

Delivering Comprehensive Dementia Care Through an Interdisciplinary Model With Integrated Workforce Education

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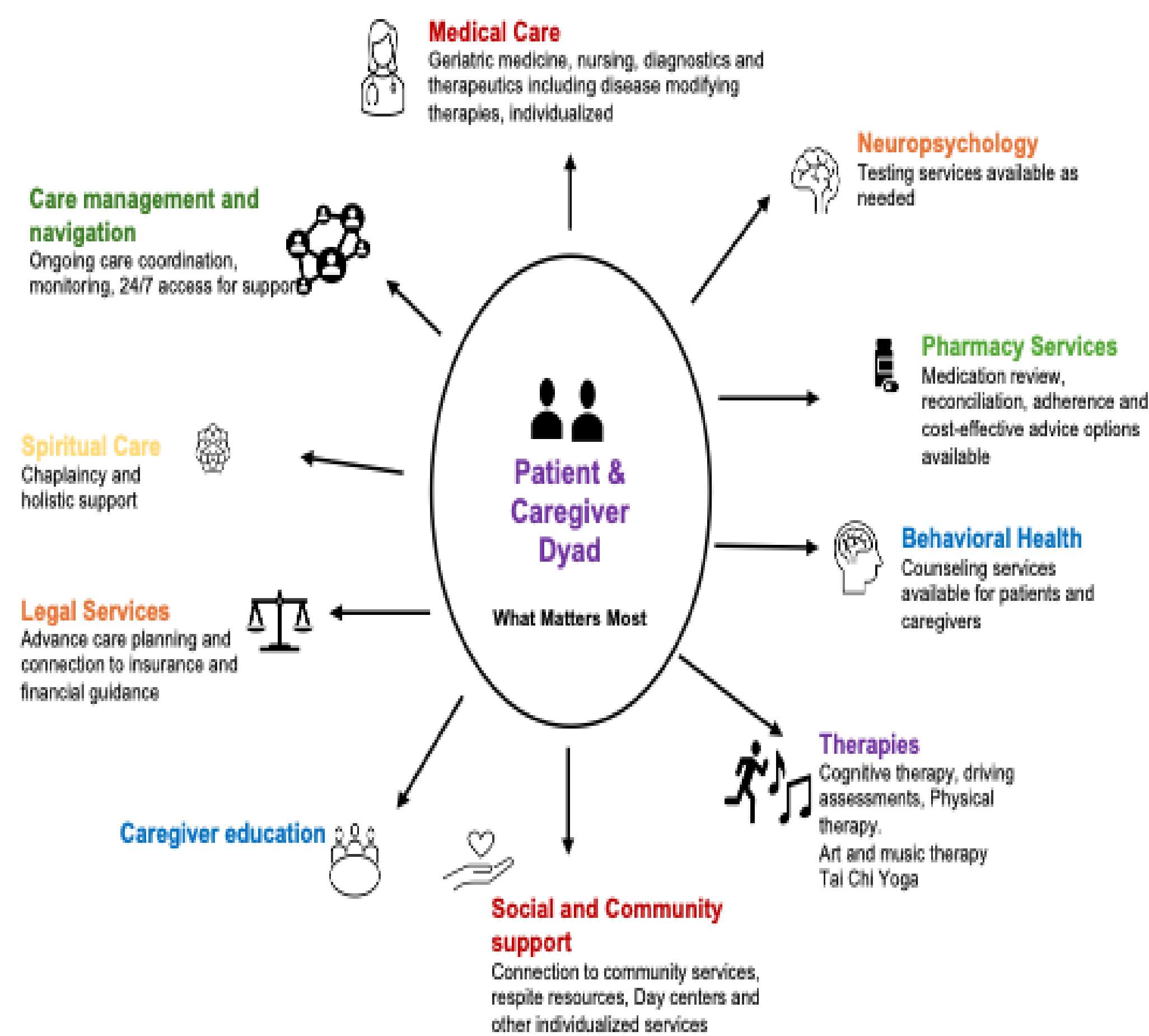
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Key Takeaway- Interdisciplinary, person-centered dementia care is feasible, sustainable, and essential for delivering comprehensive care and support to patients and caregivers.

BACKGROUND

- Alzheimer's disease and related dementias continue to rise, yet care remains fragmented.
- Many patients and caregivers receive a diagnosis without adequate follow-up education, interdisciplinary coordination, or longitudinal support.
- Family caregivers—an untrained workforce, provide most of dementia caregiving and experience high rates of burden and burnout.
- Advances in diagnostics and disease-modifying therapies require sustainable, integrated dementia care models that translate innovation into clinical practice.

