



Comparative Chemical Profiling of Essential Oils of *Elettaria cardamomum* (L.) Maton and *Elettaria ensal* Using GC-MS, FT-IR, and Raman Spectroscopy

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Introduction

The detection of adulteration of true cardamom [*Elettaria cardamomum* (L.) Maton] with powdered wild cardamom (*Elettaria ensal*) remains a significant challenge in the global spice trade ¹. Cardamom essential oil (CEO) is a major value-added product of cardamom and its quality is currently evaluated using gas chromatography-mass spectrometry (GC-MS), thin layer chromatography (TLC), and trained panelist evaluations, which are limited by lengthy sample preparation, low sensitivity, and subjective bias¹.

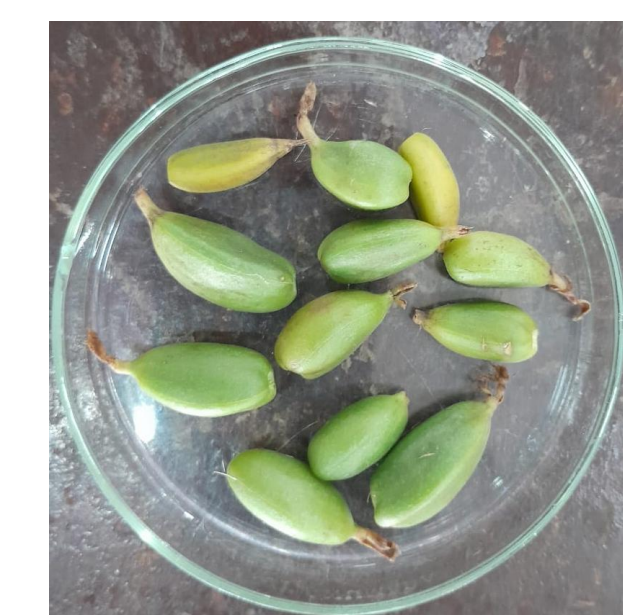


Figure 1: wild cardamom (*Elettaria ensal*)

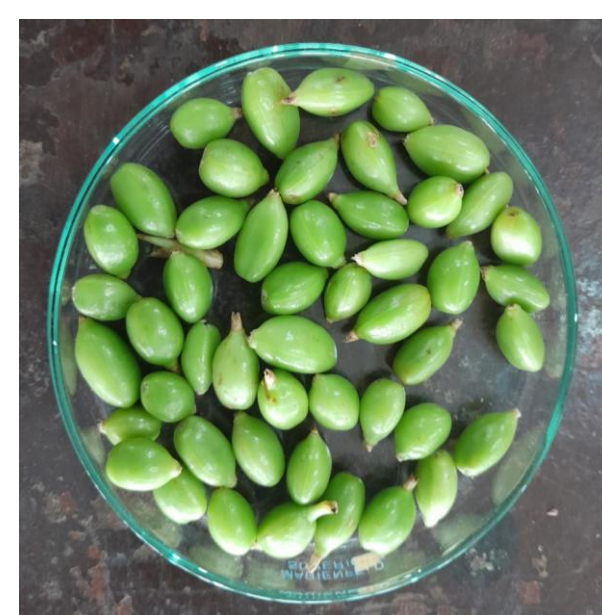


Figure 2: True cardamom [*Elettaria cardamomum* (L.) Maton]

