

Ulcer free survival days

AUTHORS

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A clinically relevant outcome measure and its translation to daily practice in wound care of Diabetic patients

01. Introduction

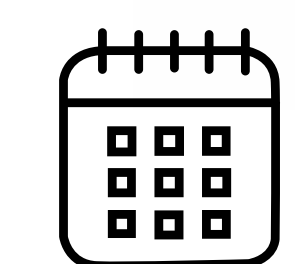
- Ulcer-free survival, also expressed as ulcer-free days (UFD), has been described in recent literature.
- However, it is rarely used as a primary endpoint to evaluate treatment effectiveness and sustained wound healing.
- In patients with diabetic ulcers, the incidence of ulcer recurrence and new-ulcer formation is high.
- Therefore, assessment of healing using a more sustainable and longitudinal outcome measure is needed.



02. Objective

Aim: To prospectively investigate the UFD in the diabetic foot ulcer population of a specialized wound expertise center

03. Methodology



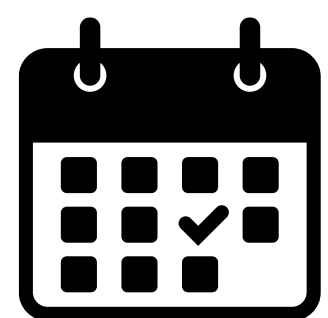
Study design
Prospective study



Population
All diabetic foot ulcers presented to the clinic during 2023-2024



Inclusion
Wounds + Diabetes

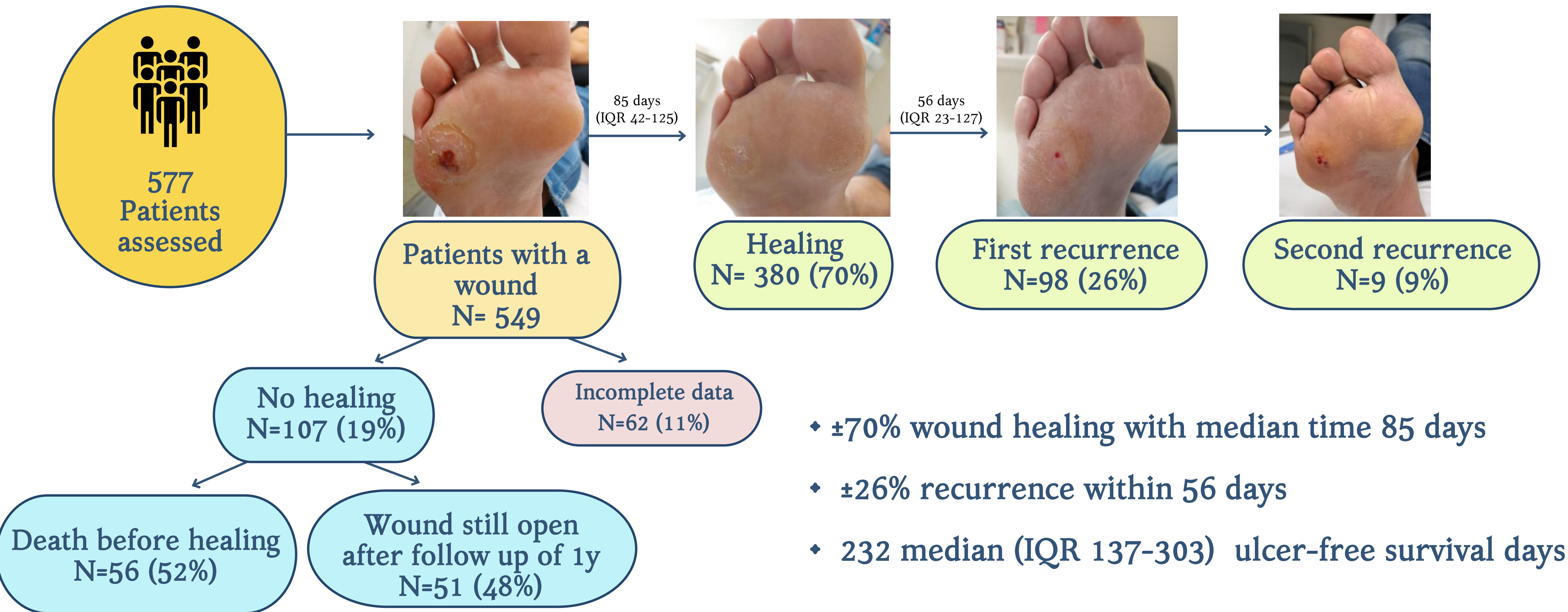


Follow-up
12 months



Primary outcome
Ulcer free survival days (UFD)
= days alive and ulcer-free

04. Results



05. Conclusion

If we truly want to improve patient outcomes. We should stop asking ‘Did the wound heal?’ and start asking “How long did the patient stay ulcer-free?”



ULCER-FREE SURVIVAL

232 days out of 365

1. PATIENT-CENTERED OUTCOME
2. INCLUDES RECURRENCE
3. REFLECTS TIME