INTERDISCIPLINARY DEMENTIA CARE MODEL



METHODS

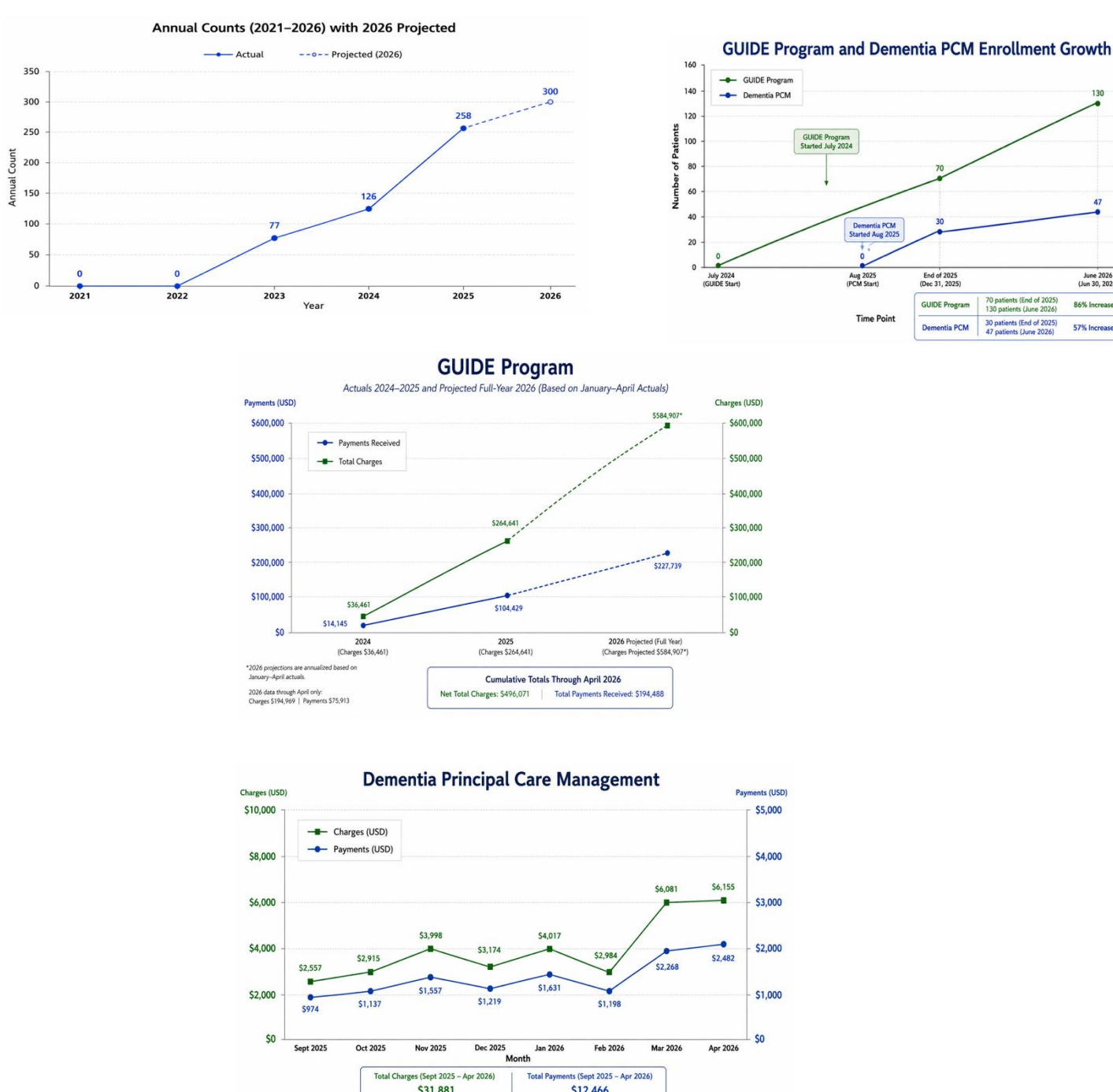
- In 2023, an interdisciplinary dementia care service was started within an academic geriatric practice to provide longitudinal comprehensive support across the disease continuum.
- Care is aligned to “What Matters Most” for the person living with dementia and caregiver through ongoing interdisciplinary care management, symptom monitoring and caregiver support
- Care Team:** Geriatric medicine, nursing, and dementia care navigation, forms the core services with additional support from diverse disciplines
- Comprehensive Assessments:** Standardized assessments for cognition, depression, functional and safety evaluations, caregiver assessments and advance care planning.
- Diagnostics and Treatments:** Blood based biomarkers, Amyloid PET, Neuropsychology testing utilized for diagnosis. Individualized treatment with pharmacotherapy including disease modifying therapy.
- Care Management:** The program participates as an established site in the CMS GUIDE Model (started July 2024), with additional sustainability through Dementia Principal Care Management (PCM)(started August 2025).

RESULTS

Comprehensive meaningful dementia care

- The program delivered comprehensive care addressing medical, psychosocial, and caregiver needs.
- Coordinated care through interdisciplinary collaboration
- Timely symptom management
- Educates and supports caregivers
- Connects families to respite and community resources.

Program growth and scalability



Educational Innovation and Work force education

- Longitudinal learning platform for medical and social work learners.
- Weekly dementia case conference with interdisciplinary participation.
- Direct engagement with patients and families in clinic.
- Enhanced skills in interdisciplinary collaboration, caregiver communication, and complex care management.
- Care navigation experiences

CONCLUSIONS

- This interdisciplinary, comprehensive dementia care model provides high-quality, holistic dementia care while addressing caregiver burden, workforce education, and financial sustainability.
- This model provides a replicable framework for health systems desiring to improve dementia care.



Improves care for persons living with dementia and families



Reduces caregiver burden and burnout



Advances workforce education



Ensures financial sustainability

DISCLOSURES

Consultant ,Primary Care Physician
Advisory Board - Eli Lilly and Company

REFERENCES

Alzheimer's Association. 2026 Alzheimer's Disease Facts and Figures. Alzheimer's Dement 2026;22. <https://doi.org/10.1002/alz.71345>.

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