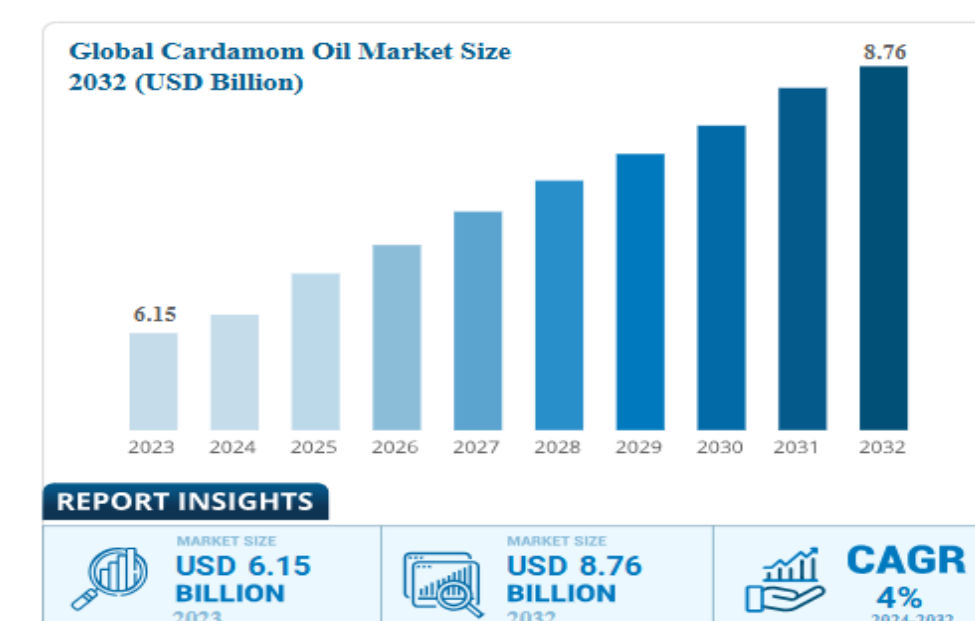


Figure 3: Global cardamom oil market value and its expected growth

Objective

To evaluate Fourier-transform infrared spectroscopy (FT-IR) and Raman spectroscopy as alternative analytical tools for differentiating the essential oils (EOs) of true cardamom (TC) and wild cardamom (WC) validated against GC-MS.

Methodology

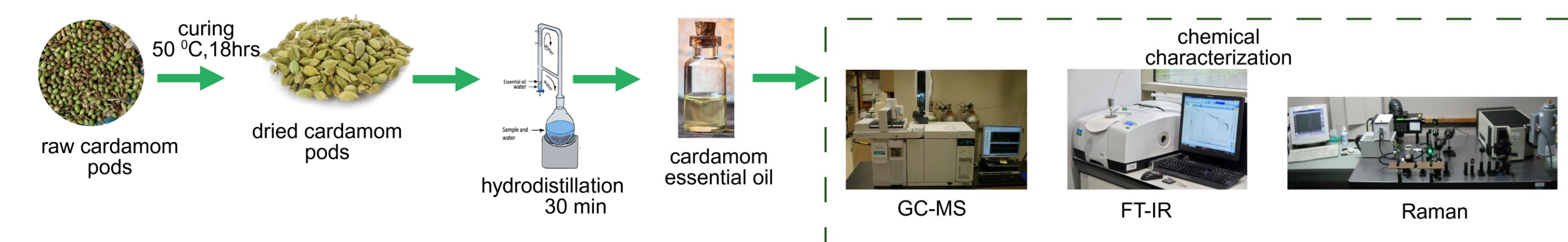


Figure 4: Schematic workflow of cardamom essential oil extraction and multi-spectroscopic characterization

Extraction of CEO: Raw cardamom pods were cured at 50 °C for 18 hrs. Ground cardamom were subjected to ultrasound-pretreatment at 50 Hz for 30 min, followed by hydrodistillation for 30 min to obtain the essential oil.

