

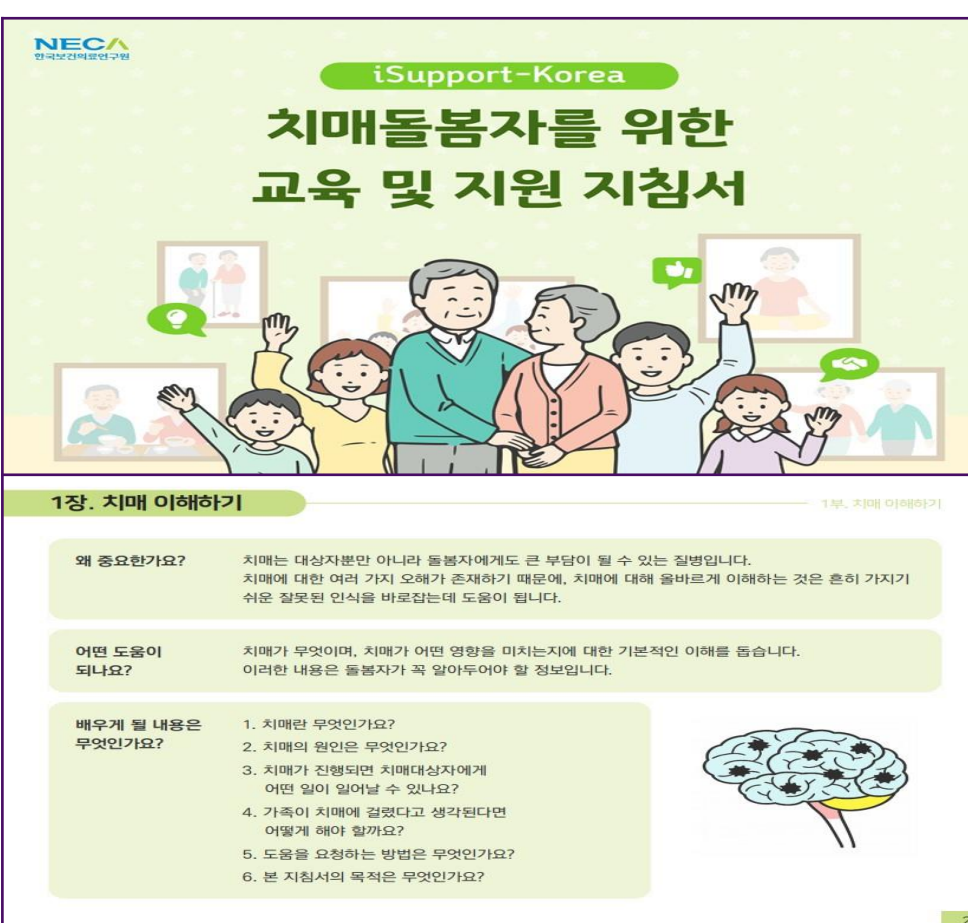
Family Caregivers' Experiences with a Digitally Adapted iSupport Program in Korea : A Focus Group Study

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Family caregivers perceived iSupport-Korea as a practical, accessible, and culturally relevant educational resource. Features such as mobile access, audio functions, and Korean context-based content enhanced usability and engagement, supporting its potential for broader implementation in dementia caregiver education.

INTRODUCTION	METHODS	RESULTS	CONCLUSIONS	REFERENCES
Dementia progression: Family caregivers face ongoing challenges related to daily care management, emotional burden, and behavioral symptoms as the disease progresses. Sociocultural context: High predominance of family-centered caregiving in the Korean sociocultural context highlights the need for tailored interventions. The Gap: Evidence remains limited regarding how culturally adapted versions of the program align with real-world caregiving experiences in Korea. Study Objective To explore family caregivers' experiences with iSupport-Korea and identify implications for developing and implementing education programs	Study Design: Qualitative Focus Group Interviews (FGIs) Participants: N=25 family caregivers Procedure: 4-week program use, followed by FGIs Data Analysis: Qualitative Content Analysis [Process Flow] Participants ↓ Intervention (4 Weeks) ↓ Analysis (Transcription & Coding)	Usability • Mobile & Audio Access • Simple Navigation Content Relevance • Visual Learning • Korean Case-Based Content Practical Applicability • Practical Caregiving Skills • Self-Reflection Scalability • Diverse User Groups • Family & Professional Caregivers iSupport-Korea was positively received within the Korean dementia caregiving context and was perceived as relevant to caregivers' real-world experiences and needs. Qualitative findings provide foundational evidence to inform the refinement and broader implementation of caregiver education programs in dementia care.  [iSupport-korea]	World Health Organization. (2023). Dementia: Fact sheet. World Health Organization. https://www.who.int/news-room/fact-sheets/detail/dementia Alzheimer’s Disease International. (2023). <i>World Alzheimer Report 2023: Reducing dementia risk: Never too early, never too late</i> (p. 11). https://www.alzint.org/ Waligora, K. J., Bahouth, M. N., & Han, H.-R. (2019). The self-care needs and behaviors of dementia informal caregivers: A systematic review. <i>The Gerontologist</i>, 59(5), 565–583. https://doi.org/10.1093/geront/gny076 CONTACT  E-mail: jinsoleei21@gmail.com mhpark@cnu.ac.kr 	