

Rethinking Advance Care Planning: Preliminary Findings Of A Delphi Study In Latin America And Implications For Dementia



P551

Natália Rocha Tardelli¹, Vilma Adriana Tripodoro^{2,3}, Patricia Bonilla Sierra⁴, Jenny T. Van der Steen^{5,6}, Rasa Mikelyte⁷, Fernanda Bono Fukushima⁸, Alex Sander Watanabe Palácio⁸, Lucas Frederico Arantes⁹, Simone Brasil de Oliveira Iglesias¹⁰, Paola Marcela Ruíz Ospina¹¹, Daniel Neves Forte¹², Bianca Sakamoto Ribeiro Paiva¹³, Carlos Eduardo Paiva¹³, Alfredo Rodríguez-Núñez¹⁴, Fernando Elhordoy Arregui¹⁵, Brenda Taboada Ovando^{16,11}, Belkys Vasquez Zambrano^{17,18}, María Johana Barabarena¹⁹, Sandra Ayales Esna²⁰, Edison Iglesias de Oliveira Vidal¹.

¹Internal Medicine, Geriatrics division, São Paulo State University, Medical School, Botucatu, Brazil, ²Pallium Latinoamérica Institute, Buenos Aires, Argentina, ³ATLANTES, Global Observatory of Palliative Care, University of Navarra, Navarra, Spain, ⁴Universidad Técnica Particular de Loja Ecuador, Loja, Ecuador, ⁵Leiden University Medical Center, Leiden, Netherlands, ⁶Radboud university medical center, Nijmegen, Netherlands, ⁷University of Kent, Centre for Health Services Studies, Canterbury, United Kingdom, ⁸Department of Surgical Specialties and Anesthesiology, Anesthesiology division, São Paulo State University, Medical School, Botucatu, Brazil, ⁹São Paulo State University, Medical School, Botucatu, Brazil, ¹⁰Federal University of São Paulo, São Paulo, Brazil, ¹¹Latin American Association for Palliative Care, Manizales, Colombia, ¹²University of São Paulo, São Paulo, Brazil, ¹³Barretos Cancer Hospital, Barretos, Brazil, ¹⁴Pontifical Catholic University of Chile, Faculty of Medicine, Santiago, Chile, ¹⁵Uruguayan Society of Medicine and Palliative Care, Montevideo, Uruguay, ¹⁶Bolivian Alliance Association for Palliative Care, La Paz, Bolivia, Plurinational State of, ¹⁷Venezuelan Society of Palliative Medicine, Caracas, Venezuela, Bolivarian Republic of, ¹⁸Central Hospital of Maracay, Aragua, Venezuela, Bolivarian Republic of, ¹⁹Military Hospital of Nicaragua, Managua, Nicaragua, ²⁰Universidad Santa Paula, San José, Costa Rica.

INTRODUCTION	METHODS	RESULTS	CONCLUSIONS	REFERENCES
Early Diagnosis of Dementia Enables Advance Care Planning (ACP) ↓ Supports person-centered care & reduces burden on families¹ However... Existing ACP definitions from the Global North do NOT reflect key aspects of this process in other regions and may HINDER its practice²⁻⁴ Our aim: Build consensus on a definition of ACP for Latin America (LA)	- Delphi study following CREDES guidelines⁵ - Survey Development: Digital survey created by an expert committee, based on prior research data² - Recruitment: Panelists from 20 Latin American countries, supported by National Palliative Care Associations - Eligibility: ≥ 3 years of experience in ACP practice or research in LA	Total (n): 210 panelists. Core Components of ACP Agreement ACP consists of a triadic relationship among patients, families, health and care professionals based on mutual trust, aimed at clarifying values and care preferences to facilitate future decisions. 96.2% ACP aims to achieve the best possible balance between respecting patients' care preferences and reducing their and their families' suffering. 95.3% ACP may include individuals with limited decision-making capacity who can still share values and care preferences. 88.1% When patients cannot express themselves, ACP can be conducted with family/representatives centered on presumed values and preferences. 91.0%	A conceptualization of ACP that prioritizes relational over individual autonomy alone Reflects LA cultural priorities distinct from Global North The first general definition of ACP that applies beyond a capacity dichotomy Groundwork for a contextually relevant ACP definition to inform policy, practice, and education across LA, inclusive of people with dementia	1. Van Der Steen JT, Nakanishi M, Van Den Block L, et al. Consensus definition of advance care planning in dementia: A 33-country Delphi study. Alzheimer's & Dementia. 2024;20(2):1309-1320. doi:10.1002/alz.13526 2. Tardelli NR, Fukushima FB, Van Der Steen JT, et al. Mapping advance care planning and advance directives in Latin America. BMC Palliat Care. 2025;24(1):226. doi:10.1186/s12904-025-01849-5 3. Miyashita J, Shimizu S, Shiraishi R, et al. Culturally Adapted Consensus Definition and Action Guideline: Japan's Advance Care Planning. Journal of Pain and Symptom Management. 2022;64(6):602-613. doi:10.1016/j.jpainsymman.2022.09.005 4. Martina D, Lin CP, Kristanti MS, et al. Advance Care Planning in Asia: A Systematic Narrative Review of Healthcare Professionals' Knowledge, Attitude, and Experience. Journal of the American Medical Directors Association. 2021;22(2):349.e1-349.e28. doi:10.1016/j.jamda.2020.12.018 5. Jünger S, Payne SA, Brine J, Radbruch L, Brearley SG. Guidance on Conducting and Reporting DELphi Studies (CREDES) in palliative care: Recommendations based on a methodological systematic review. Palliat Med. 2017;31(8):684-706. doi:10.1177/0269216317690685
				FUNDING
				FAPESP grant #2025/15056-9
				CONTACT
				n.tardelli@unesp.br
				ALZHEIMER'S ASSOCIATION AAIC>26