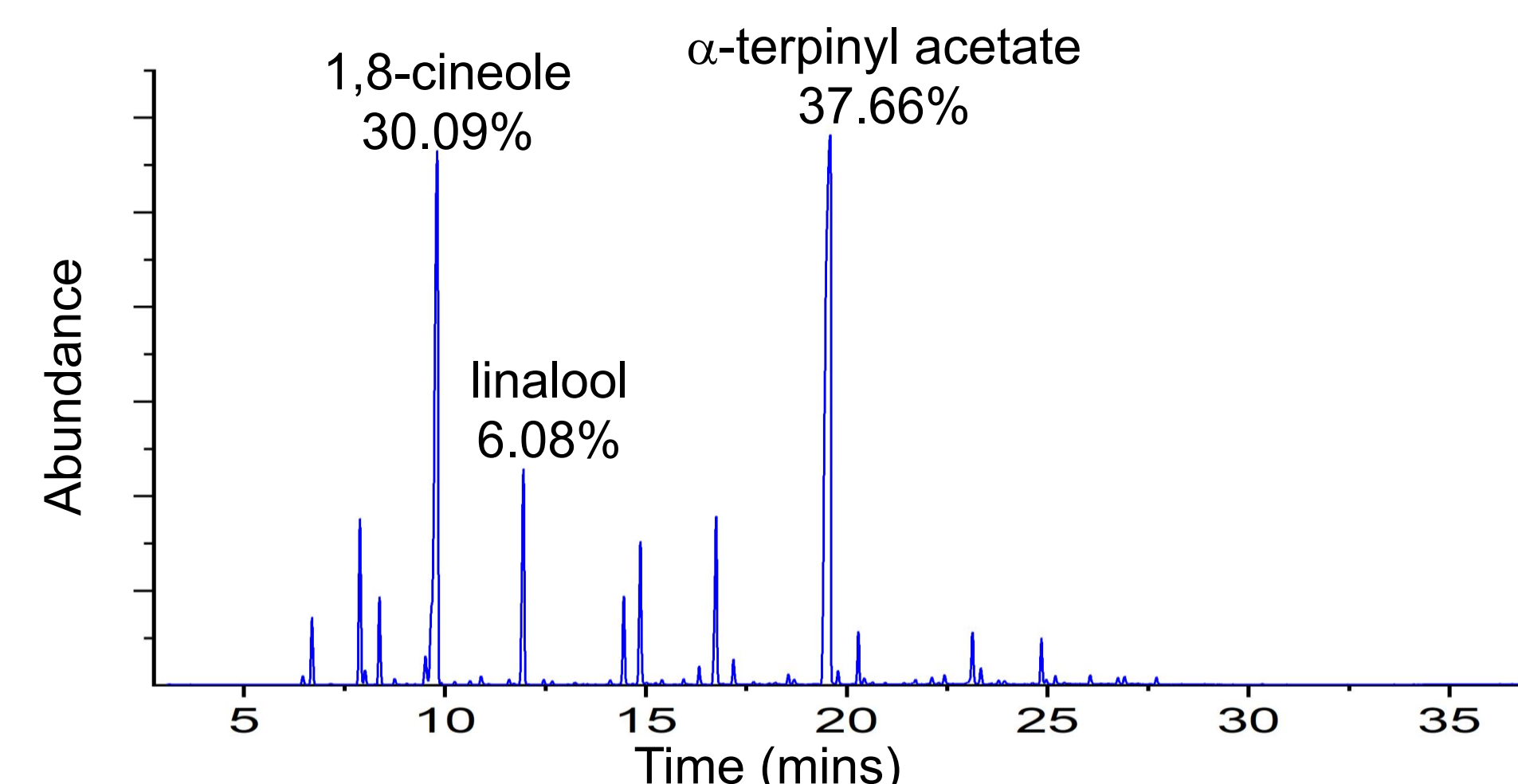
Chemical characterization: The extracted CEO was characterized using GC-MS, FT-IR and Raman spectroscopy, and the resulting spectra were qualitatively compared.

