



The DIEP end Podcast: Reconstructing Plastic Surgery

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Background

Few podcasts are affiliated with academic plastic surgery programs.

Purpose

The DIEP End, launched in 2024, aims to disseminate:

- **Surgical knowledge**
- **Mentorship**
- **Professional development**

by interviewing **global leaders** in the field.

Methods

35 episodes transcribed & binary-coded for predefined topics.

Guest institutions and sectors were categorized

Audience analytics:

- **Geographic reach**
- **Engagement**

17,866

Downloads

City Downloads

Philadelphia	1473
New York	614
Washington	451
Chicago	399
St Louis	357
Los Angeles	291
Pittsburgh	224
Columbus	197
Brooklyn	179
Boston	176

2,036

Cities

108

Countries

18

Topics/Episode
(IQR 16-21)

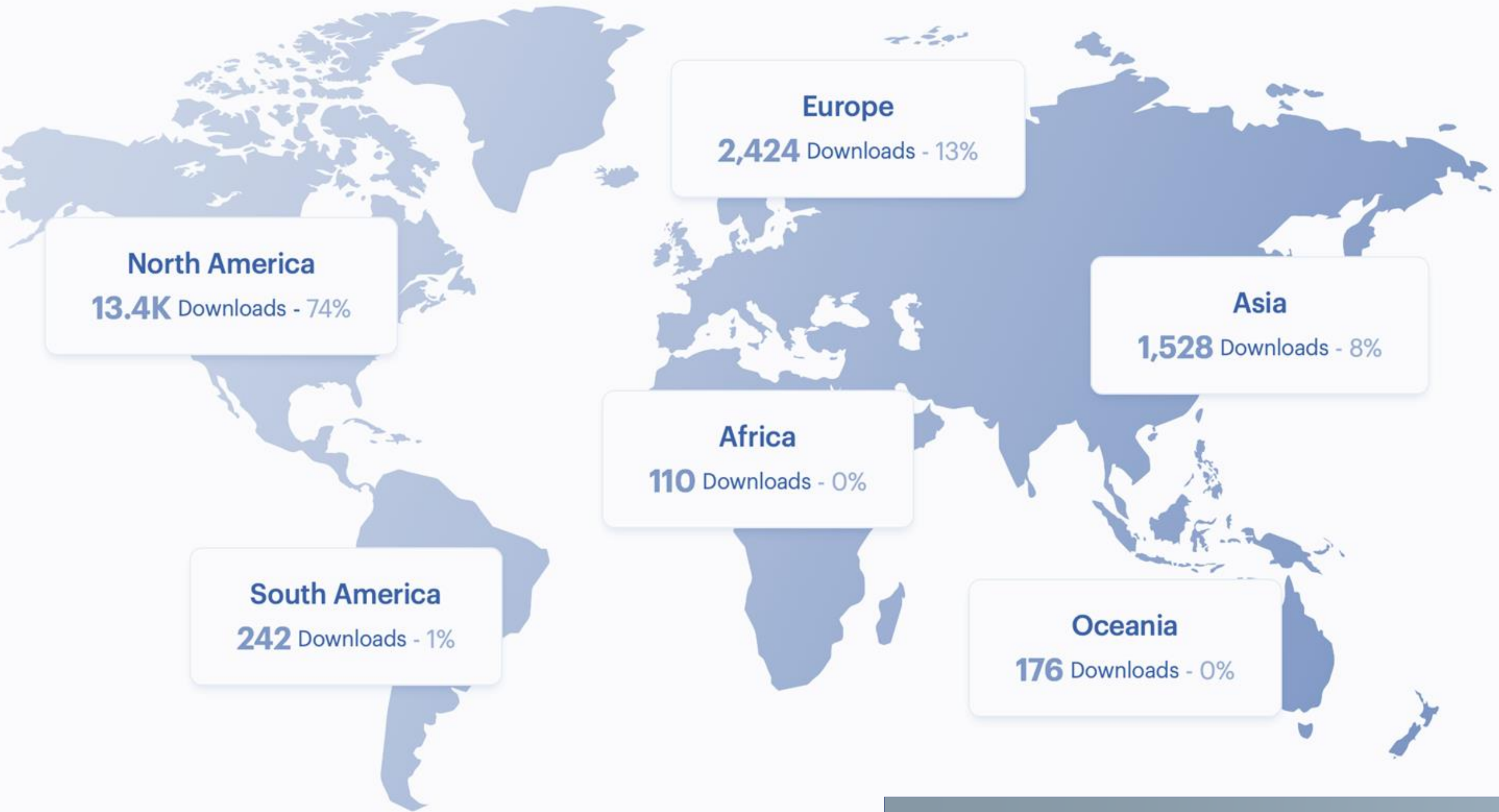
Results

Across **48 episodes**, faculty guests represented **28 institutions** worldwide; 91.7% held academic appointments, and 50.0% were department/division chiefs.

Subspecialty distribution included **aesthetics (33.3%)**, **microsurgery (27.1%)**, **craniofacial (18.8%)**, and **hand (14.6%)**.

