

Associations of Social Isolation and Loneliness With Risk of Mild Cognitive Impairment in Middle-aged and Older Adults

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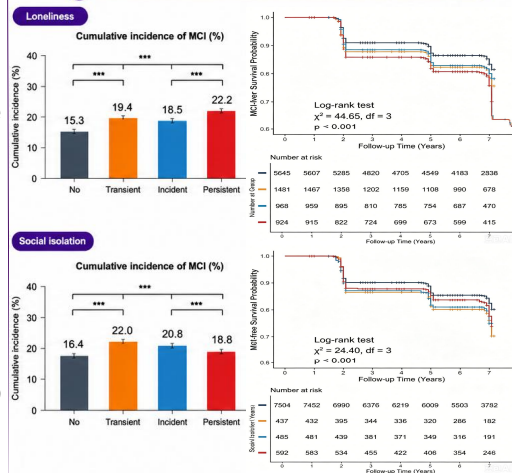
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BACKGROUND

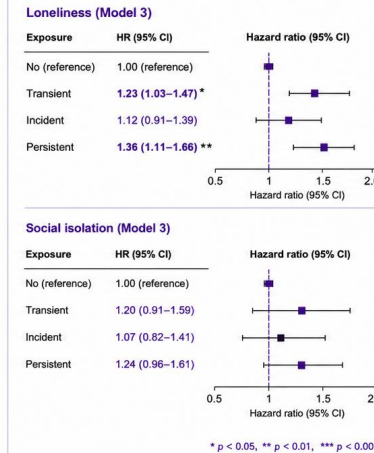
Social isolation and loneliness are increasingly recognized as important psychosocial risk factors for cognitive decline in aging populations. Most studies have focused on single-time assessments, leaving unclear whether different longitudinal patterns of loneliness and social isolation are associated with the development of mild cognitive impairment (MCI). Therefore, this study examined how transient, incident, and persistent social disconnection in mid-to-late life relate to future MCI risk among middle-aged and older adults.

RESULTS

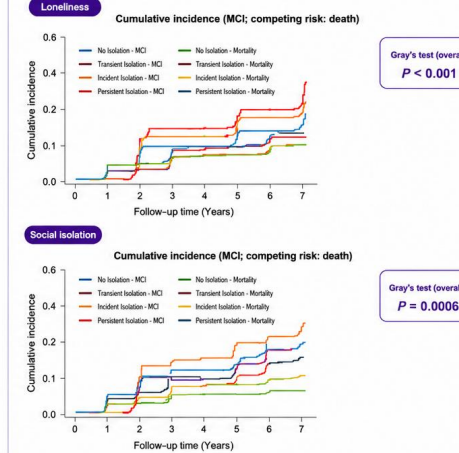
1 Cumulative incidence and survival



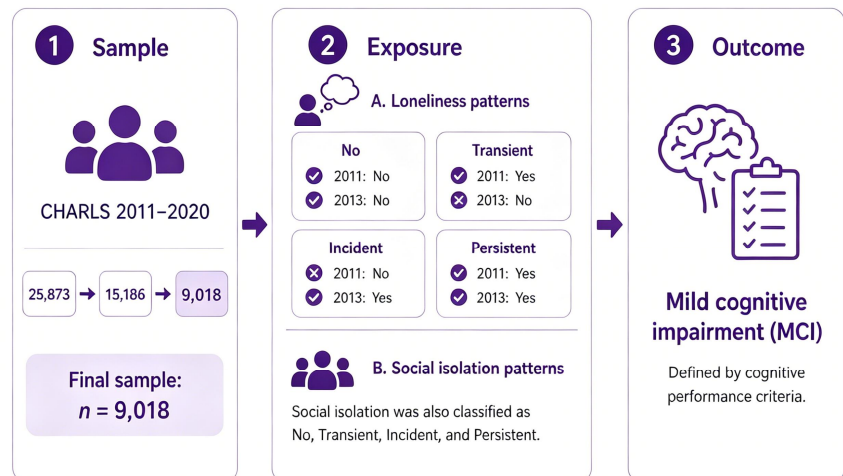
2 Multivariable Cox regression



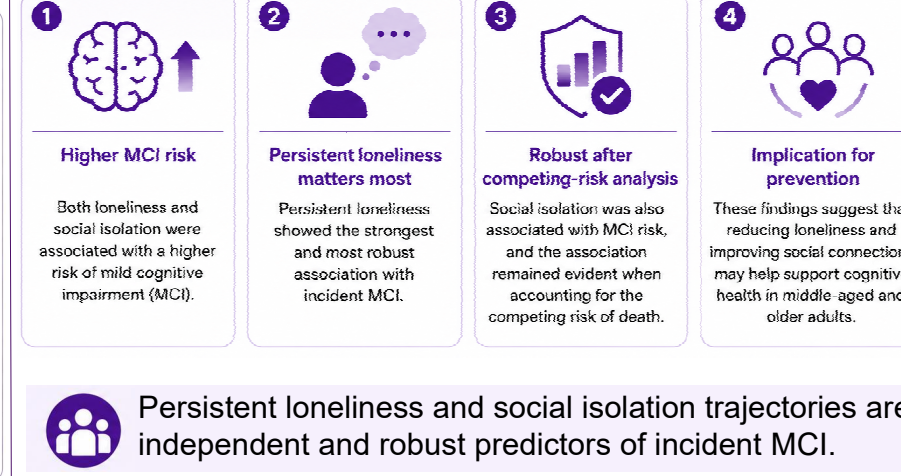
3 Fine-Gray competing risk



METHOD



CONCLUSION



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