Results

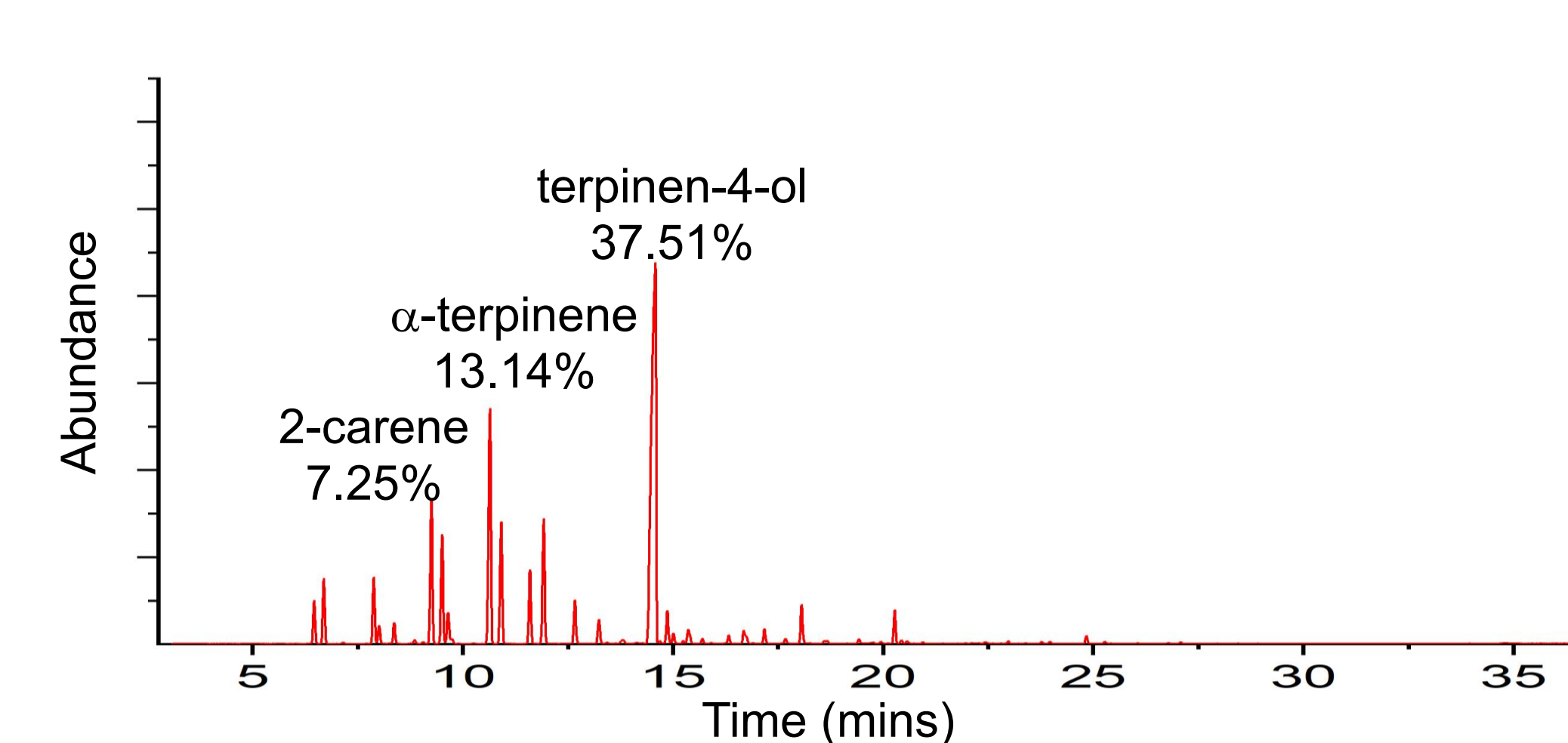
True cardamom essential oil (TCEO)

Wild cardamom essential oil (WCEO)

Gas chromatography-mass spectrometry (GC-MS)