Episodes covered a median of **18 topics** (IQR 16-21), and **68% of coded themes** appeared in **≥20% of episodes**, reflecting the breadth and depth of discussion.

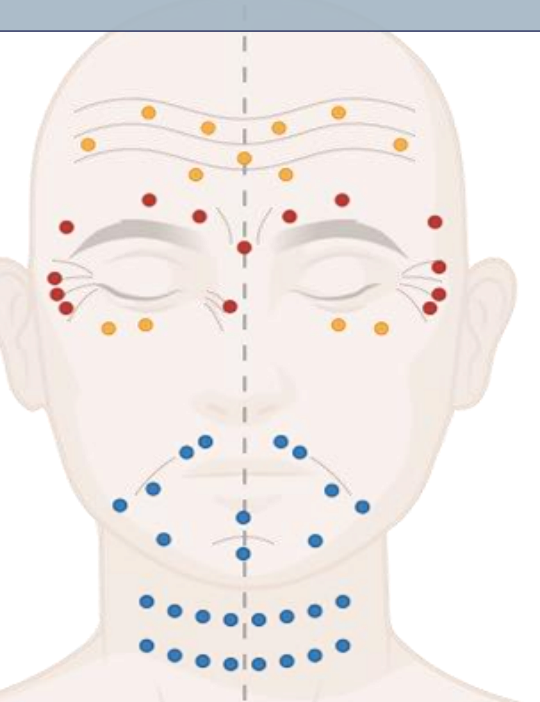
Common topics included **leadership principles (97.1%)**, **mentorship (94.3%)**, and **residency training (82.9%)**.



Subspecialty Distribution

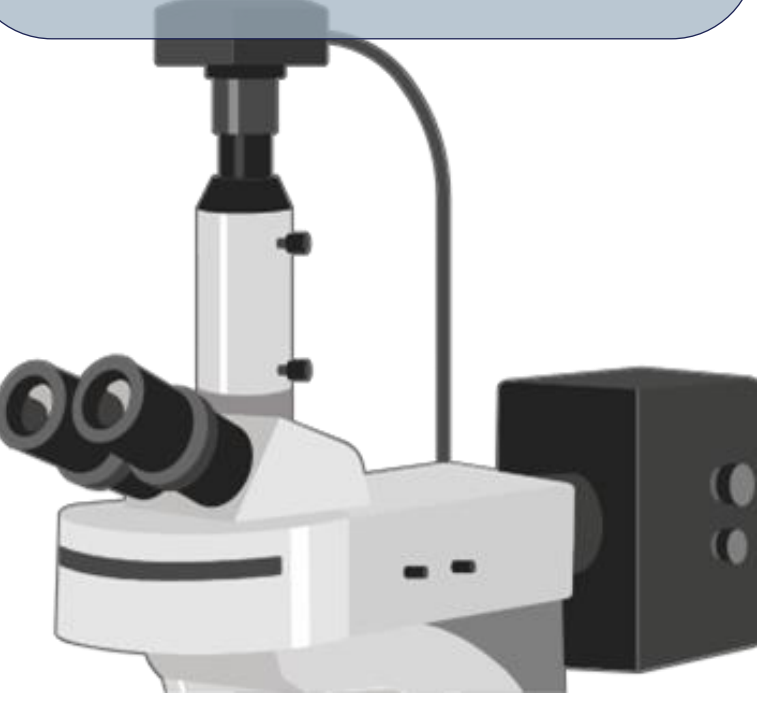
Aesthetics

33.3%



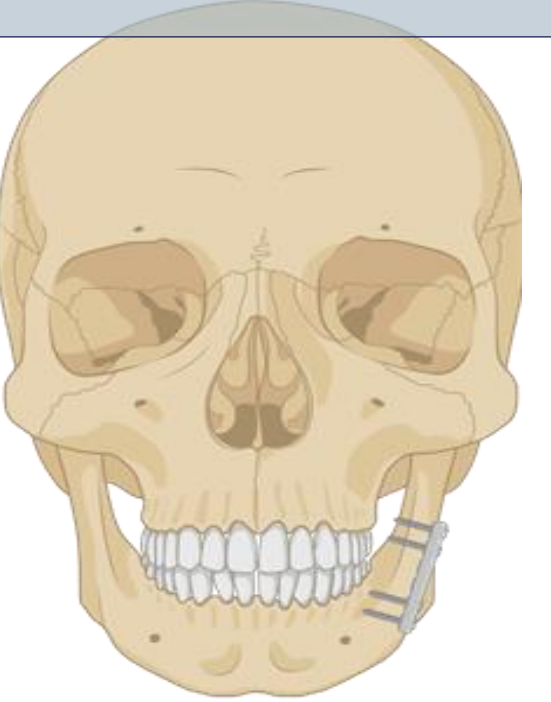
Microsurgery

27.1%



Craniofacial

18.8%



Hand

14.6%



Conclusions

The DIEP End demonstrates how an academically affiliated podcast can extend surgical education beyond traditional settings.

By featuring leaders and covering diverse professional and technical topics, the series presents a scalable model to:

- **Enhance subspecialty collaboration**
- **Engage a global audience**
- **Reimagine mentorship in plastic surgery**