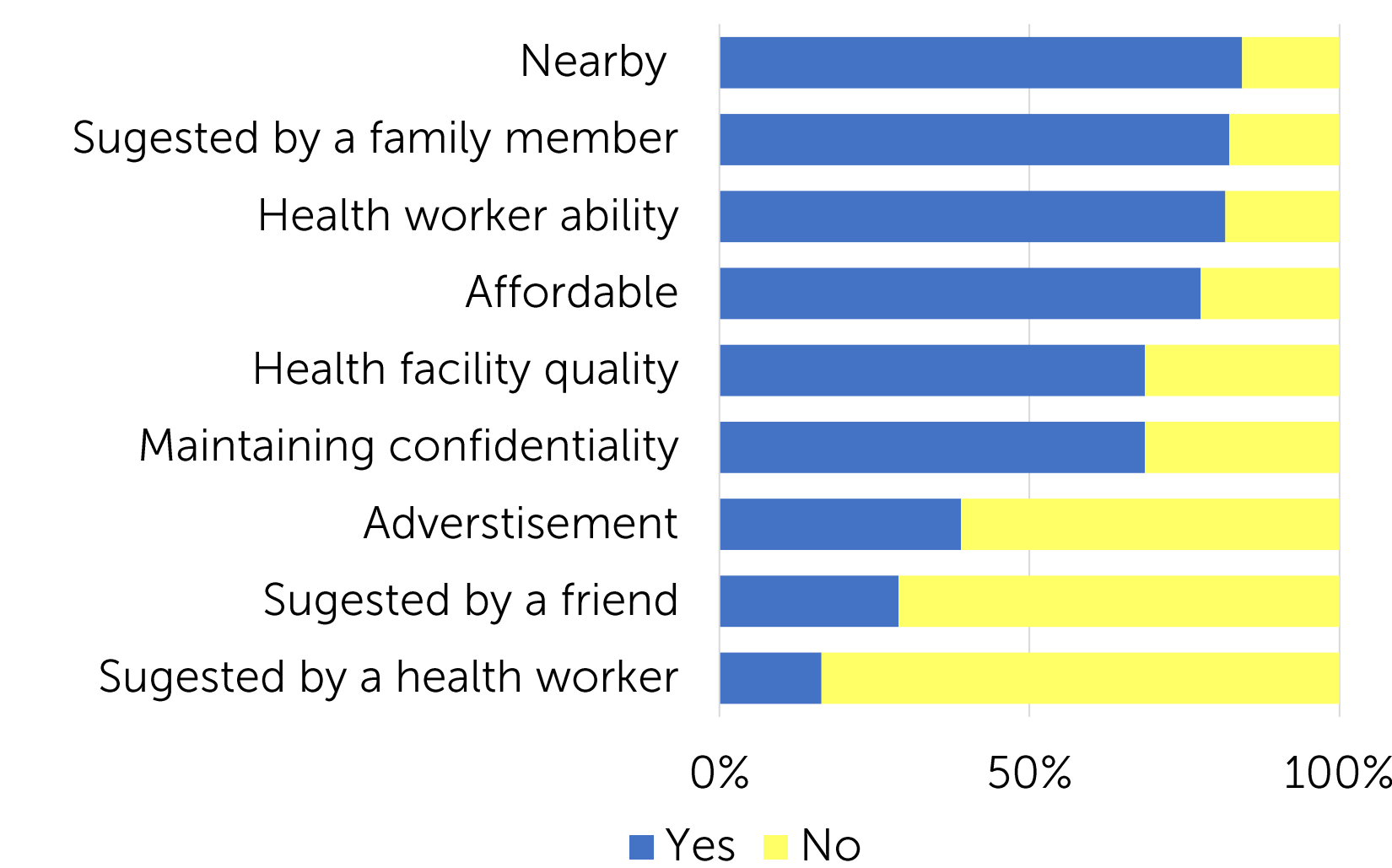
Types of Health Problems



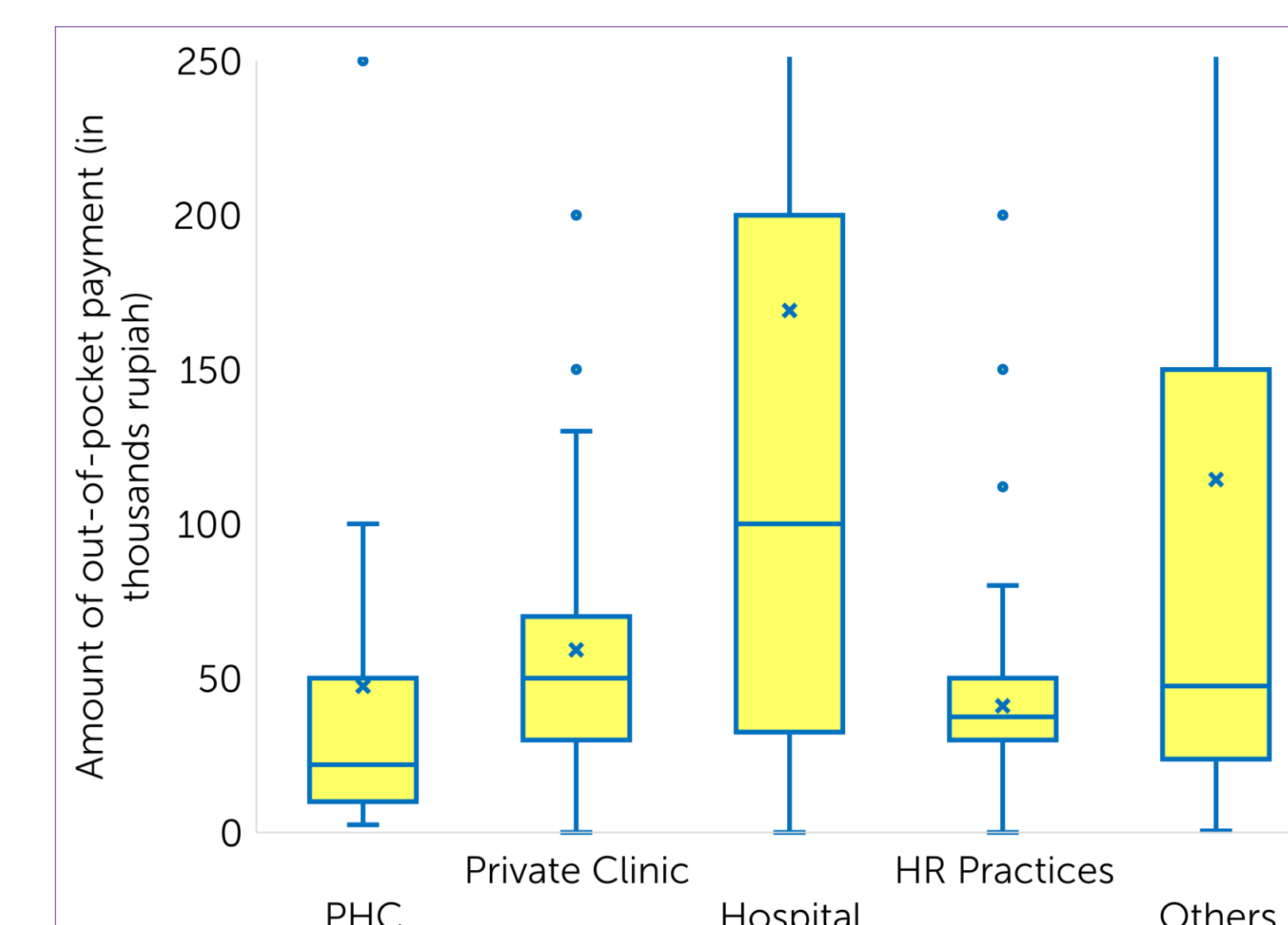
Accessing a health Provider



Payment method

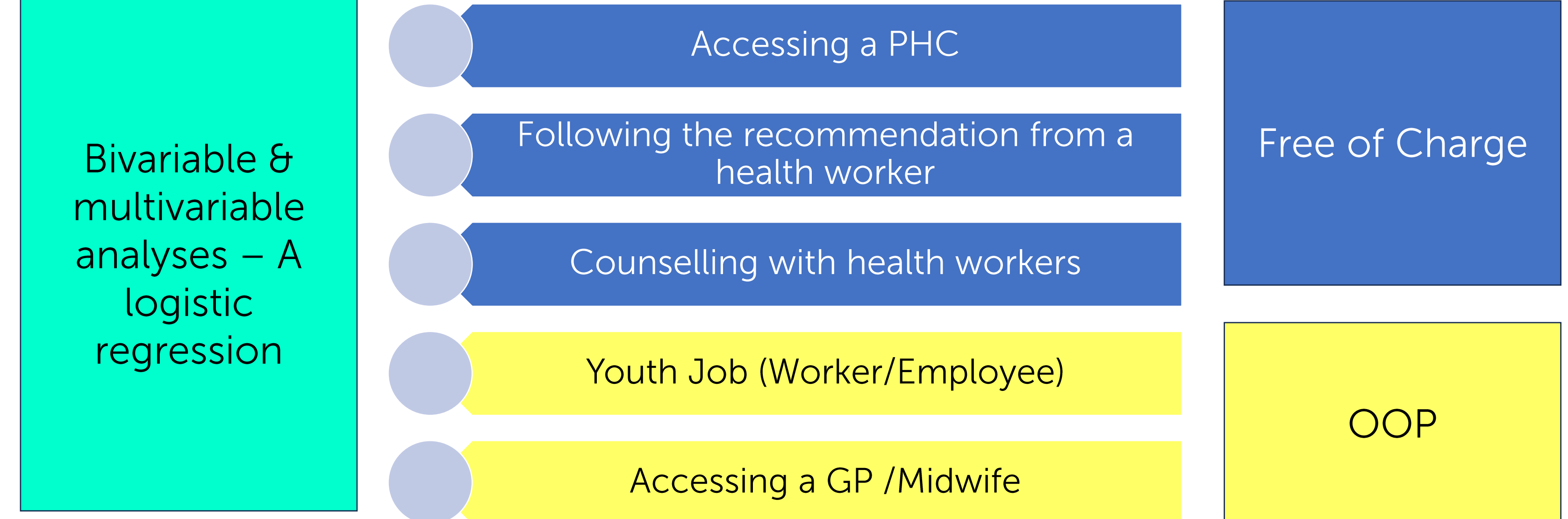


Reason for accessing Health Providers



Health service costs

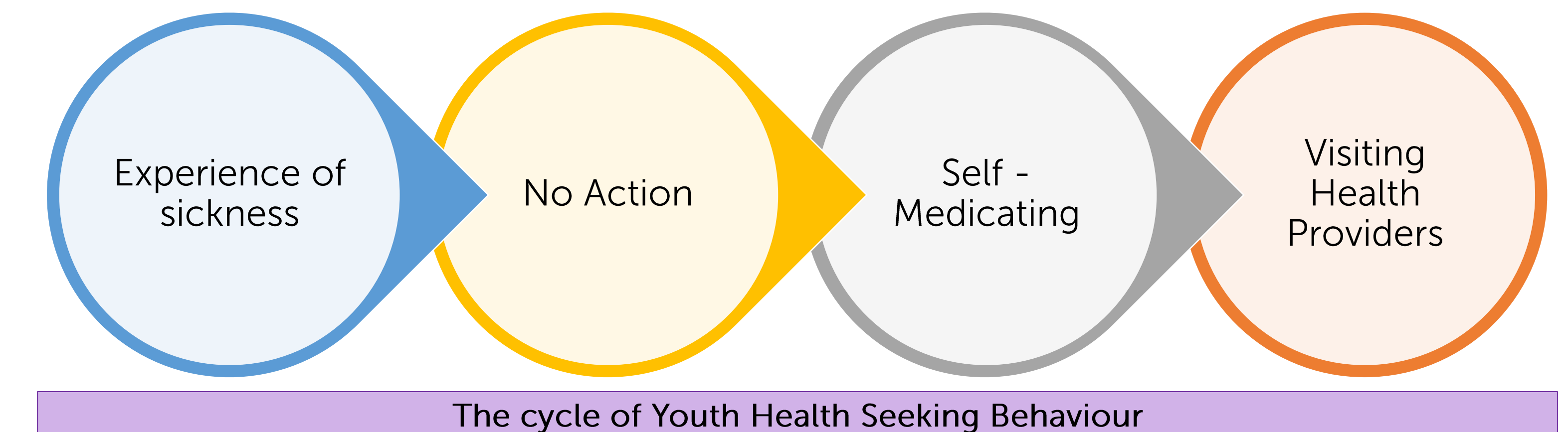
Statistical Analyses



Qualitative Findings

"Because of my age, they[youth] thought that by getting together and playing with friends, would definitely get better. It's more fun, you know, hanging out with friends, and you won't feel the pain anymore, even though it's still there". (Rural – Female- Out of school)

"I once accessed health services in a Primary Health Centre from 7 am and finished at 12 noon. I feel the service is quite okay, but the waiting time is very long. If I'm sick, I am better to go to the nurse or the pharmacy." (Rural – Male - In School)



Discussion

- Enrollment in the national health insurance scheme did not protect the youth from OOP payments in DIY.
- Teenagers' impatience was the cause of the out-of-pocket payments
- Ensuring easy access, including shortening waiting time in PHCs, is essential in strengthening youth motivation to access the PHCs.



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