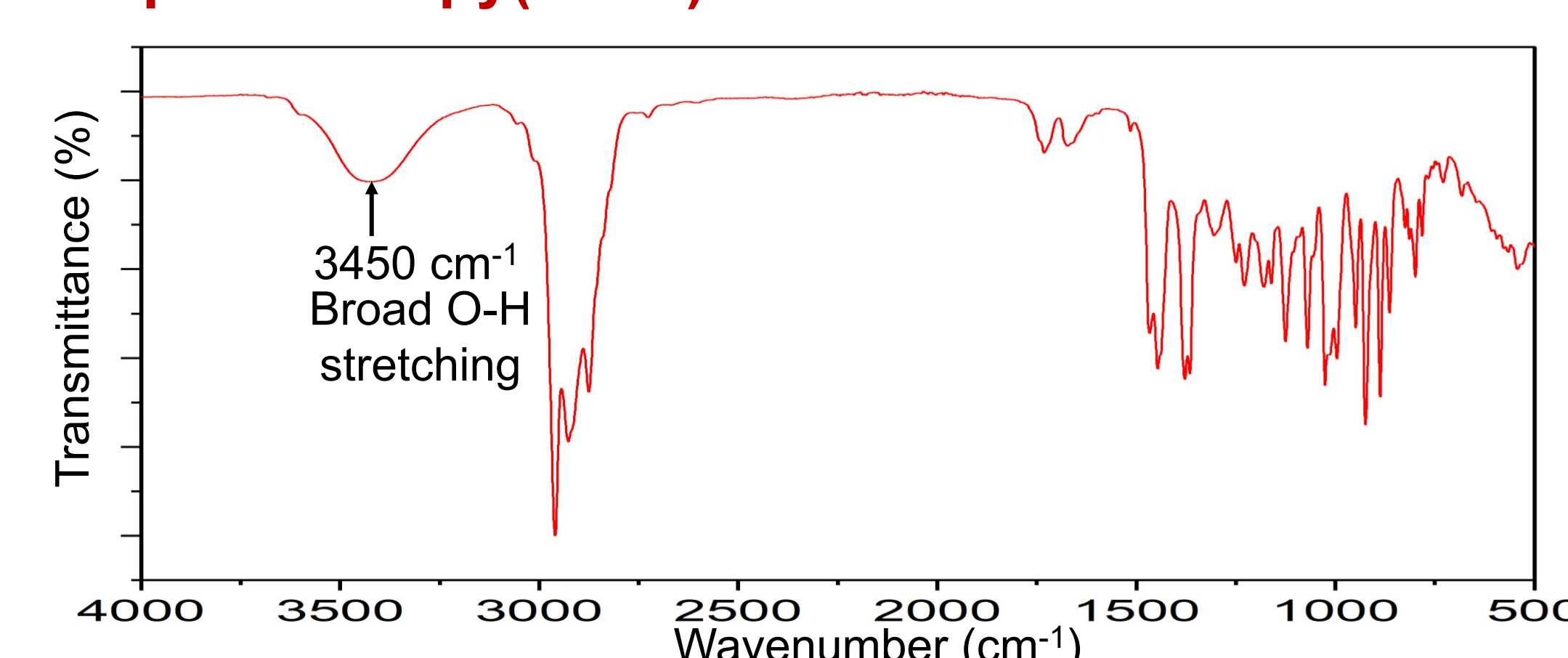
