

Beyond participation: Co-developed resources to support dementia-inclusive biomedical research

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Why include people with lived experience?

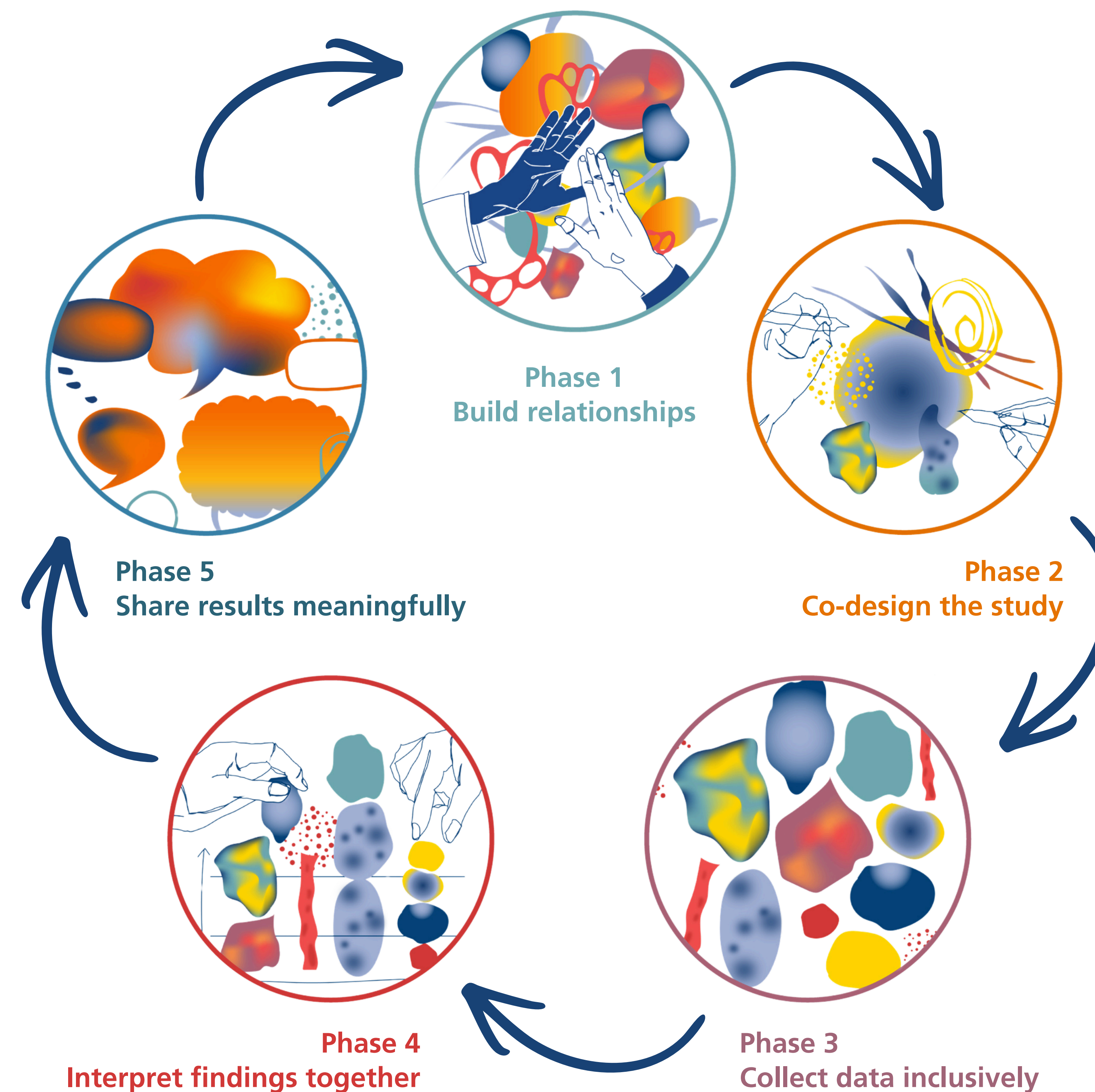
- There is growing recognition that people living with dementia and care partners can contribute meaningfully beyond research participation.
- However, biomedical researchers may be less familiar with engaging people with lived experience.

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Biomedical research is a team sport, but we are not taught how to engage with community members.
- Researcher
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How were the guides developed?

- Shaped by an advisory committee of biomedical researchers and people living with dementia from across British Columbia, Canada.
- Two 90-minute workshops of:
 - 19 biomedical researchers
 - 7 people affected by dementia
- Workshops and a comprehensive literature review on inclusive and patient-oriented research informed two resources:
 - a **guide** for biomedical researchers
 - a **handbook** for people affected by dementia

The lived experience engagement process is cyclical and continuous, each phase informs the next.



People with lived experience offer valuable contributions at every stage.

Resources available



Download the guides



- Researcher guide
- Lived experience handbook
- Reflection questions
- Practical tools
- Resources