



# Delivering High-Volume Multidisciplinary Diabetic Foot Care: The Madhira Mega Camp Experience

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## Background



Diabetic foot disease remains a leading cause of preventable morbidity and amputation worldwide.



In low resource settings, access to timely, specialist, multidisciplinary care is limited.



Innovative, scalable care delivery models are required to address the growing burden.

## Aim



To deliver free, comprehensive, multidisciplinary diabetic foot care at high volume through a structured, efficient, patient centred, one day mega camp model.

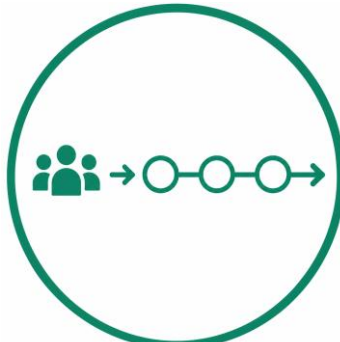


## Methods

A large-scale, single-day, free “mega diabetic foot camp” was conducted on 20<sup>th</sup> January 2026 in Madhira, Khammam district, India.



**Multidisciplinary workforce:** 50 doctors, 50 nurses, and numerous volunteers.



**High-throughput, structured care pathway** to optimise efficiency without compromising quality.



**Comprehensive evaluation** and immediate treatment for all patients.

## Services Delivered



**Holistic diabetic assessment** – optimisation of glycaemic control with on-site provision of medications and comprehensive foot screening.



**Therapeutic footwear** – provision of appropriate footwear to reduce pressure and prevent ulcer recurrence.



**Surgical review** – specialist assessment to identify patients requiring urgent or elective intervention.



**Patient education** – foot care practices, early recognition of complications, and long-term diabetes management.



**Ulcer care services** – wound debridement, dressing, and infection management.



**Physiotherapy** – mobility support and rehabilitation advice for patients.

## Results



2500 patients assessed in a single day



Free medications given to patients to optimise their glycaemic control.



16 patients subsequently underwent operative management



120 patients received ulcer care



130 patients provided with therapeutic footwear

## Impact & Conclusions



This camp demonstrated that coordinated multidisciplinary, high-volume models can successfully deliver comprehensive diabetic foot care in a resource-constrained environment.



Such initiatives have the potential to significantly reduce complications, prevent amputations, and improve patient outcomes, and may serve as a replicable model for similar high-burden regions globally.