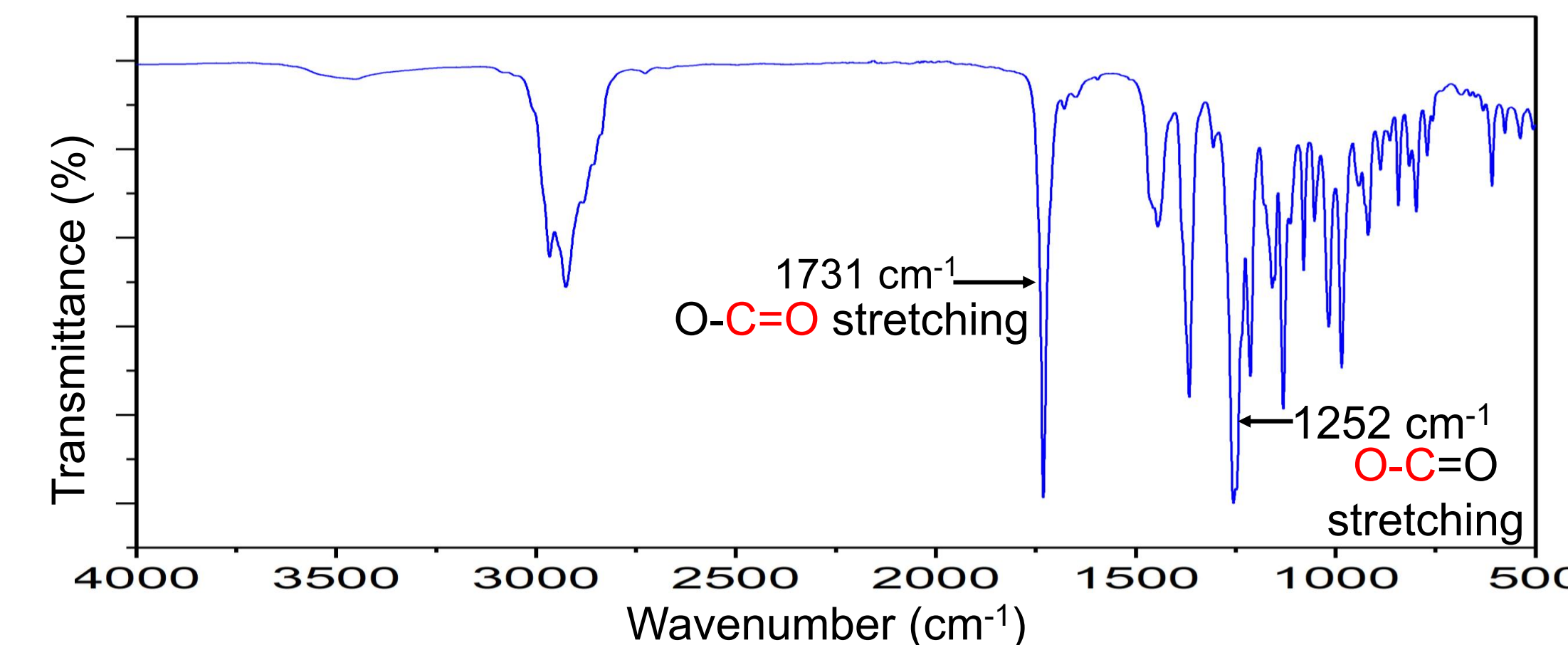


