

Fellows’ Leadership Lecture Series: An Innovative Curriculum for Trainees

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Introduction

Many topics essential for a successful transition from fellowship to independent practice are rarely addressed during medical training. Effective leadership translates to superior clinical outcomes. Our Regional Anesthesiology and Acute Pain Medicine fellowship (RAAPM) developed a lecture series aimed at enhancing fellows’ career development. Following positive fellow feedback, the curriculum expanded into the Fellows’ Leadership Lecture Series and was offered across our Anesthesiology Department’s subspecialties to all fellows and senior residents.

Methods

The curriculum consisted of lectures and panel discussions featuring invited guest speakers to enhance career and professional development.

Curriculum components included:

- Expert-led lectures
- Panel discussions
- Career development sessions

The curriculum was well received. Through collaboration with other fellowship program directors (PDs) across subspecialties, the Fellows’ Leadership Lecture Series was designed and extended department-wide to all anesthesiology fellows and senior residents.

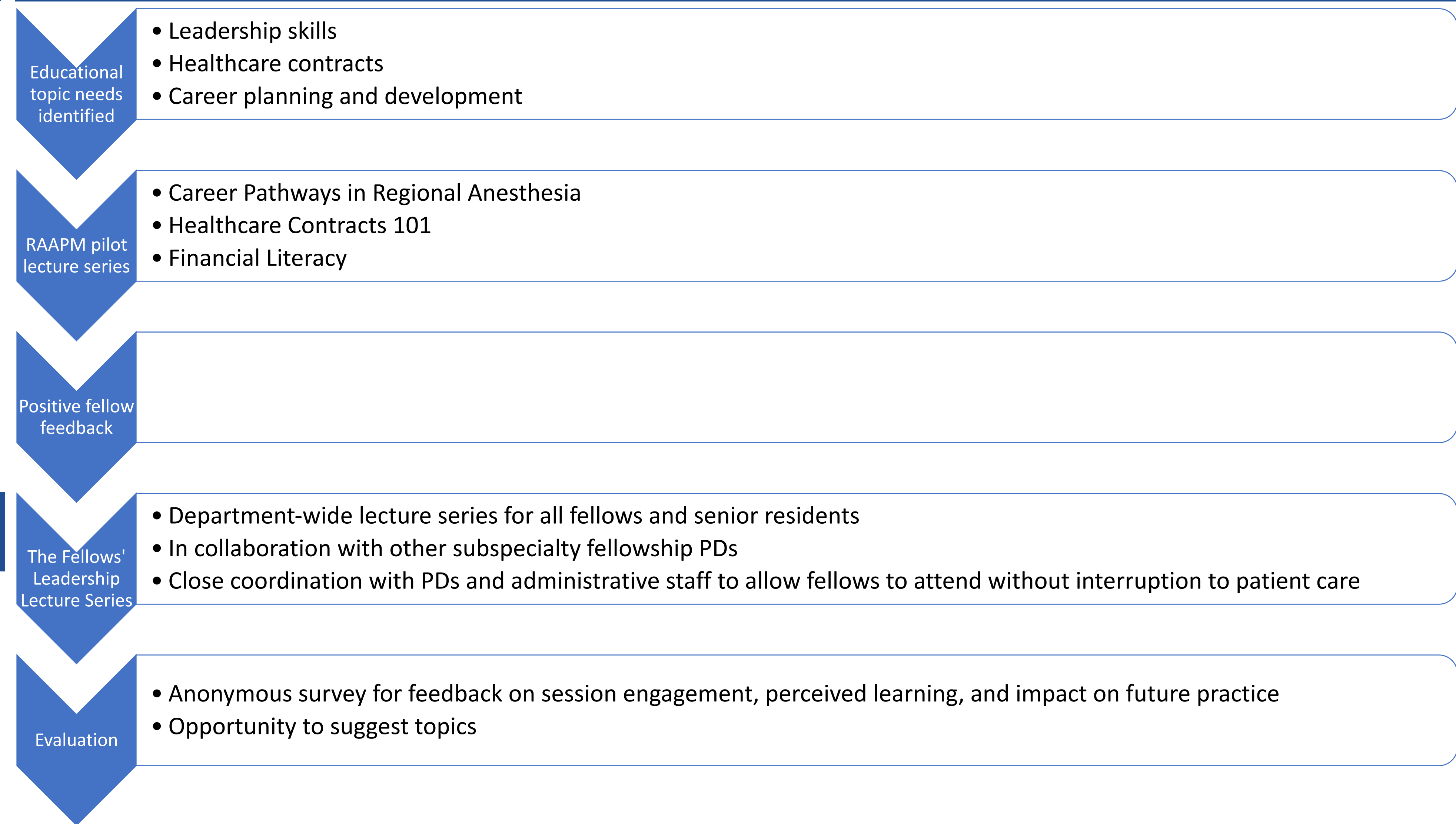
Topics selected through:

- Fellow and resident feedback
- Identified career development gaps in training

Evaluation

Participants were asked to complete a post-session survey

Curriculum Development Timeline



Results

- The inaugural department-wide lecture attracted more than 25 fellows and senior residents, representing over 40% of invited trainees
- Survey assessment demonstrated overall high ratings among participants in:
 - Session engagement
 - Perceived learning
 - Anticipated impact on future clinical practice
 - Additional comments described the lectures as “some of the most informative lectures.”
- Survey responses also suggested additional topics for future implementation

Curriculum Topics

Example sessions included:

- Career Pathways in Regional Anesthesia
- Healthcare Contracts 101
- How to Thrive in Today’s Anesthesia Marketplace
- The Next Chapter: Life as a Brand New Attending
- Successes and Challenges in the Pathway to Leadership

Future sessions will focus on:

- Hospital leadership engagement
- Academic promotion

Discussion

The success of this Series highlights the value of incorporating leadership focused content into lectures. It is our hope that these topics will pique interest in leadership and foster new generations of regional anesthesiologists who become successful clinicians and leaders within their institution and in the specialty. Expansion of this curriculum within our institution may provide a foundation that will help shape future leaders in Anesthesiology.

Acknowledgements

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References

1. Blumenthal DM, Bernard K, Bohnen J, Bohmer R. Addressing the leadership gap in medicine: residents' need for systematic leadership development training. *Acad Med.* 2012;87(4):513-522. doi:10.1097/ACM.0b013e31824a0c47