Terpenes (%)	Terpenoid alcohols (%)	Terpenoid esters (%)	Terpenoid aldehydes (%)	Terpenoid ether (%)	Total Compounds (%)
10.44	12.69	43.70	0.97	30.21	98.10



Terpenes (%)	Terpenoid alcohols (%)	Terpenoid esters (%)	Terpenoid aldehydes (%)	Terpenoid ether (%)	Total compounds (%)
33.31	55.57	1.96	1.26	0.00	92.12

Fourier-transform infrared spectroscopy (FT-IR)



Raman spectroscopy

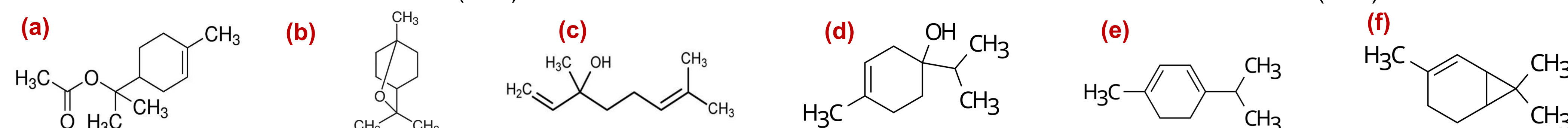
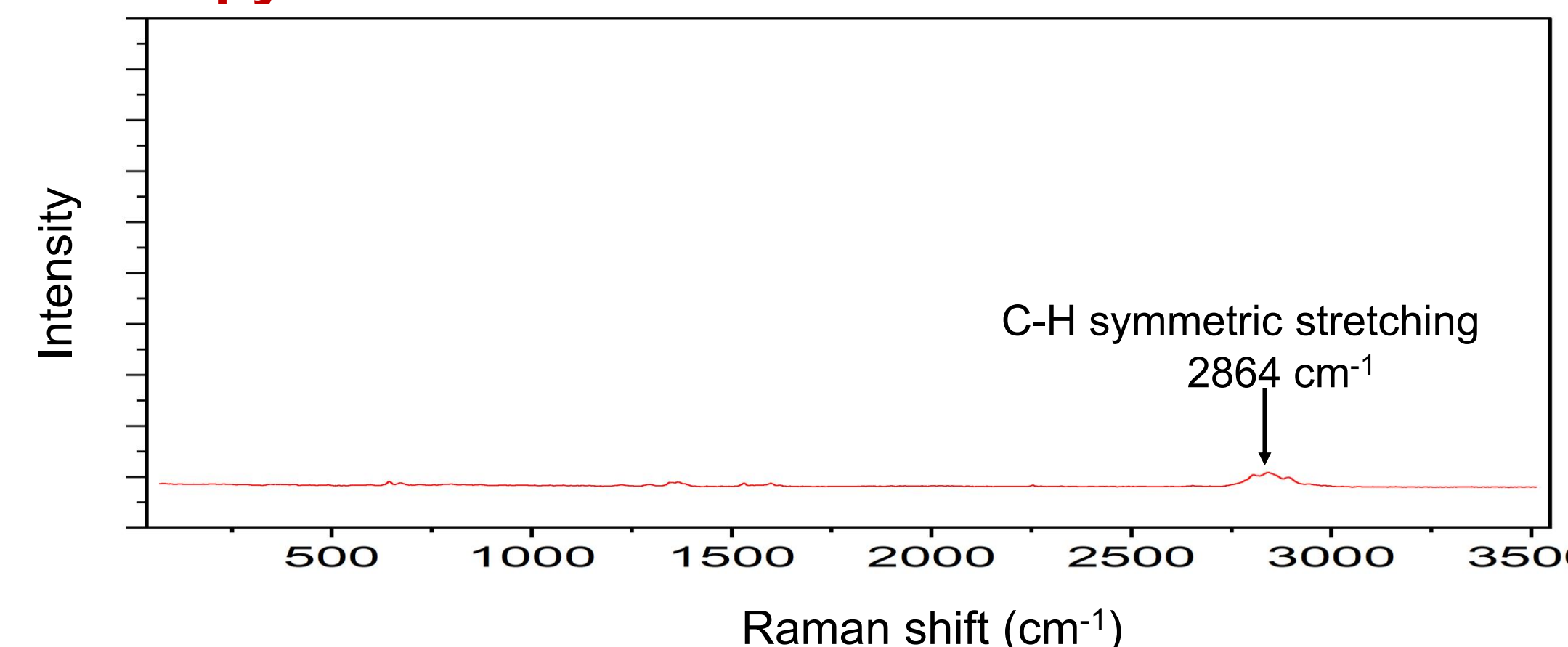
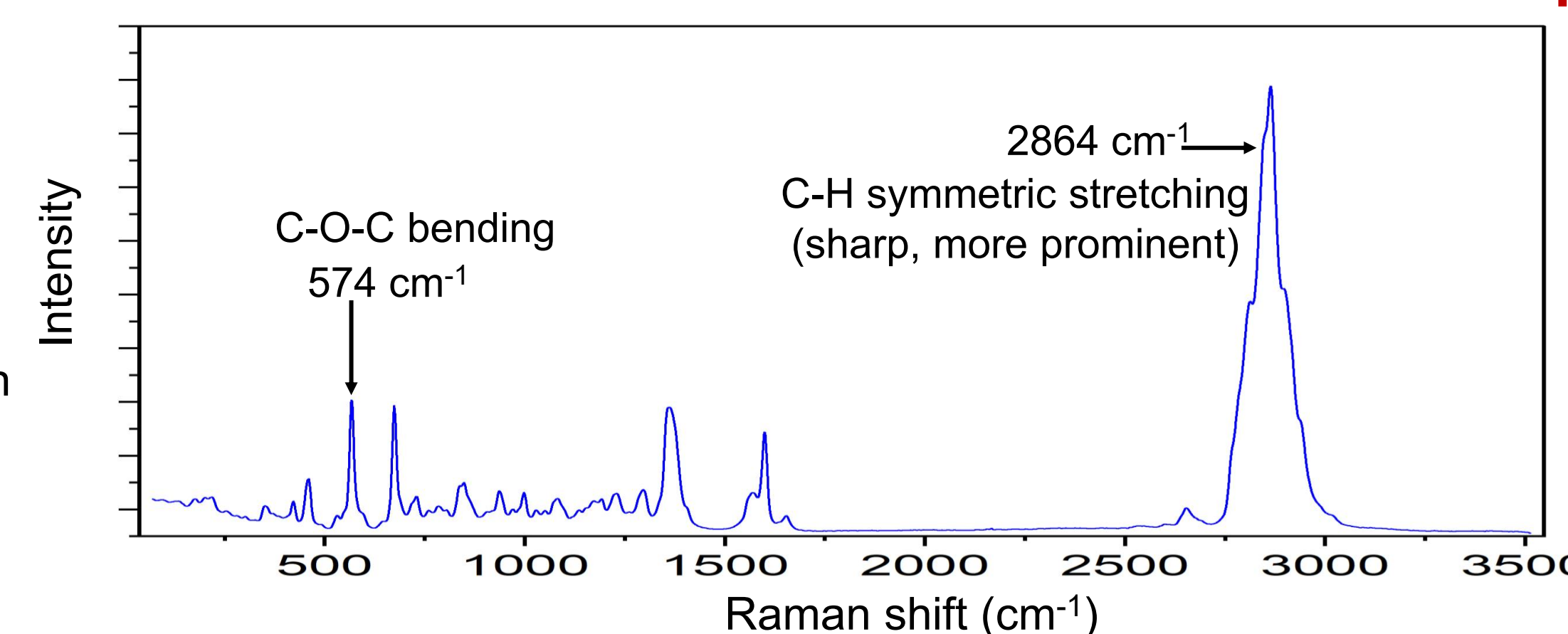


Figure 5: Chemical structures of (a) α-terpinyl acetate (b) 1,8-cineole (c) linalool (d) terpinen-4-ol (e) α-terpinene and (f) 2-carene

Discussion

GC-MS

FT-IR

Raman

TCEO:
ester + ether rich (73.9%)
Key markers: α-terpinyl acetate & 1,8-cineole

TCEO:
Sharp ester peaks at 1731 & 1252 cm⁻¹ confirm ester bonds.

1,8-cineole-specific peaks at 467–680 cm⁻¹ in TCEO.

WCEO:
alcohol rich (55.57%)
Key marker: terpinen-4-ol

WCEO:
Broad O-H absorption at 3450 cm⁻¹ confirms dominant alcohols.

Dominant C-H stretching at 2864 cm⁻¹ confirms ester-rich vs. alcohol-rich profile.

Conclusion

The strong GC-MS and FT-IR spectroscopic agreement reveals Raman as a potential tool for cardamom authentication and adulteration detection in routine quality control.

References

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